# SUMMER MENU WEEK I

As schools return, we've had to adapt our menu to cover these times of change.

With some of our normal supply lines disrupted, it has meant we can't source all our usual ingredients which has resulted in us having to reduce the options of meals available. However, we haven't compromised on nutrition or taste, so we continue providing the essential elements of our service that we pride ourselves on.

Wherever possible we've kept the children's favourites meals on the menu and using fresh, quality, locally sourced, ingredients in all our meals. As soon as it's possible we will return to our normal menu with the usual great choice of meals.

### **WEEK COMMENCING:**

19 APRIL, 10 MAY, 31 MAY, 21 JUNE, 12 JULY



# FIRST COURSE

Quorn dippers Milk Egg Gluten diced potatoes mixed salad



Pancakes with frozen yoghurt & oranges Milk Egg Gluten Fruit salad

SECOND COURSE



Nottinghamshire sausages & gravy Gluten Sulphur Dioxide mashed potatoes

Yorkshire pudding Milk Egg Gluten

baton carrots

broccoli

VEGETARIAN OPTION

Vegan plant based sausage Soya Sulphur Dioxide



Coconut sponge Egg Gluten Sulphur Dioxide Custard Milk OR Fruit salad



Sunshine pizza Gluten Milk seasoned jacket wedges carrot and cucumber sticks coleslaw Egg



Strawberries in jelly Shortbread finger Gluten Fruit salad



Roast gammon with pineapple roast potatoes mashed potatoes green beans

carrots

VEGETARIAN OPTION

Quorn roast Milk Egg



Chocolate brownie Gluten Fruit salad



MSC fi sh cake Fish Gluten parsley sauce Gluten Milk new potatoes peas & sweetcorn VEGETARIAN OPTION Quorn Fishless finger Gluten



Butterscotch tart Milk Gluten Fruit salad



# SUMMER MENU WEEK 2

As schools return, we've had to adapt our menu to cover these times of change.

With some of our normal supply lines disrupted, it has meant we can't source all our usual ingredients which has resulted in us having to reduce the options of meals available. However, we haven't compromised on nutrition or taste, so we continue providing the essential elements of our service that we pride ourselves on.

Wherever possible we've kept the children's favourites meals on the menu and using fresh, quality, locally sourced, ingredients in all our meals. As soon as it's possible we will return to our normal menu with the usual great choice of meals.

### **WEEK COMMENCING:**

**26 APRIL, 17 MAY, 7 JUNE, 28 JUNE, 19 JULY** 



**SECOND COURSE** 

## FIRST COURSE

Vegan sausage roll & gravy Soya Gluten pommes noisette (potato footballs) Milk mixed salad coleslaw Egg



Magic chocolate pudding Gluten Milk Egg chocolate sauce Milk



Spaghetti bolognese Fish Gluten carrot & cucumber sticks Sweetcorn

VEGETARIAN OPTION

Quorn spaghetti bolognese Gluten Egg



Apple flapjack Gluten **OR** Fruit salad



Jacket potato with baked beans, cheese Milk or tuna mayo Fish Egg Mixed salad



Strawberry Eton mess Egg Milk Fruit salad



Roast pork, stuffing & gravy Gluten roast potatoes mashed potatoes carrot & swede mash broccoli

**VEGETARIAN OPTION** 

Quorn roast & stuffing Gluten Egg Milk



Honey cake Milk Egg Gluten OR Fruit salad



MSC crispy fish wrap Gluten Fish roasted new potatoes peas sweetcorn

**VEGETARIAN OPTION** 

Quorn Fishless finger wrap Gluten



Fresh scone with jam & cream Gluten Sulphur dioxide Milk OR Fruit salad



# SUMMER MENU WEEK 3

As schools return, we've had to adapt our menu to cover these times of change.

With some of our normal supply lines disrupted, it has meant we can't source all our usual ingredients which has resulted in us having to reduce the options of meals available. However, we haven't compromised on nutrition or taste, so we continue providing the essential elements of our service that we pride ourselves on.

Wherever possible we've kept the children's favourites meals on the menu and using fresh, quality, locally sourced, ingredients in all our meals. As soon as it's possible we will return to our normal menu with the usual great choice of meals.

### **WEEK COMMENCING:** 3 MAY, 24 MAY, 14 JUNE, 5 JULY, 26 JULY



SECOND COURSE

# FIRST COURSE

### Tomato & basil pasta Gluten garlic bread Milk Gluten mixed salad ranch salad Egg



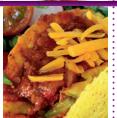
Chocolate mousse Milk shortbread finger Gluten OR Fruit salad



## Sweet & mild chilli beef taco Gluten Milk seasoned carrot and cucumber sticks

### **VEGETARIAN OPTION**

Sweet & mild chilli meatfree vegeball taco Gluten Soya Milk



Cornflake tart Gluten Sulphur Dioxide custard Milk Fruit salad



Beef burger in a bun Soya Gluten Milk Egg Sesame Jacket wedges & carrot cucumber sticks

### VEGETARIAN OPTION

Quorn burger in a bun Soya Milk Egg Gluten Mustard Sesame



Peach melba Milk Fruit salad



Roast beef, & gravy

Yorkshire pudding Milk Egg Gluten roast new potatoes cabbage & carrots **VEGETARIAN OPTION** 

Quorn roast Milk Egg

Yorkshire pudding Milk Egg Gluten



Fruit cookie Gluten Fruit salad



### MSC fi sh Fish Gluten oven chips garden peas

sweetcorn

**VEGETARIAN OPTION** Quorn Fishless finger Gluten



Marble sponge Gluten Egg custard Milk Fruit salad

