

MENU WEEK I

WEEK COMMENCING

11 April, 2 May, 23 May, 13 June, 4 July, 25 July







FIRST COURSE

Quorn dippers Milk Egg Gluten roast new potatoes crunchy veg



Jam sponge Egg Gluten Sulphur Dioxide & custard Milk Fruit salad



Lasagne Milk Gluten **VEGETARIAN OPTION**

Vegetable Lasagne Milk Gluten crusty bread Gluten Sesame sweetcorn

mixed salad







Sunshine pizza Milk Gluten seasoned jacket wedges carrot & cucumber sticks coleslaw Egg



Strawberry jelly & shortbread finger Gluten Fruit salad



Roast gammon with pineapple **VEGETARIAN OPTION**

Roast Quorn & pineapple Milk Egg

roast potatoes mashed potatoes green beans & sliced Carrots



Chocolate brownie Gluten Fruit salad



MSC fish fingers, Gluten Fish **VEGETARIAN OPTION**

Fisless fingers, Gluten

tomato ketchup, diced potatoes peas & sweetcorn



Raspberry ripple ice cream roll Soya Milk Egg Gluten & vanilla sauce Milk

OR Fruit salad

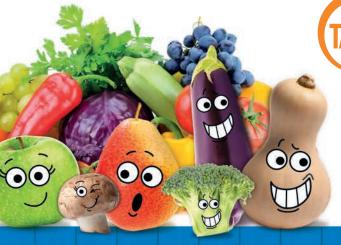




MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May, **20 June, 11 July**



FIRST COURSE

Cheese & tomato parcel Gluten Milk crunchy new potatoes ranch salad Egg Sweetcorn

SECOND COURSE

Frozen yoghurt Milk & fruit OR Fruit salad



Spaghetti Bolognese Fish Gluten **VEGETARIAN OPTION**

Quorn Spaghetti Bolognese Egg Gluten

cucumber & carrot sticks



Honey cake Milk Gluten Egg & custard Milk

Fruit salad

Fruit salad



All day breakfast Milk Egg **VEGETARIAN OPTION**

Vegetarian all day breakfas Milk Egg Soya Sulphur Dioxide

the rainbow mix



Butterscotch tart Milk Gluten



Roast pork, stuffing Gluten & gravy **VEGETARIAN OPTION**

Roast Quorn Milk Egg, stuffing Gluten & gravy

roast potatoes mashed potatoes sliced carrots & broccoli

MSC Fish finger wrap Gluten Fish Mustard **VEGETARIAN OPTION**

oven chips garden peas Sweetcorn



Fruit flapjack Gluten Fruit salad





Lemon sponge Egg Gluten & custard Milk Fruit salad



SPRING 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May, 6 June, 27 June, 18 July







FIRST COURSE

Margherita pizza Milk Gluten the rainbow mix carrot sticks



Chocolate mousse Milk & apple wedge Fruit salad

SECOND COURSE



Nottinghamshire sausages Gluten Sulphur Dioxide & gravy **VEGETARIAN OPTION**

Plant based sausage Soya Sulphur Dioxide Yorkshire pudding Gluten Milk Egg mashed potatoes, baton carrots & broccoli



Apricot slice Gluten & custard Milk Fruit salad



Tomato & basil pasta Gluten crusty bread Gluten Sesame mixed salad ranch salad Egg



Cornflake tart Gluten Sulphur Dioxide & custard Milk **OR** Fruit salad



Roast beef, & gravy **VEGETARIAN OPTION** Roast Quorn & gravy Milk Egg

Yorkshire pudding Milk Egg Gluten roast new potatoes cabbage & sliced carrots



Fruit cookie Gluten ΩR Fruit salad



MSC fish portion Fish Gluten **VEGETARIAN OPTION** Fisless fingers, Gluten oven chips garden peas



Fruit scone jam & cream Milk Gluten Sulphur Dioxide Fruit salad



sweetcorn