



SPRING 2022

## MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,  
13 June, 4 July,  
25 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Quorn dippers **Milk Egg Gluten**  
pommes  
crunchy veg



Coconut Jam Sponge  
**Egg Gluten Sulphur Dioxide**  
& custard **Milk**  
**OR**  
Fruit salad



TUESDAY

Pasta Bolognese **Milk Gluten Fish**  
**VEGETARIAN OPTION**  
Quorn Bolognese **Milk Gluten Egg**  
crusty bread **Gluten Sesame**  
sweetcorn mixed salad



Fruit yoghurt **Milk**  
**OR**  
Fruit salad



WEDNESDAY

Sunshine pizza **Milk Gluten**  
seasoned jacket wedges  
carrot & cucumber sticks  
coleslaw **Egg**



Strawberry jelly  
& cream swirl **Milk**  
**OR**  
Fruit salad



THURSDAY

Roast gammon with pineapple  
**VEGETARIAN OPTION**  
Roast Quorn & pineapple **Milk Egg**  
roast potatoes  
mashed potatoes  
green beans & sliced Carrots



Chocolate brownie **Gluten**  
**OR**  
Fruit salad



FRIDAY

MSC fish fingers, **Gluten Fish**  
**VEGETARIAN OPTION**  
Fishless fingers, **Gluten**  
tomato ketchup,  
oven chips  
peas & sweetcorn



Raspberry ripple ice cream roll  
**Soya Milk Egg Gluten**  
**OR**  
Fruit salad



**SERVED DAILY** Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be  
made available upon request

SPRING 2022

## MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,  
20 June, 11 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Cheese & tomato parcel **Gluten Milk**  
crunchy new potatoes  
ranch salad **Egg**  
Sweetcorn



Cheese, crackers & apple  
wedge **Gluten Milk**  
**OR**  
Fruit salad



TUESDAY

Spaghetti Bolognese **Fish Gluten**  
**VEGETARIAN OPTION**  
Quorn Spaghetti Bolognese **Egg Gluten**  
cucumber & carrot sticks



Honey cake **Milk Gluten Egg**  
& custard **Milk**  
**OR**  
Fruit salad



WEDNESDAY

Beef Burger in a bun Jacket  
Wedges & Mixed Salad  
**VEGETARIAN OPTION**  
Quorn burger in a bun Jacket Wedges &  
Mixed Salad

**Milk Egg Soya Gluten Sesame**



Chocolate Muffin **Egg Gluten**  
**OR**  
Fruit salad



THURSDAY

Nottinghamshire Sausage, roast potatoes,  
mashed potato, Yorkshire Pudding, carrots &  
cabbage **Gluten, Sulphur Dioxide**

**VEGETARIAN OPTION**

Quorn Sausage **Milk Egg Gluten** Yorkshire  
Pudding, gravy roast potatoes, mashed potatoes  
sliced carrots & cabbage



Fruit flapjack **Gluten**  
**OR**  
Fruit salad



FRIDAY

MSC Fish finger wrap **Gluten Fish Mustard**  
**VEGETARIAN OPTION**  
Fishless finger wrap, **Gluten**

oven chips  
garden peas  
Sweetcorn



Fruit Yoghurt **Milk** & custard **Milk**  
**OR**  
Fruit salad



**SERVED DAILY** Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be  
made available upon request





SPRING 2022

## MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,  
6 June, 27 June,  
18 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Margherita pizza **Milk Gluten**  
the rainbow mix  
carrot sticks



Chocolate mousse **Milk**  
& apple wedge  
**OR**  
Fruit salad



TUESDAY

Nottinghamshire sausages  
**Gluten Sulphur Dioxide** & gravy  
**VEGETARIAN OPTION**  
Plant based sausage **Soya Sulphur Dioxide**  
Yorkshire pudding **Gluten Milk Egg**  
mashed potatoes,  
baton carrots & broccoli



Carrot cake **Gluten Egg Sulphur Dioxide**  
& custard **Milk**  
**OR**  
Fruit salad



WEDNESDAY

Tomato & basil pasta **Gluten**  
crusty bread **Gluten Sesame**  
mixed salad  
ranch salad **Egg**



Eton Mess **Milk Egg**  
**OR**  
Fruit salad



THURSDAY

Roast turkey, & gravy  
**VEGETARIAN OPTION**  
Roast Quorn & gravy **Milk Egg**  
Yorkshire pudding **Milk Egg Gluten**  
roast new potatoes  
cabbage & sliced carrots



Fruit yoghurt **Milk**  
**OR**  
Fruit salad



FRIDAY

MSC fish portion **Fish Gluten**  
**VEGETARIAN OPTION**  
Fishless fingers, **Gluten**  
oven chips  
garden peas  
sweetcorn



Raspberry Muffin  
**Egg Gluten**  
**OR**  
Fruit salad



**SERVED DAILY** Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be  
made available upon request