



AUTUMN WINTER 2021

MENU WEEK 1

WEEK COMMENCING

13 Sept, 4 Oct, 25 Oct,
15 Nov, 6 Dec, 27 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Margherita pizza **Milk Gluten**
& roast potatoes
crunchy vegetables

OR

Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Spiced carrot cake
Egg **Gluten Sulphur Dioxide**
& custard **Milk**

OR
Fruit



TUESDAY

Porkies in gravy **Soya Gluten** mashed potatoes
carrots & cauliflower

OR

Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Fruit in jelly

OR
Fruit



WEDNESDAY

Mediterranean tagliatelle **Milk Gluten** crusty bread
Gluten Sesame
carrot & cucumber sticks

OR

Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Crispy jam tart
Gluten Sulphur Dioxide
& custard **Milk**

OR
Fruit



THURSDAY

Roast beef & gravy
Yorkshire pudding **Milk Egg Gluten**
roast potatoes,
carrot & swede mash & cabbage

OR

Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Honey & oatmeal
cookie **Gluten**

OR
Fruit

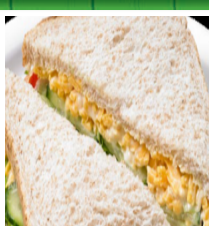


FRIDAY

MSC fish fingers **Gluten Fish** tomato ketchup, diced
potatoes peas & sweetcorn

OR

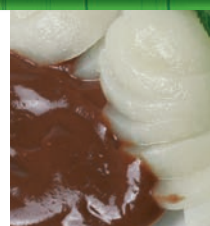
Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Pears with hot
chocolate sauce
& shortbread finger

Gluten Milk

OR
Fruit



SERVED DAILY

Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be
made available upon request



AUTUMN WINTER 2021

MENU WEEK 2

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct,
1 Nov, 22 Nov, 13 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Pasta Neapolitan **Gluten Milk Sulphur Dioxide** crusty bread **Gluten Sesame** sweetcorn & coleslaw **Egg**
OR
Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Fruit flapjack **Gluten**
OR
Fruit



TUESDAY

Cheesy topped cottage pie **Milk Fish** & gravy carrots & cabbage
OR
Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Butterscotch tart **Milk**
Gluten
OR
Fruit



WEDNESDAY

BBQ turkey wrap **Gluten** seasoned wedges coleslaw **Egg** & cucumber sticks
OR
Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Ginger sponge **Egg**
Gluten
& custard **Milk**
OR
Fruit



THURSDAY

Roast gammon & gravy Yorkshire pudding **Milk Egg Gluten** roast potatoes, carrots & honey roast parsnips
OR
Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Frozen yogurt **Milk** & raspberry puree
OR
Fruit



FRIDAY

MSC Fish portion **Fish Gluten** tomato ketchup, oven chips peas & sweetcorn
OR
Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Chocolate & orange muffin
Gluten Egg
OR
Fruit



SERVED DAILY

Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be made available upon request



AUTUMN WINTER 2021

MENU WEEK 3

WEEK COMMENCING

6 Sept, 27 Sept, 18 Oct,
8 Nov, 29 Nov, 20 Dec



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers **Milk Egg Gluten**
diced potatoes
sweetcorn
& coleslaw **Egg**

OR

Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Apple & plum
crumble **Gluten**
& custard **Milk**
OR
Fruit



TUESDAY

Nottinghamshire sausages **Gluten Sulphur Dioxide**
gravy, Yorkshire pudding **Gluten Milk Egg** mashed
potatoes, honey roast parsnips
& sliced carrots

OR

Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Rice pudding & jam
Milk Sulphur Dioxide
OR
Fruit



WEDNESDAY

Cheesy tomato pasta **Milk Gluten**
crusty bread **Gluten Sesame**
mixed salad
& coleslaw **Egg**

OR

Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Fruit yoghurt **Milk**
OR
Fruit



THURSDAY

Roast pork, stuffing & gravy **Gluten** Yorkshire
pudding **Milk Egg Gluten**
roast potatoes, cabbage
carrot & swede mash

OR

Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Chocolate brownie
Gluten
OR
Fruit



FRIDAY

MSC fish cake **Fish Gluten**
tomato ketchup,
jacket wedges
garden peas & sweetcorn

OR

Sandwich with assorted fillings **Allergens on the pkt**
Crunchy vegetables



Cornflake tart **Gluten**
Sulphur Dioxide
& Custard **Milk**
OR
Fruit



SERVED DAILY Best of both bread **Gluten and Soya** Seasonal vegetables available daily Coleslaw **Egg** when served

Vegetarian meals can be
made available upon request