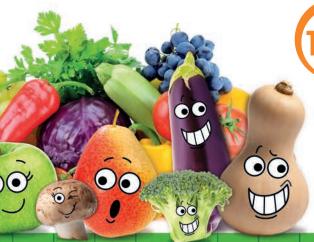
AUTUMN WINTER 2021

MENU WEEK I

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct, 15 Nov, 6 Dec, 27 Dec







FIRST COURSE

Margherita pizza & roast potatoes crunchy vegetables

Milk Gluten

Nottinghamshire Sausage in gravu mashed potatoes carrots & cauliflower

Sulphur dioxide Gluten

Mediterranean tagliatelle crusty bread carrot & cucumber sticks

Milk Gluten Sesame

Roast beef & gravy Yorkshire pudding, roast potatoes, carrot & swede mash & cabbage

Milk Egg Gluten

MSC fish fingers, tomato ketchup, diced potatoes peas & sweetcorn

Gluten Fish

SECOND COURSE



Egg Milk Gluten Sulphur Dioxide





Crispy jam tart & custard OR Fruit

Milk Gluten Sulphur Dioxide



Honey & oatmeal cookie

OR Fruit





Fruit salad







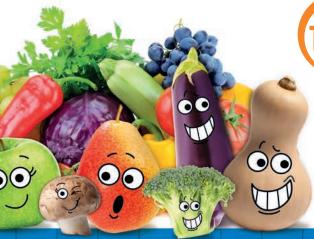


AUTUMN WINTER 2021

MENU WEEK 2

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13 Dec







FIRST COURSE

Pasta Neapolitan crusty bread sweetcorn & coleslaw

Gluten Fish Sesame

Gluten Milk Sulphur Dioxide Sesame Egg

Fruit salad OR Fruit

SECOND COURSE



Spaghetti Bolognese, crusty bread & mixed salad



Yoghurt and apple wedge

OR Fruit Milk



Jacket potatao with cheese coleslaw & cucumber sticks



Ginger sponge & custard

OR Fruit

Milk Egg Gluten



Milk Egg

Roast gammon & gravy Yorkshire pudding, roast potatoes, carrots & honey roast parsnips



Frozen yogurt & raspberry puree

OR Fruit



Milk Egg Gluten

MSC Fish portion tomato ketchup, oven chips peas & sweetcorn



Chocolate & orange muffin

Fruit



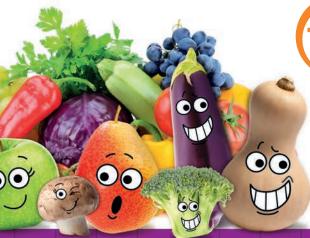
Gluten Fish



MENU WEEK 3

WEEK COMMENCING

6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec







FIRST COURSE

Quorn dippers diced potatoes sweetcorn & coleslaw

Milk Egg Gluten

Nottinghamshire sausages, gravy, Yorkshire pudding mashed potatoes, honey roast parsnips & sliced carrots

Gluten Sulphur Dioxide Milk Egg

Cheesy tomato pasta crusty bread mixed salad & coleslaw

Milk Gluten Sesame Egg

Roast turkey, stuffing & gravy Yorkshire pudding roast potatoes, cabbage carrot & swede mash

Milk Egg Gluten

MSC fish cake, tomato ketchup, jacket wedges garden peas & sweetcorn

Fish Gluten

SECOND COURSE

Apple & plum crumble & custard OR Fruit

Milk Gluten

Rice pudding & jam Fruit

Milk Sulphur Dioxide

Fruit yoghurt OR Fruit

Chocolate brownie OR Fruit

Gluten







