

SPRING 2022

MENU WEEK 1

WEEK COMMENCING

11 April, 2 May, 23 May,
13 June, 4 July,
25 July



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers
roast new potatoes
crunchy veg

Milk Egg Gluten



Raspberry ripple ice cream roll &
vanilla sauce

OR

Fruit salad

Egg Milk Soya Gluten



TUESDAY

MSC Fish portion
oven chips
sweetcorn & peas

Gluten Fish



Fruit yoghurt

OR

Fruit salad

Milk



WEDNESDAY

Jerk chicken & rice,
peas & mixed pepper
sticks

Mustard Sulphur Dioxide



Chocolate brownie

OR

Fruit salad

Gluten



THURSDAY

Roast gammon with pineapple
roast potatoes
mashed potatoes
green beans & sliced Carrots



Fruit jelly & shortbread finger

OR

Fruit salad

Gluten



FRIDAY

MSC fish fingers
tomato ketchup
diced potatoes
peas & sweetcorn

Gluten Fish



Jam sponge & custard

OR

Fruit salad

Milk Egg Gluten Sulphur Dioxide



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be
made available upon request

SPRING 2022

MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,
20 June, 11 July



FIRST COURSE

SECOND COURSE

MONDAY

Tomato & basil pasta
crusty bread &
Sweetcorn cobette

Gluten Sesame



Frozen yoghurt
& fruit
OR
Fruit salad

Milk



TUESDAY

Fish cake, diced potatoes, peas &
sweetcorn

Fish Gluten



Honey cake
& custard
OR
Fruit salad

Milk Gluten Egg



WEDNESDAY

Sweet & sour chicken and rice
cucumber sticks & sweetcorn

Celery



Butterscotch tart
OR
Fruit salad

Milk Gluten



THURSDAY

Sausages & gravy mashed potatoes
sliced carrots & broccoli

Gluten Sulphur Dioxide



Fruit flapjack
OR
Fruit salad

Gluten



FRIDAY

MSC Fish finger wrap
oven chips
garden peas
Sweetcorn

Gluten Fish Mustard



Lemon sponge
& custard
OR
Fruit salad

Milk Egg Gluten



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

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SPRING 2022

MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,
6 June, 27 June,
18 July



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza
the rainbow mix
carrot sticks

Milk Gluten



Chocolate mousse
& apple wedge
OR
Fruit salad

Milk



TUESDAY

Nottinghamshire sausages,
gravy, Yorkshire pudding
mashed potatoes,
baton carrots
broccoli

Gluten Sulphur Dioxide Milk Egg



Apricot slice
& custard
OR
Fruit salad

Milk Gluten



WEDNESDAY

Chilli beef tacos & rice

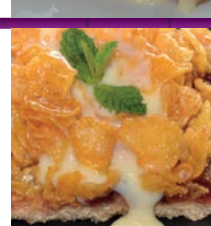
mixed salad, carrot &
cucumber sticks

Gluten Milk



Cornflake tart
& custard
OR
Fruit salad

Gluten Sulphur Dioxide Milk



THURSDAY

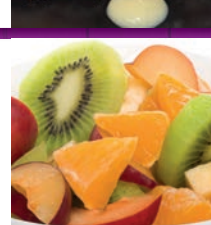
Roast turkey, stuffing & gravy
roast new potatoes
cabbge & sliced carrots

Gluten



Fruit cookie
OR
Fruit salad

Gluten



FRIDAY

MSC fish fingers
oven chips
garden peas sweetcorn

Fish Gluten



Cheese & biscuits
OR
Fruit salad

Milk Gluten



SERVED DAILY Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be
made available upon request