

# HEALTH & WELLBEING BOARD SUMMARY Wednesday 6 January 2021 (2pm)

Due to the COVID-19 pandemic, Health & Wellbeing Board meetings are now held virtually - The meeting on Wednesday 6 January 2021 was broadcast live on YouTube and can be viewed here.

**Chair's Report** 

**Giving Children the Best Start** 

JSNA Chapter: Children and Young People's Emotional and Mental Health

<u>Pharmaceutical Needs</u> <u>Assessment</u>

Minutes are also available here.

Please see Nottinghamshire County Council's website for the <u>papers</u>, <u>membership</u>, <u>work</u> <u>programme</u> and <u>strategy</u> of the Health & Wellbeing Board. Joint Strategic Needs Assessment (JSNA) chapters are available on <u>Nottinghamshire Insight</u>.

If you have any queries about this summary, please contact **Briony Jones**.

### **CHAIR'S REPORT**

The Chairman highlighted the update on Suicide Prevention Funding at the beginning of his report. The allocation of Wave 4 suicide prevention funding has been confirmed by NHSE, following presentation of the proposals to a review panel at the end of November. The funding is for £209,161 pa over three years (2021-22; 2022-23; and 2023-24), allocated on the Nottingham and Nottinghamshire Integrated Care System (ICS) footprint. Bassetlaw has received suicide prevention funding in an earlier wave as part of the South Yorkshire and Bassetlaw ICS and Nottinghamshire County Council will continue to work with colleagues in Bassetlaw to support alignment and equity of provision where appropriate.

For further details, please read the Chair's Report.

## **GIVING CHILDREN THE BEST START**

Irene Kakoullis, Group Manager, Early Year Childhood Services, Nottinghamshire County Council introduced the report and presented information on the Best Start Strategy, its four strategic ambitions and ten priorities. Giving a child the 'best start' begins before birth, with good preconception and maternity care, with pregnancy and the early years offer a unique opportunity to shape the lives of children: if a child receives appropriate support during their early years, they have a real chance of maximising their potential. The Strategy therefore focuses on pre-conception, antenatal, postnatal stages and support for families until a child reaches statutory school age.

A Best Start Partnership Group will be set up, further to approval by Full Council in March, and this Group will report to the Health and Wellbeing Board.

For further details, please read the <u>Best Start Strategy 2021 – 2025 for Nottinghamshire</u>.

### JSNA CHAPTER: CHILDREN AND YOUNG PEOPLE'S EMOTIONAL AND MENTAL HEALTH

Rachel Clark, Programme Lead, Children and Young People's Mental Health, introduced the report and stated that good mental health is crucial for the development of children and young people, helping them to develop resilience and face the challenges of adolescence and adulthood and participate in society. It is defined by the World Health Organisation as not simply an absence of mental health disorder, but a state of wellbeing in which an individual realises their own potential, can cope with the normal stresses of life, can work productively, and is able to make a contribution to their own community.

Half of all long-term adult mental health disorders are established by age 14 and three quarters by the age of 24. The impacts of poor mental health can be seen on social relationships, educational attainment, physical health, crime, homelessness and employment prospects. Nationally, there has been a gradual increase in the number of children and young people with a mental health disorder over the last decade, so that in 2017, one in eight 5-19 year olds had at least one mental health disorder, compared to one in ten in 2014 – and further to COVID this is expected to increase.

The Joint Strategic Needs Assessment Chapter sets out further detail on the emotional and mental health of children and young people and identified gaps and needs in provision, concluding with several recommendations to address this. The Health and Wellbeing Board approved this chapter and agreed to receive an update at a future meeting on progress with the recommendations.

For further details, please read the <u>JSNA Chapter on Children and Young People's emotional and</u> mental health.

## PHARMACEUTICAL NEEDS ASSESSMENT

Amanda Fletcher, Consultant in Public Health, introduced the item and stated that updates to the Pharmaceutical Needs Assessment (PNA) were reported to the Board on a regular basis, and how the PNA describes available pharmaceutical services across Nottinghamshire County and assesses whether these services meet the needs of the population. In response to a question from Councillor Creamer regarding how closely we work with the City Council in relation to pharmaceutical need, Ms Fletcher indicated that the legal requirements for PNAs were for each local authority area, but we do work closely with Nottingham city in terms of revising data and information.

The Board then approved the Supplementary Statement to the Pharmaceutical Needs Assessment 2018-2021 for the period April 2020 until September 2020 and for all future supplementary statements be produced quarterly and presented to the Health and Wellbeing Board in the form of an update within the Chair's report. At any point should it be felt that the supplementary statement identifies a significant gap in pharmaceutical services, the update will be presented as a paper to Health and Wellbeing Board.