



SPRING 2022

## MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,  
13 June, 4 July,  
25 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Quorn dippers  
roast new potatoes  
crunchy veg

Milk Egg Gluten



Jam sponge  
& custard  
OR  
Fruit salad

Egg Milk Gluten Sulphur Dioxide



TUESDAY

Lasagne  
crusty bread  
sweetcorn  
mixed salad

Milk Gluten Sesame



Fruit yoghurt  
OR  
Fruit salad

Milk



WEDNESDAY

BBQ Chicken wrap  
seasoned jacket wedges  
carrot & cucumber sticks  
coleslaw

Gluten Egg



Strawberry jelly  
& shortbread finger  
OR  
Fruit salad

Gluten



THURSDAY

Roast gammon with pineapple  
roast potatoes  
mashed potatoes  
green beans & sliced Carrots

Gluten



Chocolate brownie  
OR  
Fruit salad

Gluten



FRIDAY

MSC fish fingers  
tomato ketchup  
diced potatoes  
peas & sweetcorn

Gluten Fish



Raspberry ripple ice cream roll  
& vanilla sauce  
OR  
Fruit salad

Soya Milk Egg Gluten



**SERVED DAILY** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be  
made available upon request



SPRING 2022

## MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,  
20 June, 11 July



### FIRST COURSE

### SECOND COURSE

MONDAY

Cheese & tomato parcel  
crunchy new potatoes  
ranch salad  
Sweetcorn

Gluten Milk Egg



Frozen yoghurt  
& fruit  
**OR**  
Fruit salad

Milk



TUESDAY

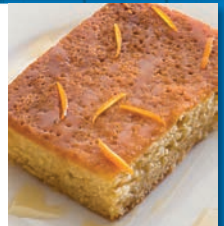
Spaghetti Bolognese  
cucumber & carrot sticks

Fish Gluten



Honey cake  
& custard  
**OR**  
Fruit salad

Milk Gluten Egg



WEDNESDAY

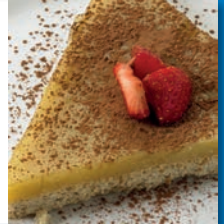
Jacket potatoes  
with cheese  
mixed salad

Milk



Butterscotch tart  
**OR**  
Fruit salad

Milk Gluten



THURSDAY

Nottinghamshire sausages  
& gravy  
mashed potatoes  
sliced carrots & broccoli

Gluten Sulphur dioxide



Fruit flapjack  
**OR**  
Fruit salad

Gluten



FRIDAY

MSC Fish finger wrap  
oven chips  
garden peas  
Sweetcorn

Gluten Fish Mustard



Lemon sponge muffin  
**OR**  
Fruit salad

Egg Gluten



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## SPRING 2022

4 April, 25 April, 16 May,  
6 June, 27 June,  
18 July



### FIRST COURSE

### SECOND COURSE

|                  |  |  |   |
|------------------|--|--|---|
| <b>MONDAY</b>    | <p>Margherita pizza<br/>the rainbow mix<br/>carrot sticks</p> <p>Milk Gluten</p>   |  <p>Chocolate mousse<br/>&amp; apple wedge<br/><b>OR</b><br/>Fruit salad</p> <p>Milk</p>   |   |
| <b>TUESDAY</b>   | <p>Nottinghamshire sausages,<br/>gravy, Yorkshire pudding<br/>mashed potatoes,<br/>baton carrots<br/>broccoli</p> <p>Gluten Sulphur Dioxide Milk Egg</p> |  <p>Fruit yoghurt<br/><b>OR</b><br/>Fruit salad</p> <p>Milk</p>                           |  |
| <b>WEDNESDAY</b> | <p>Tomato &amp; basil pasta<br/>crusty bread<br/>mixed salad<br/>ranch salad</p> <p>Gluten Sesame Egg</p>  |  <p>Chocolate &amp; orange<br/>muffin<br/><b>OR</b><br/>Fruit salad</p> <p>Gluten Egg</p> |  |
| <b>THURSDAY</b>  | <p>Roast turkey, stuffing &amp; gravy<br/>Yorkshire pudding<br/>roast new potatoes<br/>cabbage &amp; sliced carrots</p> <p>Milk Egg Gluten</p>           |  <p>Fruit cookie<br/><b>OR</b><br/>Fruit salad</p> <p>Gluten</p>                          |  |
| <b>FRIDAY</b>    | <p>MSC fish portion<br/>oven chips<br/>garden peas<br/>sweetcorn</p> <p>Fish Gluten</p>  |  <p>Fruit salad</p>   |  |

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