

## My School Manu

Winter 2025 - 2026

### Week commencing

3<sup>rd</sup> November 24<sup>th</sup> November 15<sup>th</sup> December 5<sup>th</sup> January 26<sup>th</sup> January 9<sup>th</sup> March



	Monday	Tuesday	Wednesday	Thursday	Friday			
Option 1	Tortelloni Formaggio Gluten Egg Milk in a tomato & basil sauce with garlic bread Gluten Soya Milk	Pacific Salmon, broccoli, pea & cream cheese pasta Gluten Fish Milk Mustard Soya	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Lemon & herb chicken Sulphur Dioxide with mashed potato & corn on the cob	Fishcake Cob Gluten Fish Sesame with lemon mayonnaise Egg Sulphur Dioxide, oven chips & peas			
<u>~</u>	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg							
Pudding	Classic iced 'school' cake Egg Gluten Milk	Spiced apple crumble Gluten with custard Milk	Pinwheel cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Custard tart Milk Gluten			







### Monday Tuesday Wednesday **Thursday** Friday Cheesy Naan bread All day brunch Roast meat of the Chicken & coconut Tempura battered Nottinghamshire MSC Pollock taco pizza day curry Milk Gluten with Milk Gluten Soya Fish sausage with Gluten Sulphur with rice with Yorkshire Dioxide curried veg slaw Bombay potatoes pudding & Egg Milk Egg Gluten naan bread & roast potatoes, bacon oven chips with carrots, broccoli hash browns, baked & beans & gravy scrambled eggs Egg Milk Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg Chocolate New York Sticky toffee Cardamom rice JimJam 'nut free' chocolate croissant & cheesecake pudding pudding orange cookie Gluten Soya Milk Milk Egg Gluten Milk Gluten Milk with custard Gluten Milk







## 17th November, 8th December,

19th January, 9th February, 2<sup>nd</sup> March, 23<sup>rd</sup> March

# Taste ASIA

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	Monday	Tuesday	Wednesday	Thursday	Friday			
Option 1	Quorn Mustard teriyaki Udon noodles Gluten Soya with a vegetable spring roll Gluten Egg Milk Soya Celery	Chicken & vegetable fajitas Gluten with smoky jacket wedges & tomato salsa Sesame	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Honey chicken filled bao bun Gluten Soya Sesame with sticky rice & crunchy vegetable sticks	Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas			
<b>5</b> 55	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg							
Pudding	Zesty lemon jelly with a cookie Gluten	Iced carrot cake Gluten Egg Sulphur Dioxide	Chocolate Cracknell Gluten Milk	Butterscotch shortcake Gluten Milk Soya	JimJam 'Nut Free' Chocolate brownie Egg Milk Gluten			
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