

AUTUMN WINTER 2021

MENU WEEK 1

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct,
15 Nov, 6 Dec, 27 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Jacket potato with cheese **Milk** &
baked beans Mixed salad



Spiced carrot cake
& custard

OR

Fruit

Egg Milk Gluten Sulphur Dioxide



TUESDAY

Sausages in gravy **Gluten Sulphur Dioxide**
mashed potatoes
carrots
cauliflower



Fruit in jelly

OR

Fruit



WEDNESDAY

MSC Fishcake **Gluten Fish**
Jacket wedges
peas & sweetcorn

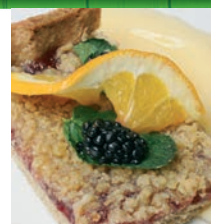


Crispy jam tart
& custard

OR

Fruit

Milk Gluten Sulphur Dioxide



THURSDAY

Roast turkey & gravy
Yorkshire pudding,
roast potatoes,
carrot & swede mash & cabbage



Milk Egg Gluten

Honey & oatmeal cookie

OR

Fruit

Gluten



FRIDAY

MSC fish fingers,
tomato ketchup,
diced potatoes
peas & sweetcorn



Gluten Fish

Chocolate brownie **Gluten**

OR

Fruit

Milk Gluten



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be
made available upon request



AUTUMN WINTER 2021

MENU WEEK 2

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct,
1 Nov, 22 Nov, 13 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Pasta Neapolitan
crusty bread
sweetcorn
& coleslaw

Gluten Milk Sulphur Dioxide Sesame Egg



Fruit flapjack
OR
Fruit

Gluten



TUESDAY

Cheesy topped cottage pie
& gravy
carrots & cabbage

Milk Fish



Butterscotch tart
OR
Fruit

Milk Gluten



WEDNESDAY

MSC Fish fingers **Gluten Fish**
jacket wedges
Peas & sweetcorn



Ginger sponge
& custard
OR
Fruit

Milk Egg Gluten



THURSDAY

Sausages & gravy
Yorkshire pudding,
roast potatoes,
carrots & honey roast parsnips

Milk Egg Gluten



Ice cream roll **Milk Soya Egg Gluten**
OR
Fruit



FRIDAY

MSC Fish portion
tomato ketchup,
oven chips
peas & sweetcorn

Gluten Fish



Chocolate & orange muffin
OR
Fruit

Egg Gluten



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily **Coleslaw** **Egg** when served

Vegetarian meals can be
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FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers
diced potatoes
sweetcorn
& coleslaw

Milk Egg Gluten



Apple crumble &
custard
OR
Fruit

Milk Gluten



TUESDAY

Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
honey roast parsnips
& sliced carrots

Gluten Sulphur Dioxide Milk Egg



Cheese & crackers apple
wedge **OR**
Fruit

Milk Gluten



WEDNESDAY

MSC Fish fingers **Gluten Fish**
New potatoes

Peas & sweetcorn



Fruit yoghurt
OR
Fruit

Milk



THURSDAY

Roast chicken, stuffing &
gravy Yorkshire pudding
roast potatoes, cabbage
carrot & swede mash

Milk Egg Gluten



Chocolate brownie
OR
Fruit

Gluten



FRIDAY

MSC fish cake,
tomato ketchup,
jacket wedges
garden peas & sweetcorn

Fish Gluten



Cornflake tart
& Custard
OR
Fruit

Milk Gluten Sulphur Dioxide



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served