



AUTUMN WINTER 2021

MENU WEEK 1

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct,
15 Nov, 6 Dec, 27 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza
& roast potatoes
crunchy vegetables

Milk Gluten



Spiced carrot cake
& custard

OR

Fruit

Egg Milk Gluten Sulphur Dioxide



TUESDAY

Nottinghamshire Sausage in gravy
mashed potatoes
carrots & cauliflower

Sulphur dioxide Gluten



Fruit in jelly

OR

Fruit



WEDNESDAY

Mediterranean tagliatelle
crusty bread
carrot & cucumber sticks

Milk Gluten Sesame



Crispy jam tart
& custard

OR

Fruit

Milk Gluten Sulphur Dioxide



THURSDAY

Roast beef & gravy
Yorkshire pudding,
roast potatoes,
carrot & swede mash & cabbage

Milk Egg Gluten



Honey & oatmeal cookie

OR

Fruit

Gluten



FRIDAY

MSC fish fingers,
tomato ketchup,
diced potatoes
peas & sweetcorn

Gluten Fish



Fruit salad

OR

Fruit



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be
made available upon request



AUTUMN WINTER 2021

MENU WEEK 2

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct,
1 Nov, 22 Nov, 13 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Pasta Neapolitan
crusty bread
sweetcorn
& coleslaw

Gluten Milk Sulphur Dioxide Sesame Egg



Fruit salad
OR
Fruit



TUESDAY

Spaghetti Bolognese,
crusty bread & mixed salad

Gluten Fish Sesame



Yoghurt and
apple wedge
OR
Fruit
Milk



WEDNESDAY

Jacket potato with cheese
coleslaw & cucumber sticks

Milk Egg



Ginger sponge
& custard
OR
Fruit
Milk Egg Gluten



THURSDAY

Roast gammon & gravy
Yorkshire pudding,
roast potatoes,
carrots & honey roast parsnips

Milk Egg Gluten



Frozen yogurt
& raspberry puree
OR
Fruit
Milk



FRIDAY

MSC Fish portion
tomato ketchup,
oven chips
peas & sweetcorn

Gluten Fish



Chocolate & orange muffin
OR
Fruit
Egg Gluten





AUTUMN WINTER 2021

MENU WEEK 3

WEEK COMMENCING

6 Sept, 27 Sept, 18 Oct,
8 Nov, 29 Nov, 20 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers
diced potatoes
sweetcorn
& coleslaw

Milk Egg Gluten



Apple & plum crumble
& custard
OR
Fruit

Milk Gluten



TUESDAY

Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
honey roast parsnips
& sliced carrots

Gluten Sulphur Dioxide Milk Egg



Rice pudding & jam
OR
Fruit

Milk Sulphur Dioxide



WEDNESDAY

Cheesy tomato pasta
crusty bread
mixed salad
& coleslaw

Milk Gluten Sesame Egg



Fruit yoghurt
OR
Fruit

Milk



THURSDAY

Roast turkey, stuffing &
gravy Yorkshire pudding
roast potatoes, cabbage
carrot & swede mash

Milk Egg Gluten



Chocolate brownie
OR
Fruit

Gluten



FRIDAY

MSC fish cake,
tomato ketchup,
jacket wedges
garden peas & sweetcorn

Fish Gluten



Fruit salad
OR
Fruit



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

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made available upon request