### FIRST COURSE

**MONDAY**
- Margherita pizza & new potatoes
  - Milk, Gluten

**TUESDAY**
- Venison burger in a wholemeal bun & carrot fries
  - Soya, Milk, Egg, Gluten, Sesame, Sulphur Dioxide
  - TODAY’S VEGETARIAN OPTION: Quorn burger in a bun & carrot fries
  - Soya, Milk, Egg, Gluten, Sesame

**WEDNESDAY**
- Tuna & sweetcorn pasta & garlic bread
  - Milk, Fish, Gluten
  - TODAY’S VEGETARIAN OPTION: Quorn & broccoli bake with crusty bread
  - Mustard, Milk, Egg, Gluten, Sesame

**THURSDAY**
- Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy
  - Milk, Egg, Gluten, Sulphur Dioxide
  - TODAY’S VEGETARIAN OPTION: Quorn sausage, Yorkshire pudding, gravy & mashed potatoes
  - Milk, Egg, Gluten

**FRIDAY**
- Fish finger wrap & diced potatoes
  - Fish, Gluten

### SECOND COURSE

**MONDAY**
- Cornflake tart & custard
  - Milk, Gluten, Sulphur Dioxide

**TUESDAY**
- Chocolate & orange cookie & milkshake
  - Milk, Gluten

**WEDNESDAY**
- Fruit salad

**THURSDAY**
- Fruit yoghurt & apple wedge
  - Milk

**FRIDAY**
- Oatmeal & yoghurt muffin
  - Milk, Egg, Gluten

### WEEK COMMENCING
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

**Jacket potatoes with cheese, beans or tuna & mixed salad**
- Milk, Egg, Fish

**Best of both bread**
- Gluten and Soya

**Seasonal vegetables**
- Available daily

**Coleslaw**
- Egg when served

**Vegetarian meals can be made available upon request**
## SPRING SUMMER 2020
### MENU WEEK 2

**WEEK COMMENCING**
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

### FIRST COURSE

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>Pasta Neapolitan &amp; garlic bread</td>
<td>Nottinghamshire sausage, Yorkshire pudding, mashed potatoes &amp; gravy</td>
<td>Salmon &amp; sweet potato fishcake &amp; oven chips</td>
</tr>
<tr>
<td>Soya Gluten</td>
<td>Milk Fish Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Egg Gluten</td>
<td>Mustard Soy Milk Egg Fish Gluten Sesame</td>
</tr>
<tr>
<td><strong>TODAY'S VEGETARIAN OPTION</strong></td>
<td><strong>Quorn spaghetti bolognese &amp; garlic bread</strong></td>
<td><strong>Quorn sausage, Yorkshire pudding, gravy &amp; mashed potatoes</strong></td>
<td><strong>Quorn sausage, Yorkshire pudding, gravy &amp; mashed potatoes</strong></td>
<td><strong>Quorn spaghetti bolognese</strong></td>
</tr>
<tr>
<td></td>
<td>Milk Egg Gluten</td>
<td>Milk Egg Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Egg Gluten</td>
</tr>
</tbody>
</table>

### SECOND COURSE

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cherry ripple rice pudding</td>
<td>Honey cake</td>
<td>Butterscotch tart</td>
<td>Scone with jam &amp; cream</td>
<td>Strawberry mousse &amp; shortbread</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk Egg Gluten</td>
<td>Milk Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
</tr>
</tbody>
</table>

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**SERVED DAILY**
- Jacket potatoes with cheese, beans or tuna & mixed salad
- Best of both bread (Gluten and Soya)
- Seasonal vegetables available daily
- Coleslaw 
- When served

Vegetarian meals can be made available upon request.
### Menu Week 3

#### Week Commencing

9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

#### First Course

<table>
<thead>
<tr>
<th>Monday</th>
<th></th>
<th>Tuesday</th>
<th></th>
<th>Wednesday</th>
<th></th>
<th>Thursday</th>
<th></th>
<th>Friday</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Quorn dippers &amp; tabbouleh</td>
<td>Milk Egg Gluten</td>
<td>Toad in the hole &amp; mashed potatoes</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Mexican chicken crepe</td>
<td>Celery Milk Egg Gluten</td>
<td>Roast chicken, stuffing &amp; gravy with mashed &amp; roast potatoes</td>
<td>Gluten</td>
<td>Vegetable &amp; cheese bake with jacket wedges</td>
<td>Mustard Milk Gluten</td>
</tr>
</tbody>
</table>

#### Second Course

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Crispy jam tart &amp; custard</th>
<th>Milk Gluten Sulphur Dioxide</th>
<th></th>
<th></th>
<th></th>
<th></th>
<th>Chocolate brownie</th>
<th></th>
<th>Fruit in jelly &amp; shortbread finger</th>
<th>Gluten</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Raspberry ripple &amp; ice cream roll</td>
<td>Soya Milk Egg Gluten</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Raspberry swirl sponge &amp; custard</td>
<td>Milk Egg Gluten</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Vegetarian Options

- **Today's Vegetarian Option:**
  - **Monday:** Quorn roast, stuffing, gravy, mashed & roast potatoes (Milk Egg Gluten Sulphur Dioxide)
  - **Tuesday:** Quorn roast, stuffing, gravy, mashed & roast potatoes (Milk Egg Gluten)

#### Additional Information

- Jacket potatoes with cheese, beans or tuna & mixed salad. Milk, Egg and Fish
- Best of both bread (Gluten and Soya)
- Seasonal vegetables available daily
- Coleslaw, Egg when served
- Vegetarian meals can be made available upon request

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*Nottinghamshire County Council*

*Spring-Summer 2020*

*Netherfield Primary School*