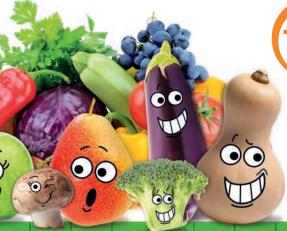


MENU WEEK

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct, 15 Nov, 6 Dec, 27 Dec







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Margherita pizza & roast potatoes crunchy vegetables

Milk Gluten



Porkies in gravy mashed potatoes carrots & cauliflower

Soya Gluten



Mediterranean tagliatelle crusty bread carrot & cucumber sticks

Milk Gluten Sesame



Sausages & gravy Yorkshire pudding, roast potatoes, carrot & swede mash & cabbage Sulphur dioxide Milk Egg



MSC fish fingers, tomato ketchup, diced potatoes peas & sweetcorn

Gluten Fish



Jacket potatoes with cheese, beans or tuna mixed salad & coleslaw Milk Egg Fish



BBQ chicken tortilla wrap pommes noisette mixed salad



Jacket potatoes with cheese, beans or tuna mixed salad Milk Egg Fish



Meatball Marinara sub roll carrot & cucumber sticks



Tortilla wrap with cheese salad, ham salad or tuna mayonnaise, diced potatoes & mixed salad Milk Egg Gluten Fish

DESSERT



Spiced carrot cake & custard

Egg Milk Gluten Sulphur Dioxide

OR Fruit salad



DESSERT



Fruit in jelly



DESSERT



Crispy jam tart & custard

Milk Gluten Sulphur Dioxide

OR Fruit salad



Honey & oatmeal cookie

Gluten



DESSERT



Pears with hot chocolate sauce & shortbread finger

Milk Gluten

OR Fruit salad



AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



MENU WEEK 2

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13 Dec







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pasta Neapolitan crusty bread sweetcorn & coleslaw

Gluten Milk Sulphur Dioxide Sesame Egg



Cheesy topped cottage pie & gravy carrots & cabbage

Milk Fish



BBQ turkey wrap seasoned wedges coleslaw & cucumber sticks

OR

Egg Gluten



Sausages & gravy Yorkshire pudding, roast potatoes, carrots & honey roast parsnips Milk Egg Gluten

Gluten Fish



Jacket potatoes with cheese, beans or tuna mixed salad & coleslaw

Milk Egg Fish



Meatball Marinara sub roll carrot & cucumber sticks

Jacket potatoes with cheese, beans or tuna mixed salad & coleslaw

Milk Egg Fish



Tortilla wrap with cheese salad, ham salad or tuna mayonnaise, carrot & cucumber sticks

OR

tomato ketchup, oven chips

MSC Fish portion

peas & sweetcorn



Jacket potatoes with cheese, beans or tuna mixed salad & coleslaw

Milk Egg Fish

DESSERT



Fruit flapjack

Gluten

OR Fruit salad



DESSERT



Butterscotch tart

Milk Gluten

Milk Gluten





DESSER1



Ginger sponge & custard

Egg Milk Gluten





DESSER'



Frozen yogurt & raspberry puree

Milk





DESSER



Chocolate & orange muffin

Egg Gluten

OR Fruit salad



AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



MENU WEEK 3

WEEK COMMENCING

6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers diced potatoes sweetcorn & coleslaw

Milk Egg Gluten



Nottinghamshire sausages, gravy, Yorkshire pudding mashed potatoes, honey roast parsnips & sliced carrots

Gluten Sulphur Dioxide Milk Egg



Cheesy tomato pasta crusty bread mixed salad & coleslaw Roast pork, stuffing & gravy

Yorkshire pudding roast potatoes cabbage, carrot & swede mash

OR

Milk Egg Gluten



MSC fish cake, tomato ketchup, roast new potatoes garden peas & sweetcorn



Jacket potatoes with cheese, beans or tuna mixed salad



BBQ chicken tortilla wrap new potatoes mixed salad



Jacket potatoes with cheese, beans or tuna mixed salad

Ham & cheese hot sub roll carrot & cucumber sticks

OR



Tortilla wrap with cheese salad, ham salad or tuna mayonnaise, carrot & cucumber sticks





Apple & plum crumble & custard

Milk Gluten

OR Fruit salad



DESSERT



Rice pudding & jam

Milk Sulphur Dioxide

OR Fruit salad



DESSERT



Fruit yoghurt

OR Fruit salad



DESSERT



Chocolate brownie

OR Fruit salad



DESSERT



Cornflake tart & Custard

Milk Gluten Sulphur Dioxide

OR Fruit salad



AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request