## Menu: Week 1

**Spring Summer 2020**

**WEEK COMMENCING**

- 24 Feb
- 16 Mar
- 6 April
- 27 April
- 18 May
- 8 June
- 29 June
- 20 July

### Monday

- **Margherita pizza & new potatoes**
  - Milk
  - Gluten

### Tuesday

- **Venison burger in a wholemeal bun & carrot fries**
  - Soya
  - Milk
  - Egg
  - Gluten
  - Sesame
  - Sulphur Dioxide

### Wednesday

- **Tuna & sweetcorn pasta & garlic bread**
  - Milk
  - Fish

### Thursday

- **Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy**
  - Milk
  - Egg
  - Gluten
  - Sulphur Dioxide

### Friday

- **Fish finger wrap & diced potatoes**
  - Milk
  - Fish

### Options

- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Milk
  - Egg
  - Fish

### Dessert

- **Strawberry mousse & fruit**
  - Milk

- **Chocolate & orange cookie & milkshake**
  - Milk

- **Strawberry Eton mess**
  - Milk

- **Marble sponge & custard**
  - Milk

- **Oatmeal & yoghurt muffin**
  - Milk

### Available Daily:

- Best of both bread & Soup
- Seasonal vegetables available daily
- Coleslaw
- Egg when served

Vegetarian meals available upon request

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**St Swithun’s C of E Primary and Nursery School**

[Food for Life SFA Logo]

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**D&P 5391 UPRN**

**SPRING ≠ SUMMER 2020 WEEK COMMENCING**

- 24 Feb, 16 Mar, 6 April,
  - 27 April, 18 May, 8 June,
  - 29 June, 20 July

**Jacket potatoes with cheese, beans or tuna & mixed salad**

**Strawberry mousse & fruit**

**Fish finger wrap & diced potatoes**

**Fruit yoghurt & apple wedge**

**Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy**

**Fruit yoghurt & apple wedge**

**Milk**

**Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy**

**Strawberry mousse & fruit**

**Fish finger wrap & diced potatoes**

**Fruit yoghurt & apple wedge**

**Milk**

**Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy**

**Strawberry mousse & fruit**

**Fish finger wrap & diced potatoes**

**Fruit yoghurt & apple wedge**

**Milk**

**Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy**

**Strawberry mousse & fruit**

**Fish finger wrap & diced potatoes**

**Fruit yoghurt & apple wedge**

**Milk**
**AVAILABLE DAILY:** Best of both bread, Gluten and Soya. Seasonal vegetables available daily. Coleslaw when served. Vegetarian meals available upon request.

**SPRING SUMMER 2020**

**MENU WEEK 2**

**WEEK COMMENCING**
2 Mar, 23 Mar, 13 April,
4 May, 25 May, 15 June,
6 July, 27 July

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>BBQ pork wrap &amp; new potatoes</td>
<td>Nottinghamshire sausage, Yorkshire pudding, mashed potatoes &amp; gravy</td>
<td>Fish goujons tomato ketchup &amp; oven chips</td>
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</tbody>
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**OR**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
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<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
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**DESSERT**

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<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Cheese, crackers &amp; apple wedge</td>
<td>Honey cake</td>
<td>Butterscotch tart</td>
<td>Scone with jam &amp; cream</td>
<td>Fruit flapjack &amp; milkshake</td>
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<table>
<thead>
<tr>
<th>Milk Gluten</th>
<th>Milk Egg Gluten</th>
<th>Fruit yoghurt &amp; apple wedge</th>
<th>Milk Gluten Subhur Dioxide</th>
<th>Milk Gluten</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soya Gluten</td>
<td>Milk Fish Gluten</td>
<td>Gluten</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
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<tr>
<td>Milk Fish</td>
<td>Milk Fish</td>
<td>Milk</td>
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**ST SWITHUN’S C OF E PRIMARY AND NURSERY SCHOOL**
### Menu Spring Summer 2020

**Week Week 3**

**WEEK COMMENCING**

9 Mar, 30 Mar, 20 April,
11 May, 1 June, 22 June,
13 July

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg served. Vegetarian meals available upon request

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td>Tomato &amp; basil pasta &amp; garlic bread</td>
<td>Toad in the hole &amp; mashed potatoes</td>
<td>Beef curry, rice &amp; naan bread</td>
<td>Roast chicken, stuffing &amp; gravy with mashed &amp; roast potatoes</td>
<td>MSC Breaded fish &amp; mashed potato</td>
</tr>
<tr>
<td>Milk Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Mustard Celery &amp; Milk Gluten</td>
<td>Gluten</td>
<td>Fish Gluten</td>
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<td>OR</td>
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<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
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<tr>
<td>Milk Egg Fish</td>
<td>Soya Milk Egg Fish Gluten Sesame</td>
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<td>Soya Milk Egg Fish &amp; Gluten Sesame</td>
<td>Milk Egg Fish</td>
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<tr>
<td>Raspberry ripple ice cream roll</td>
<td>Lemon sponge pudding &amp; custard</td>
<td>Raspberry swirl sponge &amp; custard</td>
<td>Chocolate brownie</td>
<td>Raspberry muffin</td>
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<tr>
<td>Soya Milk Egg Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
<td>Gluten</td>
<td>Egg Gluten</td>
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<tr>
<td>Fruit yoghurt &amp; apple wedge</td>
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