

AUTUMN WINTER 2021 MENU WEEK I

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct, 15 Nov, 6 Dec, 27 Dec





MONDAY



Margherita pizza roast potatoes crunchy vegetables Milk Gluten



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad

DESSERT



Spiced carrot cake & custard Egg Gluten Milk Sulphur dioxide Or Fruit yoghurt Milk

OR Sandwich option Sandwich with assorted fillings allergens on pkt vegetable crudities &

Dessert of the day

TUESDAY

Meatballs & gravy

mashed potatoes

Gluten Soya

carrots & cauliflower

OR

Jacket potato with baked

beans, cheese Milk or tuna

DESSERT

mayo Egg Fish

mixed salad

Fruit in jelly

Fruit yoghurt Milk

OR Sandwich option

vegetable crudities

Dessert of the day

Sandwich with assorted

fillings allergens on pkt

Or

&

WEDNESDAY



Mediterranean chicken Tagliatelle crusty bread carrot & cucumber sticks Gluten Sesame Milk

OR

Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad

DESSERT



Crispy jam tart & custard

OR Sandwich option Sandwich with assorted fillings allergens on pkt vegetable crudities

Dessert of the day



Vegetarian sausage & gravy Yorkshire pudding, roast potatoes, carrot & swede mash & cabbage Milk Egg Gluten Soya Sulphur dioxide



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad

DESSERT



Honey & oatmeal cookie Gluten Or Fruit yoghurt Milk

OR Sandwich option Sandwich with assorted fillings allergens on pkt vegetable crudities &

Dessert of the day

FRIDA



MSC fish fingers tomato ketchup, oven chips peas & sweetcorn Gluten Fish

OR



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad

DESSERT



Chocolate mousse & shortbread finger Gluten Milk Or Fruit yoghurt Milk

OR Sandwich option Sandwich with assorted fillings allergens on pkt vegetable crudities &

Dessert of the day

AVAILABLE DAILY: Best of both bread Gluten and Soya Fresh fruit available daily - Coleslaw Egg when served. Vegetarian meals available upon request







Milk Gluten Sulphur dioxide Or Fruit yoghurt Mik

&



AUTUMN WINTER 2021 MENU WEEK 2

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13 Dec



MONDAY



Pasta Neapolitan crusty bread sweetcorn & coleslaw Gluten Milk Sulphur Dioxide Sesame Egg



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad

DESSERT



Fruit flapjack Gluten Or Fruit yoghurt Milk

ORSandwich option Sandwichwithassorted fillings-allergensonpkt vegetablecrudities &

Dessertoftheday

TUESDAY

Cheesy topped cottage pie

OR

Jacket potato with baked

mayo Egg Fish

mixed salad

Or

&

beans, cheese Milk or tuna

DESSERT

Butterscotch tart Milk Gluten

Fruit yoghurt Milk

ORSandwich option

Sandwichwithassorted

fillings-allergensonpkt

vegetablecrudities

Dessertoftheday

carrots & cabbage

& gravy

Milk Fish

WEDNESDAY



BBQ turkey wrap seasoned wedges coleslaw & cucumber sticks Gluten Egg

OR



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad

DESSERT



Vanilla sponge & custard Gluten Egg Milk Or Fruit yoghurt Milk

OR Sandwich option Sandwich with assorted fillings - allergens on pkt vegetable crudities &

Dessert of the day



THURSDAY

Sausages & gravy, Yorkshire pudding, mashed potatoes, honey roast parsnips & carrots: Gluten Sulphur Dioxide Milk Egg

OR



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad

DESSER'



Frozen yoghurt & raspberry puree Milk Or Fruit yoghurt Milk

OR Sandwich option Sandwich with assorted fillings - allergens on pkt vegetable crudities &

Dessert of the day

FRIDAY



MSC Fish portion tomato ketchup, oven chips peas & sweetcorn

Gluten Fish



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad

DESSERT



Chocolate & orange muffin Egg Gluten Or Fruit yoghurt Milk

OR Sandwich option Sandwich with assorted fillings - allergens on pkt vegetable crudities &

Dessert of the day

AVAILABLE DAILY: Best of both bread Gluten and Soya Fresh fruit available daily - Coleslaw Egg when served. Vegetarian meals available upon request





Nottinghamshire County Council

AUTUMN WINTER 2021 MENU WEEK 3

WEEK COMMENCING

6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec



WEDNESDAY

Cheesy tomato pasta

OR

Jacket potato with baked

beans, cheese Milk or tuna

DESSERT

Cornflake tart & custard

Gluten Milk Sulphur dioxide

Or Fruit yoghurt Milk

OR Sandwich option

Sandwich with assorted

fillings - allergens on pkt

mayo Egg Fish

mixed salad

crusty bread

Milk Gluten Sesame

salad bar





MONDAY



Quorn dippers, tomato ketchup roast potatoes sweetcorn cobette

Milk Egg Gluten



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad





Honey & oatmeal cookie Or Fruit yoghurt Milk

OR Sandwich option Sandwich with assorted fillings - allergens on pkt vegetable crudities & Dessert of the day

TUESDAY

Nottinghamshire sausages, gravy, Yorkshire pudding mashed potatoes, honey roast parsnips & sliced carrots

Gluten Sulphur Dioxide Milk Egg OR



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad

DESSERT



Fruit in jelly

Dessertoftheday

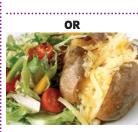
Or Fruit yoghurt Milk OR Sandwich option Sandwichwithassorted fillings-allergens on pkt vegetablecrudities ጲ

Dessert of the day

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Roast gammon & gravy Yorkshire pudding, roast potatoes, carrots & honey roast parsnips Milk Egg Gluten



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad





Chocolate muffin Gluten Egg

Or Fruit yoghurt Milk

OR Sandwich option Sandwich with assorted fillings - allergens on pkt vegetable crudities &

Dessert of the day



FRIDAY



MSC fish cake, tomato ketchup, baby roast potatoes peas & sweetcorn

Gluten Fish



Jacket potato with baked beans, cheese Milk or tuna mayo Egg Fish mixed salad



Fruit yoghurt Milk



AVAILABLE DAILY: Best of both bread Gluten and Soya Fresh fruit available daily Coleslaw Egg when served. Vegetarian meals available upon request

vegetable crudities

