# MENU WEEK 1

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

## MONDAY
- **Margherita pizza & new potatoes**
  - Milk, Gluten

## TUESDAY
- **Venison burger in a wholesome bun & carrot fries**
  - Soya, Milk, Egg, Gluten, Sesame, Sulphur Dioxide
- **Or**
  - **Quorn burger in a bun & carrot fries**
  - Soya, Milk, Egg, Gluten, Sesame

## WEDNESDAY
- **Chicken & broccoli bake with crusty bread**
  - Mustard, Milk, Gluten, Sesame
- **Or**
  - **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Milk, Egg, Fish

## THURSDAY
- **Roast chicken, stuffing & gravy with mashed & roast potatoes**
  - Gluten
- **Or**
  - **Quorn roast, stuffing, gravy, mashed & roast potatoes**
  - Milk, Egg, Fish

## FRIDAY
- **Cheesy tomato pasta & garlic bread**
  - Milk, Gluten
- **Or**
  - **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Milk, Egg, Fish

## DESSERTS
- **Cornflake tart & custard**
  - Milk, Gluten, Sulphur Dioxide
- **Chocolate & orange cookie & milkshake**
  - Milk, Gluten
- **Strawberry Eton mess**
  - Milk, Egg
- **Fruit yoghurt & apple wedge**
  - Milk
- **Oatmeal & yoghurt muffin**
  - Milk, Egg, Gluten

## AVAILABLE DAILY:
- Best of both bread and Soya
- Seasonal vegetables available daily
- Coleslaw available daily
- Vegetarian meals available upon request
- Coleslaw available daily
- Vegetarian meals served when served

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**SPRING ≠ SUMMER 2020**

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

- **Squash & sweet potato macaroni cheese & garlic bread**
  - Mustard, Milk, Gluten

- **Quorn burger in a bun & carrot fries**
  - Soya, Milk, Egg, Gluten, Sesame

- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Milk, Egg, Fish

- **Quorn roast, stuffing, gravy, mashed & roast potatoes**
  - Milk, Egg, Fish

- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Milk, Egg, Fish

- **Cornflake tart & custard**
  - Milk, Gluten, Sulphur Dioxide

- **Chocolate & orange cookie & milkshake**
  - Milk, Gluten

- **Strawberry Eton mess**
  - Milk, Egg

- **Fruit yoghurt & apple wedge**
  - Milk

- **Oatmeal & yoghurt muffin**
  - Milk, Egg, Gluten

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**AVAILABLE DAILY:** Best of both bread and Soya, Seasonal vegetables available daily, Coleslaw available daily, Vegetarian meals available upon request.
### Spring Summer 2020 Menu Week 2

**WEEK COMMENCING**
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

**AVAILABLE DAILY:** Best of both bread, Gluten and Soya, Seasonal vegetables available daily, Coleslaw available daily, Coleslaw when served. Vegetarian meals available upon request.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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</thead>
<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>All day breakfast &amp; diced potatoes</td>
<td>Nottinghamshire sausage, Yorkshire pudding, mashed potatoes &amp; gravy</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
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<tr>
<td>Soya Gluten</td>
<td>Milk Fish Gluten</td>
<td>Milk Egg</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
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<tr>
<td>Cheesy bean pie</td>
<td>Quorn spaghetti bolognese &amp; garlic bread</td>
<td>Vegetarian all day breakfast &amp; diced potatoes</td>
<td>Quorn sausage, Yorkshire pudding, gravy &amp; mashed potatoes</td>
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<td>Milk</td>
<td>Milk Egg Gluten</td>
<td>Soya Milk Egg Gluten Sulphur Dioxide</td>
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<td>Fruit yoghurt &amp; apple wedge</td>
<td>Raspberry pavlova</td>
<td>Butterscotch tart</td>
<td>Scone with jam &amp; cream</td>
<td>Fruit flapjack with jam &amp; milkshake</td>
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**OUR MENUS ARE DESIGNED TO MAKE THE BEST USE OF SEASONAL INGREDIENTS**

West Bridgford Junior School

**D&P 5391 UPRN:** 3083130

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2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July
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<tr>
<td>Quorn dippers &amp; tabbouleh</td>
<td>Toad in the hole &amp; mashed potatoes</td>
<td>Beef curry, rice &amp; naan bread</td>
<td>Roast chicken, stuffing &amp; gravy with mashed &amp; roast potatoes</td>
<td>MSC Breaded fish &amp; mashed potato</td>
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<tr>
<td>Milk Egg</td>
<td>Milk Egg Sulphur Dioxide</td>
<td>Mustard Celery &amp; Milk Gluten</td>
<td>Gluten</td>
<td>Fish Gluten</td>
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<td>Tomato &amp; basil pasta &amp; garlic bread</td>
<td>Yorkshire pudding with vegetarian sausage &amp; gravy</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
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<td>Raspberry ripple ice cream roll</td>
<td>Crispy jam tart &amp; custard</td>
<td>Mixed fresh fruit in jelly with shortbread finger</td>
<td>Chocolate brownie</td>
<td>Raspberry muffin</td>
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<td>Soya Milk Egg Gluten</td>
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**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request