

SUMMER 2022

MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,
13 June, 4 July,
25 July



MONDAY



Quorn dippers
roast new potatoes
crunchy veg

Milk Egg Gluten

OR



Vegetable curry
Wholegrain rice
minted salad

Mustard

DESSERT



Jam sponge
& custard

Egg Milk Gluten Sulphur Dioxide

OR Fruit salad



TUESDAY



Burger in a bun
diced potatoes & salad
Gluten Sulphur dioxide Egg Milk Soya
Vegan option
Soya Milk Egg Gluten Sesame

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Fruit yoghurt

Milk

OR Fruit salad



WEDNESDAY



Sunshine pizza, seasoned
jacket wedges, carrot
& cucumber sticks &
coleslaw

OR



Cheesy tomato pasta
Crusty bread
mixed salad & coleslaw

Milk Gluten Sesame Egg

DESSERT



Strawberry jelly
& shortbread finger

Gluten

OR Fruit salad



THURSDAY



Roast gammon or roast
Quorn Milk Egg & pineapple,
roast & mashed potatoes
green beans & carrots

OR



Ham & cheese or cheese &
tomato sub roll
cucumber & carrot sticks

Milk Gluten

DESSERT



Chocolate brownie

Gluten

OR Fruit salad



FRIDAY



MSC fish or fishless fingers
Gluten tomato ketchup
diced potatoes
peas & sweetcorn

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Raspberry ripple ice
cream roll & vanilla sauce

Soya Milk Egg Gluten

OR Fruit salad



AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



SUMMER 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,
20 June, 11 July



MONDAY



Cheese & tomato parcel
crunchy new potatoes
ranch salad & sweetcorn

Gluten Milk Egg

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Frozen yoghurt
& fruit

Milk

OR Fruit salad



TUESDAY



Spaghetti Bolognese or
Quorn Bolognese
cucumber & carrot sticks

Fish Gluten

OR



Ham & cheese or cheese
& tomato hot sub roll
carrot & cucumber sticks

Milk Gluten

DESSERT



Honey cake
& custard

Milk Gluten Egg

OR Fruit salad



WEDNESDAY



All day breakfast
or vegetarian all day breakfast
the rainbow mix

Soya Milk Egg Gluten Sulphur dioxide

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Butterscotch tart

Milk Gluten

OR Fruit salad



THURSDAY



Roast pork or roast Quorn
stuffing & mashed potatoes
Cabbage & carrots
Gravy

Milk Egg Gluten

OR



Plant based sausage
stuffing & mashed potatoes
Cabbage & carrots
Gravy

Gluten Soya Sulphur dioxide

DESSERT



Fruit flapjack

Gluten

OR Fruit salad



FRIDAY



MSC Fish finger wrap
or fishless fingers
oven chips
garden peas & sweetcorn

Gluten Fish Mustard

OR



BBQ Bean wrap
oven chips
garden peas &
sweetcorn

Milk Gluten

DESSERT



Lemon sponge
& custard

Milk Egg Gluten

OR Fruit salad



SUMMER 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June,
18 July



MONDAY



Margherita pizza
the rainbow mix
carrot sticks
Sweetcorn

Milk Gluten

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Chocolate mousse
& apple wedge

Milk

OR Fruit salad



TUESDAY



Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
baton carrots
broccoli

Gluten Sulphur Dioxide Milk Egg

OR



Plant based sausages
Soya Sulphur dioxide
Yorkshire pudding GF Milk Egg
mashed potatoes, gravy
carrots & broccoli

DESSERT



Apricot slice
& custard

Milk Gluten

OR Fruit salad



WEDNESDAY



Tomato & basil pasta
crusty bread
mixed salad
ranch salad

Gluten Sesame Egg

OR



Lentil Dahl
Wholegrain rice
minted salad

Mustard Celery

DESSERT



Cornflake tart
& custard

Gluten Sulphur Dioxide Milk

OR Fruit salad



THURSDAY



Roast beef or roast Quorn
milk Egg, & gravy
Yorkshire pudding GF
Milk Egg
roast new potatoes
cabbage & carrots

OR



Ham & cheese or cheese
& tomato hot sub roll
carrot & cucumber sticks

Milk Gluten

DESSERT



Fruit cookie

Gluten

OR Fruit salad



FRIDAY



MSC fish portion **Gluten Fish**
or fishless fingers **Gluten**
oven chips
garden peas
sweetcorn

OR



Jacket potatoes with
cheese, beans or tuna
mixed salad

Milk Egg Fish

DESSERT



Fruit scone
jam & cream

Milk Gluten Sulphur Dioxide

OR Fruit salad



AVAILABLE DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served. **Vegetarian** meals available upon request