

## **AUTUMN WINTER 2021** Menu week i

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct, 15 Nov, 6 Dec, 27 Dec





### MONDAY



Margherita pizza & roast potatoes crunchy vegetables Milk Gluten

OR



Jacket potatoes with cheese, beans or tuna mixed salad & coleslaw Milk Egg Fish

#### DESSERT



Honey Cake & custard

Egg Milk Gluten

**OR** Fruit salad



# TUESDAY

Nottinghamshire Sausage in gravy mashed potatoes carrots & cauliflower

OR

Sulphur dioxide Gluten

Beef curry, rice & mixed

DESSERT

salad

Milk Mustard

Fruit in jelly

**OR** Fruit salad

Mediterranean tagliatelle crusty bread carrot & cucumber sticks Milk Gluten Sesame

00

WEDNESDAY



Jacket potatoes with cheese, beans or tuna mixed salad Milk Egg Fish

#### DESSERT



Jam sponge & custard

Milk Egg Gluten Sulphur Dioxide





THURSDAY

Roast beef & gravy

Yorkshire pudding, roast

potatoes, carrot & swede

mash & cabbage Milk Egg Gluten

OR

Meatball Marinara sub roll

carrot & cucumber sticks

Milk Gluten

Honey & oatmeal cookie

Gluten





### FRIDA



MSC fish fingers, tomato ketchup, chips peas & sweetcorn Gluten Fish





Jacket potatoes with cheese, beans or tuna mixed salad & coleslaw Milk Egg Gluten Fish

DESSERT



Pears with hot chocolate sauce & shortbread finger

#### Milk Gluten





AVAILABLE DAILY: Best of both bread Giuten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request

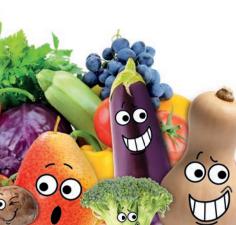


## Nottinghamshire County Council

## **AUTUMN WINTER 2021 MENU WEEK 2**

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13 Dec







### MONDAY



Pasta Neapolitan crusty bread sweetcorn & coleslaw

Gluten Milk Sulphur Dioxide Sesame Egg





Jacket potatoes with cheese, beans or tuna mixed salad & coleslaw

#### Milk Egg Fish

#### DESSERT



Fruit flapjack

#### Gluten

OR Fruit salad



# TUESDAY

Nottinghamshire Sausage

in gravy ,mashed potatoes carrots & cabbage

### Gluten Sulphur dioxide



Beef Curry, rice & mixed salad

Milk Mustard



Butterscotch tart

Milk Gluten **OR** Fruit salad





Spaghetti Bolognese

Fish Gluten

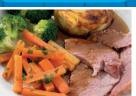
OR



#### DESSERT







THURSDAY

Roast gammon & gravy Yorkshire pudding, roast potatoes, carrots & honey roast parsnips Milk Egg Gluten













MSC Fish portion tomato ketchup, oven chips peas & sweetcorn

Gluten Fish



Beef burger Jacket wedges mixed salad & coleslaw

Milk Egg Soya Gluten Sesame





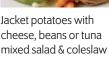
Chocolate & orange muffin

#### Egg Gluten





AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



Milk Egg Fish



Marble sponge & custard

Egg Milk Gluten





### DESSER'



& raspberry puree

## Milk



Frozen yogurt







## Nottinghamshire County Council

## AUTUMN WINTER 2021 **MENU WEEK 3**

#### WEEK COMMENCING

6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec



## MONDAY



Quorn dippers potato footballs sweetcorn & coleslaw

#### Milk Egg Gluten

OR



Jacket potatoes with cheese, beans or tuna mixed salad

#### Milk Egg Fish



Strawberry Mousse & strawberries Milk

#### OR Fruit salad



# TUESDAY

Nottinghamshire sausages, gravy, Yorkshire pudding mashed potatoes, honey roast parsnips & sliced carrots

Gluten Sulphur Dioxide Milk Egg OR



BBQ chicken tortilla Gluten wrap, jacket wedges mixed salad

#### ..... DESSERT



Ice Cream Roll

Milk Soya Egg Gluten 





Cheesy Pasta, crusty bread, mixed salad & coleslaw

#### Milk Gluten Sesame Egg

OR



Jacket potatoes with cheese, beans or tuna mixed salad

#### Milk Egg Fish DESSERT



Cornflake tart & custard

Milk Gluten Sulphur Dioxide 





Roast pork, stuffing & gravy Yorkshire pudding roast potatoes cabbage, carrot & swede mash Milk Egg Gluten 

OR



Ham & cheese hot sub roll carrot & cucumber sticks



Chocolate brownie

#### Gluten **OR** Fruit salad









MSC fish cake, tomato ketchup, chips, garden peas & sweetcorn

#### Gluten Fish



Jacket potatoes with cheese, beans or tuna mixed salad



Yoghurt and apple



**OR** Fruit salad



AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request





