**AUTUMN WINTER 2021** 

MENU WEEK I

## **WEEK COMMENCING**

13 Sept, 4 Oct, 25 Oct, 15 Nov, 6 Dec, 27 Dec







# FIRST COURSE

## Margherita pizza & roast potatoes crunchy vegetables

## Milk Gluten

## Porkies in gravy mashed potatoes carrots & cauliflower

### Soya Gluten

Mediterranean tagliatelle crusty bread carrot & cucumber sticks

### Milk Gluten Sesame



Roast beef & gravy Yorkshire pudding, roast potatoes, carrot & swede mash & cabbage

## Milk Egg Gluten



MSC fish fingers, tomato ketchup, diced potatoes peas & sweetcorn

Gluten Fish

# **SECOND COURSE**



& custard OR Fruit

Spiced carrot cake



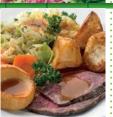


Fruit in jelly Fruit



Crispy jam tart & custard OR Fruit

Milk Gluten Sulphur Dioxide



Honey & oatmeal cookie OR Fruit

Gluten



Pears with hot chocolate sauce & shortbread finger

# OR

Fruit

Milk Gluten







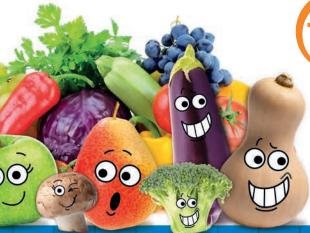




**MENU WEEK 2** 

## **WEEK COMMENCING**

1 Sept, 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13 Dec







# FIRST COURSE

## Pasta Neapolitan crusty bread sweetcorn & coleslaw

## Gluten Milk Sulphur Dioxide Sesame Egg

## Cheesy topped cottage pie & gravy carrots & cabbage

#### Milk Fish

## BBQ turkey wrap seasoned wedges coleslaw & cucumber sticks

### Gluten Egg

## Roast gammon & gravy Yorkshire pudding, roast potatoes, carrots & honey roast parsnips

## Milk Egg Gluten

MSC Fish portion tomato ketchup, oven chips peas & sweetcorn

Gluten Fish

# **SECOND COURSE**

# Fruit flapjack Fruit

## Gluten



#### Milk Gluten



Milk Egg Gluten



Fruit yoghurt Milk



Chocolate & orange muffin

OR Fruit

Egg Gluten

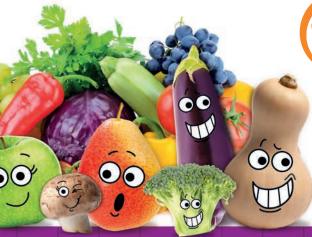




**MENU WEEK 3** 

## **WEEK COMMENCING**

6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec







# FIRST COURSE

## Quorn dippers diced potatoes sweetcorn & coleslaw

#### Milk Egg Gluten

Nottinghamshire sausages, gravy, Yorkshire pudding mashed potatoes, honey roast parsnips & sliced carrots Gluten Sulphur Dioxide Milk Egg

Cheesy tomato pasta crusty bread mixed salad & coleslaw





Roast pork, stuffing & gravu Yorkshire pudding roast potatoes, cabbage carrot & swede mash





MSC fish cake, tomato ketchup, jacket wedges garden peas & sweetcorn

Fish Gluten

# SECOND COURSE



Apple & plum crumble & custard OR Fruit



Fruit salad

Milk Gluten



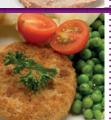
OR Fruit



Fruit yoghurt OR Fruit







Cornflake tart & Custard OR

Fruit

Gluten

Milk Gluten Sulphur Dioxide









