# Nottinghamshire County Council

## SPRING SUMMER 2020

### MENU WEEK 1

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

### FIRST COURSE

**MONDAY**
- Margherita pizza & new potatoes  
  - Milk, Gluten

**TUESDAY**
- Venison burger in a wholemeal bun & carrot fries  
  - Soya, Milk, Egg, Gluten, Sesame, Sulphur Dioxide
  **TODAY’S VEGETARIAN OPTION**
  - Quorn burger in a bun & carrot fries  
  - Soya, Milk, Egg, Gluten

**WEDNESDAY**
- Chicken & broccoli bake with crusty bread  
  - Mustard, Milk, Gluten, Sesame
  **TODAY’S VEGETARIAN OPTION**
  - Quorn & broccoli bake with crusty bread  
  - Mustard, Milk, Egg, Gluten

**THURSDAY**
- Roast chicken, stuffing & gravy with mashed & roast potatoes  
  - Gluten
  **TODAY’S VEGETARIAN OPTION**
  - Quorn roast, stuffing, gravy, mashed & roast potatoes  
  - Milk, Egg, Gluten

**FRIDAY**
- Fish finger wrap & diced potatoes  
  - Fish, Gluten
  **TODAY’S VEGETARIAN OPTION**
  - Cheesy tomato pasta & garlic bread  
  - Milk, Gluten

### SECOND COURSE

**MONDAY**
- Cornflake tart & custard  
  - Milk, Gluten, Sulphur Dioxide

**TUESDAY**
- Chocolate & orange cookie & milkshake  
  - Milk

**WEDNESDAY**
- Fruit yoghurt & apple wedge  
  - Milk

**THURSDAY**
- Marble sponge & custard  
  - Milk, Egg, Gluten

**FRIDAY**
- Oatmeal & yoghurt muffin  
  - Milk, Egg, Gluten

### SERVED DAILY
- Best of both bread  
- Gluten and Soya  
- Seasonal vegetables available daily  
- Coleslaw  
- Egg when served

Vegetarian meals can be made available upon request.
### SPRING/SUMMER 2020

#### MENU WEEK 2

**WEEK COMMENCING**
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

<table>
<thead>
<tr>
<th>FIRST COURSE</th>
<th>SECOND COURSE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong></td>
<td><strong>Milk</strong></td>
</tr>
<tr>
<td>Cheesy bean pie</td>
<td>Fruit yoghurt &amp; apple wedge</td>
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<tr>
<td><strong>TODAY'S VEGETARIAN OPTION</strong></td>
<td>Milk</td>
</tr>
<tr>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>Honey cake</td>
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<tr>
<td><strong>Milk Fish Gluten</strong></td>
<td>Milk Egg Gluten</td>
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<tr>
<td><strong>QUORN SPAGHETTI B OLOGNESE</strong></td>
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<tr>
<td>Jacket potatoes with cheese, beans or tuna</td>
<td>Butterscotch tart</td>
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<tr>
<td>&amp; mixed salad</td>
<td><strong>Milk</strong></td>
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<tr>
<td><strong>Milk Egg Fish</strong></td>
<td><strong>Milk Gluten</strong></td>
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<tr>
<td><strong>WEDNESDAY</strong></td>
<td><strong>Scone with jam &amp; cream</strong></td>
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<tr>
<td>Nottingahmshire sausage, Yorkshire pudding</td>
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<tr>
<td>mashed potatoes &amp; gravy</td>
<td><strong>Milk</strong></td>
</tr>
<tr>
<td><strong>Milk Egg Gluten</strong></td>
<td><strong>Milk Gluten Sulphur Dioxide</strong></td>
</tr>
<tr>
<td><strong>QUORN SAUSAGE, YORKSHIRE PUDDING</strong></td>
<td><strong>Milk</strong></td>
</tr>
<tr>
<td>gravy &amp; mashed potatoes</td>
<td><strong>Milk Gluten Sulphur Dioxide</strong></td>
</tr>
<tr>
<td><strong>Milk Egg Gluten</strong></td>
<td><strong>Milk Gluten</strong></td>
</tr>
<tr>
<td>Tuna &amp; sweetcorn pasta &amp; garlic bread</td>
<td>Fruit flapjack &amp; milkshake</td>
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<tr>
<td><strong>Milk Fish Gluten</strong></td>
<td><strong>Milk Gluten</strong></td>
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<tr>
<td>**QUORN Sausage, Yorkshire pudding,</td>
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<tr>
<td>grilled &amp; mashed potatoes</td>
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<tr>
<td><strong>Milk Egg Gluten</strong></td>
<td></td>
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<tr>
<td>Friday</td>
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<tr>
<td>Vegetable nuggets &amp; mashed potatoes</td>
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<tr>
<td><strong>Gluten</strong></td>
<td></td>
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</tbody>
</table>

**SERVED DAILY**
Best of both bread, Gluten and Sage, Seasonal vegetables available daily, Coleslaw, egg when served

Vegetarian meals can be made available upon request.
**SPRING SUMMER 2020**

**MENU WEEK 3**

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

**FIRST COURSE**

<table>
<thead>
<tr>
<th>DAY</th>
<th>DISH</th>
</tr>
</thead>
</table>
| MONDAY | Tomato & basil pasta & garlic bread  
Milk Gluten |
| TUESDAY | Toad in the hole & mashed potatoes  
Milk Egg Gluten Sulphur Dioxide  
**TODAY'S VEGETARIAN OPTION**  
Yorkshire pudding with vegetarian sausage & gravy  
Soya Milk Egg Gluten Sulphur Dioxide |
| WEDNESDAY | Chicken tikka wrap & savoury rice  
Celery Milk Gluten  
**TODAY'S VEGETARIAN OPTION**  
Vegetable curry, rice & naan bread  
Mustard Celery Milk Gluten |
| THURSDAY | Roast pork, stuffing & gravy, mashed & roast potatoes  
Gluten  
**TODAY'S VEGETARIAN OPTION**  
Quorn roast, stuffing, gravy, mashed & roast potatoes  
Milk Egg Gluten |
| FRIDAY | MSC Breaded fish & mashed potato  
Fish Gluten  
**TODAY'S VEGETARIAN OPTION**  
Vegetable & cheese bake with jacket wedges  
Mustard Milk Gluten |

**SECOND COURSE**

<table>
<thead>
<tr>
<th>DAY</th>
<th>DISH</th>
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</table>
| MONDAY | Raspberry ripple ice cream roll  
Soya Milk Egg Gluten |
| TUESDAY | Lemon sponge pudding & custard  
Milk Egg Gluten Sulphur Dioxide |
| WEDNESDAY | Fruit yoghurt & apple wedge  
Milk |
| THURSDAY | Chocolate brownie  
Gluten |
| FRIDAY | Raspberry muffin  
Egg Gluten |

**SERVED DAILY**
Best of both bread Gluten and Soya  
Seasonal vegetables available daily Coleslaw  
Egg when served

Vegetarian meals can be made available upon request.