## SPRING  SUMMER 2020

### MENU WEEK I

**WEEK COMMENCING**
- 24 Feb
- 16 Mar
- 6 April
- 27 April
- 18 May
- 8 June
- 29 June
- 20 July

### FIRST COURSE

| Monday | Beef burger in a wholemeal bun & carrot fries  
Soya Milk Egg Gluten Sesame Sulphur Dioxide |
|--------|---------------------------------------------------------------------------------------------|
| Tuna & sweetcorn pasta & garlic bread  
Milk Fish Gluten |
| Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy  
Milk Egg Gluten Sulphur Dioxide |
| Jacket potatoes with cheese, beans or tuna & mixed salad  
Milk Egg Fish |

### SECOND COURSE

| Monday | Cornflake tart & custard  
Milk Gluten Sulphur Dioxide |
|--------|---------------------------------------------------------------------------------------------|
| Chocolate & orange cookie & milkshake  
Milk Gluten |
| Strawberry Eton mess  
Milk Egg |
| Fruit salad |
| Oatmeal & yoghurt muffin  
Milk Egg Gluten |

### VEGETARIAN OPTIONS
- Quorn sausage, Yorkshire pudding, gravy & mashed potatoes
- Quorn burger in a bun & carrot fries
- Tuna & sweetcorn pasta & garlic bread
- Margherita pizza & new potatoes
- Coleslaw
- Fruit salad
- Cornflake tart & custard
- Strawberry Eton mess
- Oatmeal & yoghurt muffin

### Served daily
- Best of both bread
- Gluten & Soya
- Seasonal vegetables
- Coleslaw
- Egg when served

Vegetarian meals can be made available upon request.
## First Course

| Monday | Spaghetti bolognese & garlic bread
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<td>Wednesday</td>
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### Today's Vegetarian Option
- Quorn spaghetti bolognese & garlic bread
- Vegetarian all day breakfast & diced potatoes
- Quorn roast, stuffing, gravy, mashed & roast potatoes

### Additional Information
- Best of both bread
- Gluten and Soya
- Seasonal vegetables
- Coleslaw available daily
- Coleslaw when served

## Second Course

| Monday | Pineapple cake & cream
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<td>Tuesday</td>
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### Additional Information
- Vegetarian meals can be made available upon request
- Fresh ingredients sourced locally
- Nutritionally balanced meals

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**WEEK COMMENCING**

2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July
**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

### FIRST COURSE

<table>
<thead>
<tr>
<th>MONDAY</th>
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<tbody>
<tr>
<td>Tomato &amp; basil pasta &amp; garlic bread</td>
<td>Milk Gluten</td>
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</table>
| Toad in the hole & mashed potatoes | Milk Egg Gluten Sulphur Dioxide

**TODAY’S VEGETARIAN OPTION**
Yorkshire pudding with vegetarian sausage & gravy
Soya Milk Egg Gluten Sulphur Dioxide

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<thead>
<tr>
<th>TUESDAY</th>
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<tbody>
<tr>
<td>Chicken tikka wrap &amp; savoury rice</td>
<td>Celery Milk Gluten</td>
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<tr>
<th>WEDNESDAY</th>
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</table>
| Roast chicken, stuffing & gravy with mashed & roast potatoes | Gluten

**TODAY’S VEGETARIAN OPTION**
Quorn roast, stuffing, gravy, mashed & roast potatoes
Milk Egg Gluten

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<thead>
<tr>
<th>THURSDAY</th>
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<tr>
<td>MSC Breaded fish &amp; oven chips</td>
<td>Fish Gluten</td>
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<th>FRIDAY</th>
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### SECOND COURSE

<table>
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<th>MONDAY</th>
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<tr>
<td>Raspberry ripple ice cream roll</td>
<td>Soya Milk Egg Gluten</td>
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<tr>
<td>Lemon sponge pudding &amp; custard</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
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<tr>
<td>Pancake with frozen yoghurt &amp; orange</td>
<td>Milk Egg Gluten</td>
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<tr>
<td>Butterscotch mousse &amp; banana</td>
<td>Milk</td>
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<tr>
<td>Fruit in jelly &amp; shortbread finger</td>
<td>Gluten</td>
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</tbody>
</table>

### Served Daily
Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg when served

Vegetarian meals can be made available upon request.