**SPRING  SUMMER 2020**

**MENU WEEK 1**

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

**MONDAY**

**MAINS**
- Margherita pizza & new potatoes
  - Milk Gluten
- Squash & sweet potato macaroni cheese & garlic bread
  - Mustard Milk Gluten
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya Milk Fish Gluten Sesame

**DESSERTS**
- Cornflake tart & custard
  - Milk Gluten Sulphur Dioxide
- Cheese, crackers & apple wedge
  - Milk Gluten
- Fruit salad
- Fruit yogurt & apple wedge
  - Milk

**TUESDAY**

**MAINS**
- Venison burger in a wholemeal bun & carrot fries
  - Soya Milk Egg Gluten Sesame Sulphur Dioxide
- Meatfree burger in a wholemeal bun & carrot fries
  - Soya Milk Egg Gluten Sesame
- Pasta Neapolitan & garlic bread
  - Milk Gluten Sulphur dioxide
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya Milk Fish Gluten Sesame

**DESSERTS**
- Chocolate & orange cookie & milkshake
  - Milk Gluten
- Cheese, crackers & apple wedge
  - Milk Gluten
- Fruit salad
- Fruit yogurt & apple wedge
  - Milk

**WEDNESDAY**

**MAINS**
- Tuna & sweetcorn pasta & garlic bread
  - Milk Fish Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Fish Sesame
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya Milk Fish Gluten Sesame

**DESSERTS**
- Strawberry Eton mess
  - Milk Egg
- Cheese, crackers & apple wedge
  - Milk Gluten
- Fruit salad
- Fruit yogurt & apple wedge
  - Milk

**THURSDAY**

**MAINS**
- Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy
  - Milk Egg Gluten Sulphur Dioxide
- Quorn sausage, Yorkshire pudding, gravy & mashed potatoes
  - Milk Egg Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Fish Gluten

**DESSERTS**
- Seasonal fruit crumble & custard
  - Milk Gluten
- Cheese, crackers & apple wedge
  - Milk Gluten
- Fruit salad
- Fruit yogurt & apple wedge
  - Milk

**FRIDAY**

**MAINS**
- Fish finger wrap & diced potatoes
  - Fish Gluten
- Fishless finger wrap & diced potatoes
  - Gluten
- Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy
  - Milk Egg Gluten Sulphur Dioxide
- Quorn sausage, Yorkshire pudding, gravy & mashed potatoes
  - Milk Egg Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Fish Gluten

**DESSERTS**
- St Clement sponge & custard
  - Milk Egg Gluten
- Cheese, crackers & apple wedge
  - Milk Gluten
- Fruit salad
- Fruit yogurt & apple wedge
  - Milk

**AVAILABLE DAILY**: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg When served. Vegetarian meals available upon request
# SPRING  SUMMER 2020
## MENU WEEK 2
### WEEK COMMENCING
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

- **Cheesy bean pie**
  - Milk
- **Chicken & coconut curry & wholegrain rice**
  - Mustard Milk
- **All day breakfast & diced potatoes**
  - Milk
- **Roast gammon & pineapple with mashed & roast potatoes**
  - Fish Gluten
- **Fish goujons tomato ketchup & oven chips**
  - Fish Gluten

- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Milk, Egg, Fish
- **Quorn & coconut curry & wholegrain rice**
  - Mustard Milk Egg
- **Pasta Neapolitan & garlic bread**
  - Milk, Sulphur Dioxide
- **Quorn roast, stuffing, gravy, mashed & roast potatoes**
  - Milk, Egg Gluten
- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Milk, Egg, Fish

- **Filled roll with cheese, ham, egg or tuna mayo & mixed salad**
  - Soya, Milk, Egg, Fish, Gluten, Sesame
- **Filled roll with cheese, ham, egg or tuna mayo & mixed salad**
  - Soya, Milk, Egg, Fish, Gluten, Sesame
- **Filled roll with cheese, ham, egg or tuna mayo & mixed salad**
  - Soya, Milk, Egg, Fish, Gluten, Sesame
- **Filled roll with cheese, ham, egg or tuna mayo & mixed salad**
  - Soya, Milk, Egg, Fish, Gluten, Sesame
- **Filled roll with cheese, ham, egg or tuna mayo & mixed salad**
  - Soya, Milk, Egg, Fish, Gluten, Sesame

- **Cherry ripple rice pudding**
  - Milk
- **Honey cake**
  - Milk, Gluten
- **Butterscotch tart**
  - Milk, Gluten
- **Strawberry mousse & shortbread**
  - Milk, Gluten
- **Fruit flapjack & milkshake**
  - Milk, Gluten

- **Cheese, crackers & apple wedge**
  - Milk, Gluten
- **Cheese, crackers & apple wedge**
  - Milk, Gluten
- **Cheese, crackers & apple wedge**
  - Milk, Gluten
- **Cheese, crackers & apple wedge**
  - Milk, Gluten
- **Cheese, crackers & apple wedge**
  - Milk, Gluten

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg when served. Vegetarian meals available upon request.
**SPRING SUMMER 2020**

**MENU WEEK 3**

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

<table>
<thead>
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<th>MONDAY</th>
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<tbody>
<tr>
<td>MAINS</td>
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| Quorn dippers & tabbouleh  
Milk Egg Gluten |
| Filled roll with cheese, ham, egg or tuna mayo & mixed salad  
Soya Milk Egg Fish Gluten Sesame |
| DESSERTS |
| Raspberry ripple ice cream roll  
Soya Milk Egg Gluten |
| Cheese, crackers & apple wedge  
Milk Gluten |
| Fruit salad |
| Fruit yogurt & apple wedge  
Milk |

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<th>TUESDAY</th>
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| Toad in the hole & mashed potatoes  
Milk Egg Gluten Sulphur Dioxide |
| Yorkshire pudding with vegetarian sausage & gravy  
Soya Milk Egg Gluten Sulphur Dioxide |
| DESSERTS |
| Crispy jam tart & custard  
Milk Gluten Sulphur Dioxide |
| Cheese, crackers & apple wedge  
Milk Gluten |
| Fruit salad |
| Fruit yogurt & apple wedge  
Milk |

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<th>WEDNESDAY</th>
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| Chicken tikka wrap & savoury rice  
Celery Milk Gluten |
| Quorn roast, stuffing, gravy, mashed & roast potatoes  
Milk Egg Gluten |
| DESSERTS |
| Raspberry swirl sponge & custard  
Milk Egg Gluten Sulphur Dioxide |
| Cheese, crackers & apple wedge  
Milk Gluten |
| Fruit salad |
| Fruit yogurt & apple wedge  
Milk |

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| Roast chicken, stuffing & gravy with mashed & roast potatoes  
Gluten |
| Quorn roast, stuffing, gravy, mashed & roast potatoes  
Milk Egg Gluten |
| DESSERTS |
| Chocolate brownie  
Gluten |
| Cheese, crackers & apple wedge  
Milk Gluten |
| Fruit salad |
| Fruit yogurt & apple wedge  
Milk |

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<th>FRIDAY</th>
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<td>MAINS</td>
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| MSC Breaded fish & mashed potato  
Fish Gluten |
| Vegetable & cheese bake with jacket wedges  
Mustard Milk Gluten |
| DESSERTS |
| Raspberry muffin  
Egg Gluten |
| Cheese, crackers & apple wedge  
Milk Gluten |
| Fruit salad |
| Fruit yogurt & apple wedge  
Milk |

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg When served. Vegetarian meals available upon request