Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK 1

Springbank Primary School

WEEK COMMENCING

24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

FOOD FOR LIFE SERVED HERE Soil Association

TASTE of NATURE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita pizza & new potatoes Milk Gluten	Venison burger in a wholemeal bun & carrot fries Soya Milk Egg Gluten Sesame Sulphur Dioxide	Tuna & sweetcorn pasta & garlic bread Milk Fish Gluten	Roast chicken, stuffing & gravy with mashed & roast potatoes Gluten	Fish finger wrap & diced potatoes Fish Gluten
OR	**OR**	**OR**	**OR**	**OR**
OUR MENUS ARE DESIGNED TO MAKE THE BEST USE OF **SEASONAL INGREDIENTS**				
	Quorn burger in a bun & carrot fries Soya Milk Egg Gluten Sesame	Quorn & broccoli bake with crusty bread Mustard Milk Egg Gluten Sesame	Quorn roast, stuffing, gravy, mashed & roast potatoes Milk Egg Gluten	Cheesy tomato pasta & garlic bread Milk Gluten
DESSERT	**DESSERT**	**DESSERT**	**DESSERT**	**DESSERT**
Cornflake tart & custard Milk Gluten Sulphur Dioxide	Chocolate & orange cookie & milkshake Milk Gluten	Spiced carrot cake & custard Milk Egg Gluten Sulphur Dioxide	Marble sponge & custard Milk Egg Gluten	Oatmeal & yoghurt muffin Milk Egg Gluten
Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk

AVAILABLE DAILY: **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served. **Vegetarian meals available upon request**

Springbank Primary School D&P 5391 UPRN 001320

Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK 2

Springbank Primary School

WEEK COMMENCING

2 Mar, 23 Mar, 13 April,
4 May, 25 May, 15 June,
6 July, 27 July

FOOD FOR LIFE SERVED HERE Soil Association

TASTE of NATURE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan sausage roll, gravy & jacket wedges Soya Gluten	Spaghetti bolognese & garlic bread Milk Fish Gluten	All day breakfast & diced potatoes Milk Egg	Roast gammon & pineapple with mashed & roast potatoes	Fish goujons tomato ketchup & oven chips Fish Gluten
OR	**OR**	**OR**	**OR**	**OR**
	Quorn spaghetti bolognese & garlic bread Milk Egg Gluten	Vegetarian all day breakfast & diced potatoes Soya Milk Egg Gluten Sulphur Dioxide	Quorn roast, stuffing, gravy, mashed & roast potatoes Milk Egg Gluten	Vegetable nuggets & mashed potatoes Gluten
DESSERT	**DESSERT**	**DESSERT**	**DESSERT**	**DESSERT**
Pineapple cake & cream Milk Egg Gluten	Honey cake Milk Egg Gluten	Butterscotch tart Milk Gluten	Scone with jam & cream Milk Gluten Sulphur Dioxide	Fruit flapjack & milkshake Milk Gluten
Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk

AVAILABLE DAILY: **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served. **Vegetarian meals available upon request**

Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK 3

Springbank Primary School

WEEK COMMENCING

9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

FOOD FOR LIFE SERVED HERE Soil Association

TASTE of NATURE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn dippers & tabbouleh Milk Egg Gluten	Toad in the hole & mashed potatoes Milk Egg Gluten Sulphur Dioxide	Chicken tikka wrap & savoury rice Celery Milk Gluten	Roast pork, stuffing & gravy, mashed & roast potatoes Gluten	MSC Breaded fish & mashed potato Fish Gluten
OR	**OR**	**OR**	**OR**	**OR**
WE CAN TRACE OUR MEAT **BACK TO THE FARM**				
	Yorkshire pudding with vegetarian sausage & gravy Soya Milk Egg Gluten Sulphur Dioxide	Vegetable lasagne & garlic bread Mustard Celery Milk Gluten	Quorn roast, stuffing, gravy, mashed & roast potatoes Milk Egg Gluten	Vegetable & cheese bake with jacket wedges Mustard Milk Gluten
DESSERT	**DESSERT**	**DESSERT**	**DESSERT**	**DESSERT**
Raspberry ripple ice cream roll Soya Milk Egg Gluten	Lemon sponge pudding & custard Milk Egg Gluten Sulphur Dioxide	Raspberry swirl sponge & custard Milk Egg Gluten	Butterscotch mousse & banana Milk	Raspberry muffin Egg Gluten
Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk	Fruit yoghurt & apple wedge Milk

AVAILABLE DAILY: **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served. **Vegetarian meals available upon request**