



SPRING 2022

MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,
13 June, 4 July,
25 July



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers **Milk Egg Gluten**
roast new potatoes
crunchy veg



Jam sponge **Egg Gluten Sulphur Dioxide**
& custard **Milk**
OR
Fruit salad



TUESDAY

Lasagne **Milk Gluten**
VEGETARIAN OPTION
Vegetable Lasagne **Milk Gluten**
crusty bread **Gluten Sesame**
sweetcorn
mixed salad



Fruit yoghurt **Milk**
OR
Fruit salad



WEDNESDAY

Sunshine pizza **Milk Gluten**
seasoned jacket wedges
carrot & cucumber sticks
coleslaw **Egg**



Strawberry jelly
& shortbread finger **Gluten**
OR
Fruit salad



THURSDAY

Roast gammon with pineapple
VEGETARIAN OPTION
Roast Quorn & pineapple **Milk Egg**
roast potatoes
mashed potatoes
green beans & sliced Carrots



Chocolate brownie **Gluten**
OR
Fruit salad



FRIDAY

MSC fish fingers, **Gluten Fish**
VEGETARIAN OPTION
Fisless fingers, **Gluten**
tomato ketchup,
diced potatoes
peas & sweetcorn



Raspberry ripple ice cream roll
Soya Milk Egg Gluten
& vanilla sauce **Milk**
OR
Fruit salad



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be
made available upon request



SPRING 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,
20 June, 11 July



FIRST COURSE

SECOND COURSE

MONDAY

Cheese & tomato parcel **Gluten Milk**
crunchy new potatoes
ranch salad **Egg**
Sweetcorn



Frozen yoghurt **Milk**
& fruit
OR
Fruit salad



TUESDAY

Spaghetti Bolognese **Fish Gluten**
VEGETARIAN OPTION
Quorn Spaghetti Bolognese **Egg Gluten**
cucumber & carrot sticks



Honey cake **Milk Gluten Egg**
& custard **Milk**
OR
Fruit salad



WEDNESDAY

All day breakfast **Milk Egg**
VEGETARIAN OPTION
Vegetarian all day breakfast
Milk Egg Soya Sulphur Dioxide
the rainbow mix



Butterscotch tart **Milk Gluten**
OR
Fruit salad



THURSDAY

Roast pork, stuffing **Gluten** & gravy
VEGETARIAN OPTION
Roast Quorn **Milk Egg**, stuffing **Gluten** & gravy
roast potatoes
mashed potatoes
sliced carrots & broccoli



Fruit flapjack **Gluten**
OR
Fruit salad



FRIDAY

MSC Fish finger wrap **Gluten Fish Mustard**
VEGETARIAN OPTION
Fishless finger wraps, **Gluten**
oven chips
garden peas
Sweetcorn



Lemon sponge **Egg Gluten**
& custard **Milk**
OR
Fruit salad



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served

Vegetarian meals can be
made available upon request



SPRING 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June,
18 July



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza **Milk** **Gluten**
the rainbow mix
carrot sticks



Chocolate mousse **Milk**
& apple wedge
OR
Fruit salad



TUESDAY

Nottinghamshire sausages
Gluten **Sulphur Dioxide** & gravy
VEGETARIAN OPTION
Plant based sausage **Soya** **Sulphur Dioxide**
Yorkshire pudding **Gluten** **Milk** **Egg**
mashed potatoes,
baton carrots & broccoli



Apricot slice **Gluten**
& custard **Milk**
OR
Fruit salad



WEDNESDAY

Tomato & basil pasta **Gluten**
crusty bread **Gluten** **Sesame**
mixed salad
ranch salad **Egg**



Cornflake tart **Gluten** **Sulphur Dioxide**
& custard **Milk**
OR
Fruit salad



THURSDAY

Roast beef, & gravy
VEGETARIAN OPTION
Roast Quorn & gravy **Milk** **Egg**
Yorkshire pudding **Milk** **Egg** **Gluten**
roast new potatoes
cabbage & sliced carrots



Fruit cookie **Gluten**
OR
Fruit salad



FRIDAY

MSC fish portion **Fish** **Gluten**
VEGETARIAN OPTION
Fisless fingers, **Gluten**
oven chips
garden peas
sweetcorn



Fruit scone jam & cream
Milk **Gluten** **Sulphur Dioxide**
OR
Fruit salad



SERVED DAILY Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served

Vegetarian meals can be
made available upon request