



SPRING 2022

MENU WEEK 1

WEEK COMMENCING

**11 April, 2 May, 23 May,
13 June, 4 July,
25 July**



MONDAY



Quorn dippers
roast new potatoes
crunchy veg

Milk Egg Gluten

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Jam sponge
& custard

Egg Milk Gluten Sulphur Dioxide

OR Fruit salad



TUESDAY



Lasagne
crusty bread
sweetcorn & mixed salad

Milk Gluten Sesame

OR



BBQ chicken tortilla wrap
mixed salad

Gluten

DESSERT



Fruit yoghurt

Milk

OR Fruit salad



WEDNESDAY



Sunshine pizza, seasoned
jacket wedges, carrot
& cucumber sticks &
coleslaw

Milk Gluten Egg

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Strawberry jelly
& shortbread finger

Gluten

OR Fruit salad



THURSDAY



Roast gammon with
pineapple, roast potatoes
mashed potatoes
green beans

OR



Tortilla wrap with cheese
salad, ham salad or tuna
mayonnaise, mixed salad &
cucumber sticks

Milk Egg Gluten Fish

DESSERT



Chocolate brownie

Gluten

OR Fruit salad



FRIDAY



MSC fish fingers, tomato
ketchup, diced potatoes
peas & sweetcorn

Gluten Fish

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Raspberry ripple ice
cream roll & vanilla sauce

Soya Milk Egg Gluten

OR Fruit salad



AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served. **Vegetarian** meals available upon request

SPRING 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,
20 June, 11 July



MONDAY



Cheese & tomato parcel
crunchy new potatoes
ranch salad & sweetcorn

Gluten Milk Egg

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Frozen yoghurt
& fruit

Milk

OR Fruit salad



TUESDAY



Spaghetti Bolognese
cucumber & carrot sticks

Fish Gluten

OR



Tortilla wrap with cheese
salad, ham salad or tuna
mayonnaise, mixed salad,
carrot & cucumber sticks

Milk Egg Gluten Fish

DESSERT



Honey cake
& custard

Milk Gluten Egg

OR Fruit salad



WEDNESDAY



Jacket potato with cheese,
beans or tuna, mixed salad

Egg Milk Fish

OR



Ham & cheese hot sub
roll

Milk Gluten

DESSERT



Butterscotch tart

Milk Gluten

OR Fruit salad



THURSDAY



Roast pork, stuffing
& gravy, roast potatoes
mashed potatoes

Gluten

OR



Tortilla wrap with cheese
salad, ham salad or tuna
mayonnaise, mixed salad,
carrot & cucumber sticks

Milk Egg Gluten Fish

DESSERT



Fruit flapjack

Gluten

OR Fruit salad



FRIDAY



MSC Fish finger wrap
oven chips
garden peas & sweetcorn

Gluten Fish Mustard

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Lemon sponge
& custard

Milk Egg Gluten

OR Fruit salad



AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served. **Vegetarian meals** available upon request



SPRING 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June,
18 July



MONDAY



Margherita pizza
the rainbow mix
carrot sticks
Sweetcorn

Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Chocolate mousse
& apple wedge

Milk

OR Fruit salad



TUESDAY



Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
baton carrots
broccoli

Gluten Sulphur Dioxide Milk Egg

OR



BBQ chicken tortilla wrap
mixed salad

Gluten

DESSERT



Apricot slice
& custard

Milk Gluten

OR Fruit salad



WEDNESDAY



Tomato & basil pasta
crusty bread
mixed salad
ranch salad

Gluten Sesame Egg

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Cornflake tart
& custard

Gluten Sulphur Dioxide Milk

OR Fruit salad



THURSDAY



Roast beef, & gravy
Yorkshire pudding
roast new potatoes
cabbage
& sliced carrots

Milk Egg Gluten

OR



Ham & cheese hot sub roll
carrot & cucumber sticks

Milk Gluten

DESSERT



Fruit cookie

Gluten

OR Fruit salad



FRIDAY



MSC fish portion
oven chips
garden peas
sweetcorn

Gluten Fish

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Fruit scone
jam & cream

Milk Gluten Sulphur Dioxide

OR Fruit salad

