



WINTER 2021/22

MENU WEEK 1

WEEK COMMENCING

17 January, 7 February,
20 February, 21 March



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza **Milk Gluten**
& roast potatoes
crunchy vegetables

OR

Jacket potato with baked beans,
cheese **Milk** mixed salad



Spiced carrot cake
Egg **Gluten Sulphur Dioxide**
& custard **Milk**
OR
Fruit



TUESDAY

Porkies in gravy **Soya Gluten**
mashed potatoes
carrots & cauliflower

OR

Jacket potato with baked beans,
cheese **Milk** mixed salad



Fruit in jelly
OR
Fruit



WEDNESDAY

Mediterranean tagliatelle **Milk Gluten**
crusty bread **Gluten Sesame**
carrot & cucumber sticks

OR

Jacket potato with baked beans,
cheese **Milk** mixed salad



Crispy jam tart
Gluten Sulphur Dioxide
& custard **Milk**
OR
Fruit



THURSDAY

Roast beef & gravy
Yorkshire pudding **Milk Egg Gluten**
roast potatoes,
carrot & swede mash & cabbage

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Honey & oatmeal
cookie **Gluten**
OR
Fruit



FRIDAY

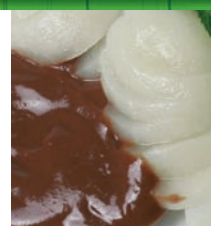
MSC fish fingers **Gluten Fish**
tomato ketchup, diced potatoes
peas & sweetcorn

OR

Jacket potato with baked beans,
cheese **Milk** mixed salad



Pears with hot
chocolate sauce
& shortbread
finger **Gluten Milk**
OR
Fruit



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be
made available upon request

WINTER 2021/22

MENU WEEK 2

WEEK COMMENCING

3 January, 24 January
14 February, 7 March
28 March



FIRST COURSE

SECOND COURSE

MONDAY

Pasta Neapolitan **Gluten Milk Sulphur Dioxide**
crusty bread **Glute Sesame**
sweetcorn
& coleslaw **Egg**

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Fruit flapjack **Gluten**
OR
Fruit



TUESDAY

Cheesy topped cott age pie **Milk Fish**
& gravy
carrots & cabbage

OR

Jacket potato with baked beans,
cheese **Milk** mixed salad



Butterscotch tart
Milk Gluten
OR
Fruit



WEDNESDAY

BBQ turkey wrap **Gluten**
seasoned wedges
coleslaw
& cucumber sticks **Egg**

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Ginger sponge **Egg**
Gluten
& custard **Milk**
OR
Fruit



THURSDAY

Roast gammon & gravy
Yorkshire pudding **Milk Egg Gluten**
roast potatoes,
carrots & honey roast parsnips

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Fruit yoghurt
Milk
OR
Fruit



FRIDAY

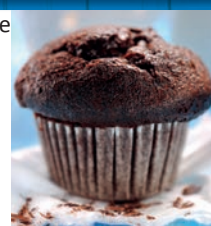
MSC Fish porti on **Fish Gluten**
tomato ketchup,
oven chips
peas & sweetcorn

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Chocolate & orange
muffin
OR
Fruit



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

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made available upon request



WINTER 2021/22

MENU WEEK 3

WEEK COMMENCING

10 January, 31 January

21 February, 14 March



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers **Milk Egg Gluten**
diced potatoes
sweetcorn
& coleslaw **Egg**

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Apple & plum
crumble **Gluten**
& custard **Milk**
OR
Fruit



TUESDAY

Nottinghamshire sausages **Gluten Sulphur Dioxide**
gravy, Yorkshire pudding **Gluten Milk Egg**
mashed potatoes, honey roast parsnips &
sliced carrots

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Fruit salad



WEDNESDAY

Cheesy tomato pasta **Milk Gluten**
crusty bread **Gluten Sesame**
mixed salad
& coleslaw **Egg**

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Fruit yoghurt **Milk**
OR
Fruit



THURSDAY

Roast pork, stuffing & gravy **Gluten**
Yorkshire pudding **Milk Egg Gluten**
roast potatoes, cabbage
carrot & swede mash

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Chocolate brownie
Gluten
OR
Fruit



FRIDAY

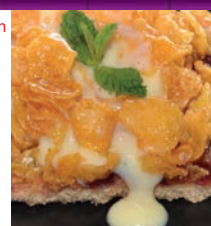
MSC fish cake **Fish Gluten**
tomato ketchup,
jacket wedges
garden peas & sweetcorn

OR

Jacket potato with baked beans, cheese **Milk**
& mixed salad



Cornflake tart **Gluten**
Sulphur Dioxide
& Custard **Milk**
OR
Fruit



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

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