

My School Manu

Winter 2025 - 2026

Week commencing

Monday

Cheesy tomato

pizza muffin

Sova milk Gluten

Sesame

With

Potato balls

&

Seasonal

vegetables

3<sup>rd</sup> November 24<sup>th</sup> November 15<sup>th</sup> December 5<sup>th</sup> January 26<sup>th</sup> January 9<sup>th</sup> March



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# Tuesday

Spaghetti Bolognese Gluten Mustard Soya With

garlic bread Soya milk Gluten & sweetcorn

#### Wednesday

Nottinghamshire sausage Gluten sulphur dioxide with Yorkshire pudding Milk Egg Gluten Mashed potatoes,

carrots, broccoli & gravy

### Thursday

Beef burger Gluten sesame Sulphur dioxide with potato wedges & Baked beans

Friday Fishcake Cob

Gluten Fish Sesame with lemon mayonnaise Egg Sulphur Dioxide, oven chips &

peas



#### Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg & salad

Classic iced 'school' cake Egg Gluten Milk

Spiced apple crumble Gluten with custard Milk

Pinwheel cookie Gluten

**Donuts** Sova Milk Gluten Egg Sesame

Cornflake tart Gluten Sulphur dioxide & Custard Milk





#### Monday

Vegetarian roll
Soya Milk Gluten
With
Potato balls,
sweetcorn
&
peas

# Tuesday

All day brunch
Nottinghamshire
sausage
Gluten Sulphur
Dioxide
&
bacon
with
hash browns,
baked beans &
scrambled eggs

#### Wednesday

Roast chicken
with
Yorkshire
pudding
Milk Egg Gluten
roast potatoes,
carrots, broccoli
&
gravy

#### **Thursday**

Chicken &
coconut curry
Milk
With
Rice
&
naan bread
Gluten

#### Friday

MSC fish finger cob
Gluten Sesame Fish
with
oven chips,
sweetcorn
&
baked beans



Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg & salad

Chocolate & orange cookie Gluten New York cheesecake Gluten Soya Milk

Egg Milk

Sticky toffee pudding Milk Egg Gluten with custard Milk Chocolate brownie Gluten

JimJam 'nut free' chocolate croissant Gluten Milk







# Week commencing

17th November, 8th December, 19th January, 9th February, 2<sup>nd</sup> March, 23<sup>rd</sup> March

# Taste ASIA

	Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1	Quorn dippers Gluten with potato balls & Vegetable sticks	Chicken & vegetable fajitas Gluten with smoky jacket wedges & tomato salsa Sesame	Roast gammon with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Tomato & herb pasta bake Gluten Soya Mustard Milk with garlic bread Soya Milk Gluten	Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas	
<b>555</b>	Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg & salad					
udding	Gingerbread cookie Gluten	Jam crumble Gluten Sulphur Dioxide & Custard	Chocolate Crispie Gluten	Butterscotch shortcake Gluten Milk Soya	Chocolate muffin Gluten Egg	



