AUTUMN WINTER 2021

MENU WEEK I

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct, 15 Nov, 6 Dec, 27 Dec







FIRST COURSE

Margherita pizza & roast potatoes crunchy vegetables

Milk Gluten

Porkies in gravy mashed potatoes carrots & cauliflower

Soya Gluten

Mediterranean tagliatelle crusty bread carrot & cucumber sticks

Milk Gluten Sesame



Roast beef & gravy Yorkshire pudding, roast potatoes, carrot & swede mash & cabbage

Milk Egg Gluten



MSC fish fingers, tomato ketchup, diced potatoes peas & sweetcorn

Gluten Fish

SECOND COURSE



& custard OR Fruit

Spiced carrot cake



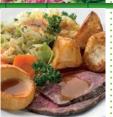


Fruit in jelly Fruit



Crispy jam tart & custard OR Fruit

Milk Gluten Sulphur Dioxide



Honey & oatmeal cookie OR Fruit

Gluten



Pears with hot chocolate sauce & shortbread finger

OR

Fruit

Milk Gluten







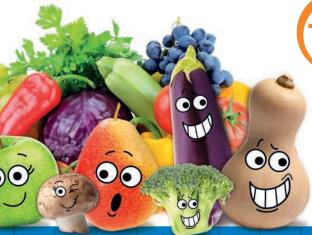




MENU WEEK 2

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13 Dec







FIRST COURSE

Pasta Neapolitan crusty bread sweetcorn & coleslaw

Gluten Milk Sulphur Dioxide Sesame Egg



Cheesy topped cottage pie & gravy carrots & cabbage



Milk Fish



BBQ turkey wrap seasoned wedges coleslaw & cucumber sticks





Roast gammon & gravy Yorkshire pudding, roast potatoes, carrots & honey roast parsnips





MSC Fish portion tomato ketchup, oven chips peas & sweetcorn

Gluten Fish





Gluten

Fruit



Butterscotch tart







Ginger sponge & custard

OR Fruit

Milk Egg Gluten



Raspberry ripple ice cream roll



Milk Egg Soya Gluten



Chocolate & orange muffin OR

Fruit



Egg Gluten





MENU WEEK 3

WEEK COMMENCING

6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec







FIRST COURSE

Quorn dippers diced potatoes sweetcorn & coleslaw

Milk Egg Gluten

Nottinghamshire sausages, gravy, Yorkshire pudding mashed potatoes, honey roast parsnips & sliced carrots Gluten Sulphur Dioxide Milk Egg

Cheesy tomato pasta crusty bread mixed salad & coleslaw





Roast pork, stuffing & gravu Yorkshire pudding roast potatoes, cabbage carrot & swede mash





MSC fish cake, tomato ketchup, jacket wedges garden peas & sweetcorn

Fish Gluten

SECOND COURSE



Apple & plum crumble & custard OR Fruit





Rice pudding & jam Fruit



Fruit yoghurt

Milk Sulphur Dioxide





Chocolate brownie OR



Fruit



Cornflake tart & Custard OR Fruit

Milk Gluten Sulphur Dioxide









