



SUMMER 2022

MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,
13 June, 4 July,
25 July



MONDAY



Quorn dippers
Milk Egg Gluten
Tomato ketchup
roast new potatoes
salad bar

OR



Jacket potatoes with
baked beans
salad bar

DESSERT



Jam sponge muffin
Egg Gluten Sulphur Dioxide

OR Fresh fruit



TUESDAY



Pasta beef bolognese Milk
Gluten
VEGETARIAN OPTION
Quorn pasta bolognese
Milk Egg Gluten
crusty bread Gluten Sesame
salad bar

OR



Chicken tortilla wrap
Gluten
salad bar

DESSERT



Strawberry jelly &
shortbread finger
Gluten

OR Fresh fruit



WEDNESDAY



Margherita pizza Milk Gluten
jacket wedges
salad bar

OR



Jacket potatoes with
tuna mayo
salad bar

Egg Fish

DESSERT



Fruit yoghurt
Milk

OR Fruit salad



THURSDAY



Roast gammon & pineapple
VEGETARIAN OPTION
Roast Quorn & pineapple
Milk Egg
roast potatoes
sweetcorn
salad bar

OR



Tortilla wrap with cheese
Milk Gluten
salad bar

DESSERT



Chocolate brownie
muffin
Gluten

OR Fresh fruit



FRIDAY



MSC fish fingers Gluten Fish
VEGETARIAN OPTION
Fishless fingers Gluten
tomato ketchup,
diced potatoes
peas & sweetcorn

OR



Jacket potatoes with
cheese
salad bar

Milk

DESSERT



Raspberry ripple ice
cream roll
Soya Milk Egg Gluten

OR Fresh fruit



AVAILABLE DAILY: Best of both bread Gluten and Soya Fruit yoghurt's available daily Milk Vegetarian meals available upon request



SUMMER 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,
20 June, 11 July



MONDAY



Cheese & tomato parcel
Gluten Milk
roast new potatoes
sweetcorn
salad bar

OR



Jacket potatoes with
tuna mayo
salad bar

Egg Fish

DESSERT



Frozen yoghurt
Milk

OR Fresh fruit

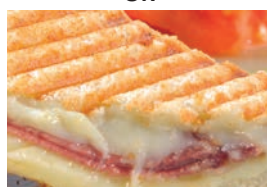


TUESDAY



Spaghetti Bolognese
Fish Gluten
VEGETARIAN OPTION
Quorn Spaghetti Bolognese
Egg Gluten
salad bar

OR



Ham & cheese hot sub roll
Milk Gluten
VEGETARIAN OPTION
Cheese & tomato hot sub
roll **Milk Gluten**
salad bar

DESSERT



Honey muffin
Milk Gluten Egg

OR Fresh fruit



WEDNESDAY



All day breakfast **Milk Egg**
VEGETARIAN OPTION
Vegetarian all day breakfast
Milk Egg Soya Sulphur Dioxide
the rainbow mix

OR



Jacket potatoes with
baked beans
salad bar

DESSERT



Fruit flapjack
Gluten

OR Fresh fruit



THURSDAY



Roast pork
VEGETARIAN OPTION
Roast Quorn **Milk Egg**
stuffing **Gluten** & gravy
roast potatoes
carrots & cabbage

OR



Tortilla wrap with ham
Gluten
salad bar

DESSERT



Lemon sponge muffin
Gluten Egg

OR Fresh fruit



FRIDAY



MSC Fish finger wrap
Gluten Fish Mustard
VEGETARIAN OPTION
Fishless fingers **Gluten**
oven chips
garden peas & sweetcorn

OR



Jacket potatoes
with cheese
salad bar
Milk

DESSERT



Butterscotch tart
Gluten Milk

OR Fresh fruit





SUMMER 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June,
18 July



MONDAY



Margherita pizza
Milk Gluten
roast new potatoes
salad bar

OR



Jacket potatoes with
tuna mayo
salad bar

Egg Fish

DESSERT



Chocolate mousse Milk

OR Fresh fruit



TUESDAY



Nottinghamshire sausages
Gluten Sulphur Dioxide
VEGETARIAN OPTION
Plant based sausage
Soya Sulphur Dioxide
Yorkshire pudding
Milk Egg Gluten
gravy, mashed potatoes,
baton carrots & broccoli

OR



Chicken tortilla wrap
Gluten
salad bar

DESSERT



Vanilla & apricot muffin
Gluten Egg

OR Fresh fruit



WEDNESDAY



Tomato & basil pasta Gluten
crusty bread Gluten Sesame
salad bar

OR



Jacket potatoes with
baked beans
salad bar

DESSERT



Fruit cookie
Gluten

OR Fresh fruit



THURSDAY



Roast turkey & gravy
VEGETARIAN OPTION
Roast Quorn & gravy Milk Egg
Yorkshire pudding
Milk Egg Gluten
roast new potatoes
broccoli & sliced carrots

OR



Tortilla wrap with ham
& cheese
Gluten Milk
salad bar

DESSERT



Fruit scone with jam
& cream Gluten Milk Sulphur
dioxide

OR Fresh fruit



FRIDAY



MSC fish portion Gluten Fish
VEGETARIAN OPTION
Fishless fingers Gluten
tomato ketchup
oven chips
garden peas
sweetcorn

OR



Jacket potatoes
with cheese
salad bar
Milk

DESSERT



Cornflake tart & custard
Milk Gluten Sulphur Dioxide

OR Fresh fruit



AVAILABLE DAILY: Best of both bread Gluten and Soya when served. Fruit yoghurt's available daily Milk Vegetarian meals available upon request