



SPRING 2022

## MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,  
13 June, 4 July,  
25 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Quorn dippers  
roast new potatoes  
crunchy veg

Milk Egg Gluten



Jam sponge & custard

OR

Fruit salad

Egg Milk Gluten Sulphur Dioxide



TUESDAY

Nottinghamshire sausages &  
gravy, mashed potatoes, carrots  
& broccoli

Sulphur Dioxide Gluten



Fruit yoghurt

OR

Fruit salad

Milk



WEDNESDAY

Sunshine pizza  
seasoned jacket wedges  
carrot & cucumber sticks  
coleslaw

Milk Gluten Egg



Strawberry jelly  
& shortbread finger

OR

Fruit salad

Gluten



THURSDAY

Roast gammon with pineapple  
roast potatoes  
mashed potatoes  
green beans & sliced Carrots

Chocolate brownie

OR

Fruit salad

Gluten



FRIDAY

MSC fish fingers  
tomato ketchup  
diced potatoes  
peas & sweetcorn

Gluten Fish



Raspberry ripple ice cream  
roll

OR

Fruit salad

Milk Egg Gluten Soya



**SERVED DAILY** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be  
made available upon request



SPRING 2022

## MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,  
20 June, 11 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Cheese & tomato parcel  
crunchy new potatoes  
ranch salad  
Sweetcorn

Gluten Milk Egg



Frozen yoghurt  
& fruit  
**OR**  
Fruit salad

Milk



TUESDAY

Spaghetti Bolognese  
cucumber & carrot sticks

Fish Gluten



Honey cake  
& custard  
**OR**  
Fruit salad

Milk Gluten Egg



WEDNESDAY

All day breakfast  
the rainbow mix

Milk Egg



Butterscotch tart  
**OR**  
Fruit salad

Milk Gluten



THURSDAY

Roast pork, stuffing & gravy  
roast potatoes  
mashed potatoes  
sliced carrots & broccoli

Gluten



Fruit flapjack  
**OR**  
Fruit salad

Gluten



FRIDAY

MSC Fish finger wrap  
oven chips  
garden peas  
Sweetcorn

Gluten Fish Mustard



Lemon sponge  
& custard  
**OR**  
Fruit salad

Milk Egg Gluten







SPRING 2022

## MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,  
6 June, 27 June,  
18 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Margherita pizza  
the rainbow mix  
carrot sticks

Milk Gluten



Chocolate mousse  
& apple wedge  
**OR**  
Fruit salad

Milk



TUESDAY

Nottinghamshire sausages,  
gravy, Yorkshire pudding  
mashed potatoes,  
baton carrots  
broccoli

Gluten Sulphur Dioxide Milk Egg



Apricot slice  
& custard  
**OR**  
Fruit salad

Milk Gluten



WEDNESDAY

Tomato & basil pasta  
crusty bread  
mixed salad  
ranch salad

Gluten Sesame Egg



Cornflake tart  
& custard  
**OR**  
Fruit salad

Gluten Sulphur Dioxide Milk



THURSDAY

Roast beef, & gravy  
Yorkshire pudding  
roast new potatoes  
cabbage & sliced carrots

Milk Egg Gluten



Fruit cookie  
**OR**  
Fruit salad

Gluten



FRIDAY

MSC fish portion  
oven chips  
garden peas  
sweetcorn

Fish Gluten



Fruit scone  
jam & cream  
**OR**  
Fruit salad

Milk Gluten Sulphur Dioxide



**SERVED DAILY** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be  
made available upon request