**Nottinghamshire County Council**

**SPRING SUMMER 2020**

**MENU WEEK 1**

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td><img src="image4.png" alt="Image" /></td>
<td><img src="image5.png" alt="Image" /></td>
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<tr>
<td>Margherita pizza &amp; new potatoes</td>
<td>Venison burger in a wholemeal bun &amp; carrot fries</td>
<td>Chicken &amp; broccoli bake with crusty bread</td>
<td>Nottinghamshire sausage, Yorkshire pudding, mashed potatoes &amp; gravy</td>
<td>Fish finger wrap &amp; diced potatoes</td>
</tr>
<tr>
<td>Milk Gluten</td>
<td>Soya Milk Egg Gluten Sesame Sulphur Dioxide</td>
<td>Mustard Milk Gluten Sesame</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Fish Gluten</td>
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</table>

**OR**

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<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Quorn burger in a bun &amp; carrot fries</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Quorn sausage, Yorkshire pudding, gravy &amp; mashed potatoes</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Milk Egg Fish</td>
<td>Soya Milk Egg Gluten Sesame</td>
<td>Milk Fish</td>
<td>Milk Egg Gluten</td>
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**DESSERT**

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<tr>
<td>Fruit yoghurt &amp; apple wedge</td>
<td>Lemon sponge pudding &amp; custard</td>
<td>Spiced carrot cake &amp; custard</td>
<td>Seasonal fruit crumble &amp; custard</td>
<td>St Clement sponge &amp; custard</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
<td>Milk Egg Gluten</td>
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**AVAILABLE DAILY:** Best of both bread & Soya Seasonal vegetables available daily Coleslaw when served. Vegetarian meals available upon request.
SPRING  SUMMER 2020

WEEKLY MENU  WEEK 2

WEEK COMMENCING
2 Mar, 23 Mar, 13 April,
4 May, 25 May, 15 June,
6 July, 27 July

AVAILABLE DAILY: Best of both bread  Gluten and Soya  Seasonal vegetables available daily  Coleslaw  Egg when served. Vegetarian meals available upon request

**MONDAY**
- Vegan sausage roll, gravy & jacket wedges
  - Soya Gluten

**TUESDAY**
- Chicken & mushroom pie, new potatoes & gravy
  - Celery Milk Gluten

**WEDNESDAY**
- Pasta Neopolitan & garlic bread
  - Milk Gluten Sulphur Dioxide

**THURSDAY**
- Roast gammon & pineapple with mashed & roast potatoes

**FRIDAY**
- Fish goujons tomato ketchup & oven chips
  - Fish Gluten

OR

**MONDAY**
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Egg Fish

**TUESDAY**
- Quorn & vegetable pie, new potatoes & gravy
  - Egg Gluten

**WEDNESDAY**
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Egg Fish

**THURSDAY**
- Quorn roast, stuffing, gravy, mashed & roast potatoes
  - Milk Egg Gluten

**FRIDAY**
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Egg Fish

DESSERT
- Cheese, crackers & apple wedge
  - Milk Gluten

- Honey cake
  - Milk Egg Gluten

- Butterscotch tart
  - Milk Gluten

- Fruit yoghurt & apple wedge
  - Milk

- Fruit flapjack & milkshake
  - Milk Gluten
### WEEK COMMENCING
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

### Menu Week 3

#### Monday
- **Quorn dippers & tabbouleh**
  - *Milk, Egg, Gluten*
- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - *Milk, Egg, Fish*
- **Raspberry ripple ice cream roll**
  - *Soya, Milk, Egg, Gluten*

#### Tuesday
- **Toad in the hole & mashed potatoes**
  - *Milk, Egg, Gluten, Sulphur Dioxide*
- **Yorkshire pudding with vegetarian sausage & gravy**
  - *Soya, Milk, Egg, Gluten, Sulphur Dioxide*
- **Lemon sponge pudding & custard**
  - *Milk, Egg, Gluten, Sulphur Dioxide*

#### Wednesday
- **Beef lasagne & garlic bread**
  - *Mustard, Milk, Fish, Gluten*
- **Vegetable lasagne & garlic bread**
  - *Mustard, Celery, Milk, Gluten*
- **Fruit yoghurt & apple wedge**
  - *Milk*

#### Thursday
- **Roast chicken, stuffing & gravy with mashed & roast potatoes**
  - *Gluten*
- **Quorn roast, stuffing, gravy, mashed & roast potatoes**
  - *Milk, Egg, Gluten*
- **Chocolate brownie**
  - *Gluten*

#### Friday
- **MSC Breaded fish & diced potatoes**
  - *Fish, Gluten*
- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - *Milk, Egg, Fish*
- **Raspberry muffin**
  - *Egg, Gluten*

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### Available Daily
- Best of both bread, Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw when served
- Vegetarian meals available upon request