### Spring Summer 2020

**Week 1**

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

**Available Daily:** Best of both bread and Soya. Seasonal vegetables available daily. Coleslaw & egg when served. Vegetarian meals available upon request.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Margherita pizza &amp; new potatoes&lt;br&gt;Milk, Gluten</td>
<td>Venison burger in a wholemeal bun &amp; carrot fries&lt;br&gt;Soya Milk, Egg, Gluten, Sesame, Sulphur Dioxide</td>
<td>Chicken &amp; broccoli bake with crusty bread&lt;br&gt;Mustard Milk, Gluten, Sesame</td>
<td>Nottinghamshire sausage, Yorkshire pudding, mashed potatoes &amp; gravy&lt;br&gt;Milk, Egg, Sulphur Dioxide</td>
<td>Fish finger wrap &amp; diced potatoes&lt;br&gt;Fish, Gluten</td>
</tr>
<tr>
<td>OR</td>
<td>OR</td>
<td>OR</td>
<td>OR</td>
<td>OR</td>
</tr>
<tr>
<td>Squash &amp; sweet potato macaroni cheese &amp; garlic bread&lt;br&gt;Mustard Milk, Gluten</td>
<td>Quorn burger in a bun &amp; carrot fries&lt;br&gt;Soya Milk, Egg, Gluten, Sesame</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad&lt;br&gt;Milk, Fish</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes&lt;br&gt;Milk, Egg, Gluten</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad&lt;br&gt;Milk, Egg, Fish</td>
</tr>
<tr>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
</tr>
<tr>
<td>Cornflake tart &amp; custard&lt;br&gt;Milk, Gluten, Sulphur Dioxide</td>
<td>Chocolate &amp; orange cookie &amp; milkshake&lt;br&gt;Milk, Gluten</td>
<td>Spiced carrot cake &amp; custard&lt;br&gt;Milk, Egg, Gluten, Sulphur Dioxide</td>
<td>Marble sponge &amp; custard&lt;br&gt;Milk, Egg, Gluten</td>
<td>Oatmeal &amp; yoghurt muffin&lt;br&gt;Milk, Egg</td>
</tr>
</tbody>
</table>

---

*East Markham Primary School*
## SPRING SUMMER 2020
### MENU WEEK 2

**WEEK COMMENCING**
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>All day breakfast &amp; diced potatoes</td>
<td>Roast gammon &amp; pineapple with mashed &amp; roast potatoes</td>
<td>Fish goujons tomato ketchup &amp; oven chips</td>
</tr>
<tr>
<td>Soy Milk Gluten</td>
<td>Milk Fish Gluten</td>
<td>Milk Egg</td>
<td>Soy Milk Gluten</td>
<td>Fish Gluten</td>
</tr>
<tr>
<td>OR</td>
<td>OR</td>
<td>OR</td>
<td>OR</td>
<td>OR</td>
</tr>
<tr>
<td>Cheesy bean pie</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Pasta Neopolitan &amp; garlic bread</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk Egg Fish</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Egg Gluten</td>
<td>Milk Egg Fish</td>
</tr>
<tr>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
</tr>
<tr>
<td>Pineapple cake &amp; cream</td>
<td>Honey cake</td>
<td>Butterscotch tart</td>
<td>Scone with jam &amp; cream</td>
<td>Fruit flapjack &amp; milkshake</td>
</tr>
<tr>
<td>Milk Egg Gluten</td>
<td>Milk Egg Gluten</td>
<td>Soy Milk Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
</tr>
</tbody>
</table>

## AVAILABLE DAILY:
- Best of both bread
- Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw egg when served
- Vegetarian meals available upon request

---

East Markham Primary School | 01252 399 504 - 3920
# MENU WEEK 3

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

**SPRING SUMMER 2020**

**MONDAY**
- Quorn dippers & tabbouleh
  - Milk, Egg, Gluten

**TUESDAY**
- Toad in the hole & mashed potatoes
  - Milk, Egg, Sulphur Dioxide
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish

**WEDNESDAY**
- Beef lasagne & garlic bread
  - Mustard, Milk, Fish, Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish

**THURSDAY**
- Roast chicken, stuffing & gravy with mashed & roast potatoes
  - Gluten
- Quorn roast, stuffing, gravy, mashed & roast potatoes
  - Milk, Egg, Gluten

**FRIDAY**
- MSC Breaded fish & mashed potato
  - Fish, Gluten
- Vegetable & cheese bake with jacket wedges
  - Mustard, Milk, Gluten

**DESSERT**
- Raspberry ripple ice cream roll
  - Soya, Milk, Egg, Gluten
- Lemon sponge pudding & custard
  - Soya, Milk, Egg, Sulphur Dioxide
- Raspberry swirl sponge & custard
  - Milk, Egg, Gluten
- Chocolate brownie
  - Gluten
- Pancake with frozen yoghurt & orange
  - Milk, Egg, Gluten

**AVAILABLE DAILY:**
- Best of both bread and Soya
- Seasonal vegetables available daily
- Coleslaw when served
- Vegetarian meals available upon request