



**SPRING 2022**

## MENU WEEK 1

**WEEK COMMENCING**

**11 April, 2 May, 23 May,  
13 June, 4 July,  
25 July**



### MONDAY



Quorn dippers  
diced potatoes  
peas and carrots

Milk Egg Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

#### DESSERT



Jam sponge  
& custard

Egg Milk Gluten Sulphur Dioxide

OR Fruit salad



### TUESDAY



Lasagne  
crusty bread  
sweetcorn & mixed salad

Milk Gluten Sesame

OR



BBQ chicken tortilla wrap  
mixed salad

Gluten

#### DESSERT



Fruit yoghurt

Milk

OR Fruit salad



### WEDNESDAY



Sunshine pizza, seasoned  
jacket wedges, carrot  
& cucumber sticks &  
coleslaw

Milk Gluten Egg

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

#### DESSERT



Strawberry jelly  
& shortbread finger

Gluten

OR Fruit salad



### THURSDAY



Roast gammon with  
pineapple, roast potatoes  
mashed potatoes  
green beans

OR



Tortilla wrap with cheese  
salad, ham salad or tuna  
mayonnaise, mixed salad &  
cucumber sticks

Milk Egg Gluten Fish

#### DESSERT



Chocolate brownie

Gluten

OR Fruit salad



### FRIDAY



MSC fish fingers, tomato  
ketchup, diced potatoes  
peas & sweetcorn

Gluten Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

#### DESSERT



Raspberry ripple ice  
cream roll & vanilla sauce

Soya Milk Egg Gluten

OR Fruit salad



**AVAILABLE DAILY:** Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served. **Vegetarian** meals available upon request





SPRING 2022

## MENU WEEK 2

WEEK COMMENCING

18 April, 9 May, 30 May,  
20 June, 11 July



### MONDAY



Cheese & tomato parcel  
crunchy new potatoes  
ranch salad & sweetcorn

Gluten Milk Egg

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

#### DESSERT



Frozen yoghurt  
& fruit

Milk

OR Fruit salad



### TUESDAY



Spaghetti Bolognese  
cucumber & carrot sticks

Fish Gluten

OR



Ham & cheese hot sub roll  
carrot & cucumber sticks

Milk Gluten

#### DESSERT



Honey cake  
& custard

Milk Gluten Egg

OR Fruit salad



### WEDNESDAY



All day breakfast  
the rainbow mix

Egg Milk

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

#### DESSERT



Butterscotch tart

Milk Gluten

OR Fruit salad



### THURSDAY



Roast pork, stuffing  
& gravy, roast potatoes  
mashed potatoes

Gluten

OR



Tortilla wrap with cheese  
salad, ham salad or tuna  
mayonnaise, mixed salad,  
carrot & cucumber sticks

Milk Egg Gluten Fish

#### DESSERT



Fruit flapjack

Gluten

OR Fruit salad



### FRIDAY



MSC Fish finger wrap  
oven chips  
garden peas & sweetcorn

Gluten Fish Mustard

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

#### DESSERT



Lemon sponge  
& custard

Milk Egg Gluten

OR Fruit salad







SPRING 2022

## MENU WEEK 3

WEEK COMMENCING

4 April, 25 April, 16 May,  
6 June, 27 June,  
18 July



### MONDAY



Margherita pizza  
the rainbow mix  
carrot sticks  
Sweetcorn

Milk Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

DESSERT



Chocolate mousse  
& apple wedge

Milk

OR Fruit salad



### TUESDAY



Nottinghamshire sausages,  
gravy, Yorkshire pudding  
mashed potatoes,  
baton carrots  
broccoli

Gluten Sulphur Dioxide Milk Egg

OR



BBQ chicken tortilla wrap  
mixed salad

Gluten

DESSERT



Apricot slice  
& custard

Milk Gluten

OR Fruit salad



### WEDNESDAY



Tomato & basil pasta  
crusty bread  
mixed salad  
ranch salad

Gluten Sesame Egg

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

DESSERT



Cornflake tart  
& custard

Gluten Sulphur Dioxide Milk

OR Fruit salad



### THURSDAY



Roast beef, & gravy  
Yorkshire pudding  
roast new potatoes  
cabbage  
& sliced carrots

Milk Egg Gluten

OR



Ham & cheese hot sub roll  
carrot & cucumber sticks

Milk Gluten

DESSERT



Fruit cookie

Gluten

OR Fruit salad



### FRIDAY



MSC fish portion  
oven chips  
garden peas  
sweetcorn

Gluten Fish

OR



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

DESSERT



Fruit scone  
jam & cream

Milk Gluten Sulphur Dioxide

OR Fruit salad

