

HEALTH & WELLBEING BOARD SUMMARY **Wednesday 2 September 2020 (2pm)**

Due to the COVID-19 pandemic, Health & Wellbeing Board meetings are now held virtually - The meeting on Wednesday 2nd September was broadcast live on YouTube and can be viewed [here](#).

Minutes are also available [here](#).

Please see Nottinghamshire County Council's website for the [papers](#), [membership](#), [work programme](#) and [strategy](#) of the Health & Wellbeing Board. Joint Strategic Needs Assessment (JSNA) chapters are available on [Nottinghamshire Insight](#).

If you have any queries about this summary, please contact [Briony Jones](#).

CHAIR'S REPORT

The Chair highlighted a number of items for the Board's information.

Since the Board last met, **the Integrated Wellbeing Service** went live in April 2020. Although the launch of Your Health, Your Way (YHYW) was disrupted by the outbreak of COVID-19, the service successfully prioritised its initial focus on smoking cessation (smoking puts people at increased risk of contracting respiratory infection and developing more severe symptoms if infected with COVID-19). Since June, BHYW has provided a full remote service including smoking cessation, weight management, physical activity and alcohol reduction support. People can access support via telephone, online and video conference. Plans are in place to start delivery in person, following social distancing guidelines. The service has seen over 1,000 referrals, with smoking cessation being the primary reason for referral. In recent months, BHYW and the Nottinghamshire Local Pharmaceutical Committee have worked together with over 40 Pharmacies to offer aspects of smoking cessation medication to residents.

The **Nottingham & Nottinghamshire Suicide Prevention Steering Group** have produced suicide prevention guidance for frontline employees, volunteer workers and members of the public. This aims to help people supporting others during the COVID-19 pandemic to feel more confident about talking with someone about suicide. The guidance provides details of key sources of support and information that can help them to support their own mental wellbeing. Dr Griffiths commented that during lockdown, there has been an upsurge in mental health problems and asked that the Suicide Prevention guidance within the report be shared with partners.

Members also agreed to make every effort to promote **flu vaccination** take up. Flu can be a serious illness, particularly for older people or those with other health conditions. With COVID-19 still in circulation the flu vaccination programme is more important than ever. Vaccination against flu will reduce the number of people who are ill and help to relieve pressure on NHS services at a time

when we may be vulnerable to a second wave of Coronavirus. Nottinghamshire County Council is working with partners to increase the uptake of the flu vaccination amongst frontline staff and vulnerable residents. The County Council will again be offering on-site vaccinations and pharmacy vouchers to make it as simple as possible for frontline employees to get a free flu vaccination. Arrangements are also in place with partner organisations to support the uptake of the NHS flu vaccination, particularly in key groups such as young children, people over 65, pregnant women and people with underlying health conditions such as heart disease and diabetes.

On 7 January 2019, HM Government published the NHS Long-Term Plan. This reconfirmed the commitments of the 2017 Children & Young People's Mental Health Green Paper which set out proposals to improve mental health support in schools and colleges. Over the next five years, the NHS will fund new **Mental Health Support Teams** (MHSTs) which will work in schools and colleges. This will be introduced to between one-fifth and a quarter of the country by the end of 2023. Coverage in each locality across Nottinghamshire equates to approximately 120 schools and 48,000 pupils having access to MHSTs and is a significant increase in the mental health workforce.

LOCAL OUTBREAK CONTROL: LEARNING AND NEXT STEPS

A fundamental part of the current response to COVID-19 involves the early identification of clusters of new cases and quickly containing outbreaks as they arise. It is in this context that upper tier local authorities were notified by HM Government that they should prepare a Local Outbreak Control Plan, to complement the nationally delivered NHS Test & Trace arrangements.

It describes how Nottinghamshire County Council will work with the NHS, district / borough councils, neighbouring local authorities and other partners to keep people safe and protected, and to ensure the rate of COVID-19 transmission in Nottinghamshire is kept under control. The report presented to the Health and Wellbeing Board by Jonathan Gribbin, Director of Public Health, outlined the learning and recommendations in the below areas;

- Multi-agency co-ordination
- Coordination between local and central government
- Resources
- Communications
- Data and Information
- Humanitarian Assistance

Jonathan Gribbin conveyed details from the Weekly COVID-19 Surveillance Report in Nottinghamshire, including the slow but steady growth of cases through July and August, with an increase in those of working age being affected – although hospitalisations are low. However, the rate in Newark and Sherwood has significantly reduced over the last few weeks from 30 per 100,000 to just 6 per 100,000.

The local outbreak control plan is a collective endeavour by most of the organisations represented on the Health and Wellbeing Board. The Outbreak Control Cell meets daily to review information about new cases and soft intelligence from around the county e.g. from Environmental Health Officers; and where the data indicates further investigation is required an Incident Management Team is deployed.