## Menu Week 1

**Springsummer 2020**

**St Wilfrid’s C of E Primary School**

**WEEK COMMENCING**

- 24 Feb
- 16 Mar
- 6 April
- 27 April
- 18 May
- 6 June
- 27 April
- 18 May
- 8 June
- 29 June
- 20 July

### Monday

- **Margherita pizza** & new potatoes
  - Milk, Gluten

### Tuesday

- **Venison burger** in a wholemeal bun & carrot fries
  - Soy, Milk, Egg, Gluten, Sesame, Sulphur Dioxide
- **Chicken & broccoli bake** with crusty bread
  - Mustard, Milk, Gluten, Sesame

### Wednesday

- **Jacket potatoes** with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish
- **Margherita pizza** & new potatoes
  - Milk, Gluten

### Thursday

- **Nottinghamshire sausage**, Yorkshire pudding, mashed potatoes & gravy
  - Milk, Egg, Gluten, Sulphur Dioxide
- **Fish finger wrap** & diced potatoes
  - Fish, Gluten

### Friday

- **Cheesy tomato pasta** & garlic bread
  - Milk, Gluten
- **Jacket potatoes** with cheese, beans or tuna & mixed salad
  - Milk, Gluten, Fish

### Dessert

- **Strawberry mousse** & fruit
  - Milk
- **Chocolate & orange cookie** & milkshake
  - Milk, Gluten
- **Fruit yoghurt** & apple wedge
  - Milk
- **Marble sponge** & custard
  - Milk, Egg, Gluten
- **Oatmeal & yoghurt muffin**
  - Milk, Egg

**Available Daily:** Best of both bread & Coleslaw, available daily, Coleslaw & Coleslaw when served. Vegetarian meals available upon request.
SPRING SUMMER 2020
MENU WEEK 2
WEEK COMMENCING
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

Available daily:
- Best of both bread and gluten
- Seasonal vegetables available daily
- Coleslaw
- Egg served when served.
- Vegetarian meals available upon request

MONDAY
- Vegan sausage roll, gravy & jacket wedges
  - Soya Gluten

OR
- Tomato & basil pasta & garlic bread
  - Milk Gluten

DESSERT
- Pineapple cake & cream
  - Milk Egg Gluten

TUESDAY
- Spaghetti bolognese & garlic bread
  - Milk Fish Gluten

OR
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Fish Egg

DESSERT
- Honey cake
  - Milk Egg Gluten

WEDNESDAY
- All day breakfast & diced potatoes
  - Milk Egg

OR
- Pasta Neapolitan & garlic bread
  - Milk Gluten Sulphur Dioxide

DESSERT
- Butterscotch tart
  - Milk Gluten

THURSDAY
- Roast gammon & pineapple with mashed & roast potatoes
  - Milk Egg

OR
- Quorn roast, stuffing, gravy, mashed & roast potatoes
  - Milk Egg Gluten

DESSERT
- Fruit yoghurt & apple wedge
  - Milk

FRIDAY
- Fish goujons tomato ketchup & oven chips
  - Fish Gluten

OR
- Salmon & sweet potato fishcake & oven chips
  - Mustard Soya Milk Egg Fish Gluten Sesame

DESSERT
- Fruit flapjack & milkshake
  - Milk Gluten

Available daily:
- Best of both bread and gluten
- Seasonal vegetables available daily
- Coleslaw
- Egg served when served.
- Vegetarian meals available upon request

St Wilfrid’s C of E Primary School
**SPRING SUMMER 2020**  
**MENU WEEK 3**

**WEEK COMMENCING**  
9 Mar, 30 Mar, 20 April,  
11 May, 1 June, 22 June,  
13 July

### Monday
- Quorn dippers & tabbouleh  
  - Milk, Egg, Gluten

### Tuesday
- Jacket potatoes with cheese, beans or tuna & mixed salad  
  - Milk, Egg, Fish
- Tomato & basil pasta & garlic bread  
  - Milk, Gluten

### Wednesday
- Beef lasagne & garlic bread  
  - Mustard, Milk, Fish, Gluten
- Roast chicken, stuffing & gravy with mashed & roast potatoes  
  - Gluten

### Thursday
- Toad in the hole & mashed potatoes  
  - Milk, Egg, Gluten Sulphur Dioxide
- Tomato & basil pasta & garlic bread  
  - Milk, Gluten
- Roast chicken, stuffing & gravy with mashed & roast potatoes  
  - Gluten

### Friday
- Jacket potatoes with cheese, beans or tuna & mixed salad  
  - Milk, Egg, Fish
- Vegetable & cheese bake with jacket wedges  
  - Mustard, Milk, Gluten

### Dessert
- Fruit yoghurt & apple wedge  
  - Milk
- Lemon sponge pudding & custard  
  - Milk, Egg, Gluten Sulphur Dioxide
- Raspberry swirl sponge & custard  
  - Milk, Egg, Gluten
- Chocolate brownie  
  - Gluten
- Raspberry muffin  
  - Egg, Gluten

**Available daily:** Best of both bread, Gluten and Soya, Seasonal vegetables available daily, Coleslaw when served. Vegetarian meals available upon request.

---

**St Wilfrid’s C of E Primary School  
D&P 5391 UPRN 001448**