**SPRING SUMMER 2020**

**MENU WEEK 1**

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

**MONDAY**
- Margherita pizza & new potatoes
  - Milk Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Egg Fish
- Squash & sweet potato macaroni cheese & garlic bread
  - Mustard Milk Gluten
- Panini & salad, assorted fillings
  - Milk Fish Gluten Sesame

**TUESDAY**
- Venison burger in a wholemeal bun & carrot fries
  - Soya Milk Egg Gluten Sesame Sulphur Dioxide
- Quorn burger in a bun & carrot fries
  - Soya Milk Egg Gluten Sesame
- Panini & salad, assorted fillings
  - Milk Fish Gluten Sesame
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Egg Fish

**WEDNESDAY**
- Chicken & broccoli bake with crusty bread
- Roast chicken, stuffing & gravy with mashed & roast potatoes
  - Gluten
- Quorn roast, stuffing, gravy, mashed & roast potatoes
  - Milk Egg Gluten
- Tuna & sweetcorn pasta & garlic bread

**THURSDAY**
- Chicken & broccoli bake with crusty bread
  - Milk Gluten Sesame Sulphur Dioxide
- Roast chicken, stuffing & gravy with mashed & roast potatoes
  - Gluten
- Quorn roast, stuffing, gravy, mashed & roast potatoes
  - Milk Egg Gluten
- Tuna & sweetcorn pasta & garlic bread

**FRIDAY**
- Chicken & broccoli bake with crusty bread
  - Milk Gluten Sesame Sulphur Dioxide
- Roast chicken, stuffing & gravy with mashed & roast potatoes
  - Gluten
- Quorn roast, stuffing, gravy, mashed & roast potatoes
  - Milk Egg Gluten
- Tuna & sweetcorn pasta & garlic bread

**DESSERT**
- Cornflake tart & custard
  - Milk Gluten Sulphur Dioxide
- Fruit yoghurt & apple wedge
  - Milk
- Chocolate & orange cookie & milkshake
  - Milk Gluten
- Spiced carrot cake & custard
  - Milk Gluten Egg Gluten Sulphur Dioxide
- Marble sponge & custard
  - Milk Egg Gluten
- Fruit yoghurt & apple wedge
  - Milk
- St Clement sponge & custard
  - Milk Egg Gluten
- Fruit yoghurt & apple wedge
  - Milk

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg when served. Vegetarian meals available upon request.
### SPRING SUMMER 2020

**MENU WEEK 2**

**WEEK COMMENCING**

2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg when served. Vegetarian meals available upon request

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td>Roasted vegetable pasta &amp; garlic bread</td>
<td>Chicken &amp; mushroom pie, new potatoes &amp; gravy</td>
<td>All day breakfast &amp; diced potatoes</td>
<td>Roast gammon &amp; pineapple with mashed &amp; roast potatoes</td>
<td>Fish goujons tomato ketchup &amp; oven chips</td>
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<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Colcannon</td>
<td>Vegetarian all day breakfast &amp; diced potatoes</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
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<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Panini &amp; salad, assorted fillings</td>
<td>Fishcake burger &amp; oven chips</td>
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<tr>
<td>Soya Gluten</td>
<td>Milk Fish Gluten</td>
<td>Milk Fish Gluten Sesame</td>
<td>Panini &amp; salad, assorted fillings</td>
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<tr>
<td>Pineapple cake &amp; cream</td>
<td>Raspberry pavlova</td>
<td>Fruit topped yoghurt &amp; jelly layer</td>
<td>Peach melba</td>
<td>Fruit flapjack &amp; milkshake</td>
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<td>Milk Egg Gluten</td>
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<td>Milk Gluten</td>
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<td>Fruit yoghurt &amp; apple wedge</td>
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*Manor Park Infant & Nursery School*
**SPRING SUMMER 2020**

**MENU WEEK 3**

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

### AVAILABLE DAILY
- Best of both bread: Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw
- Egg served

### MONDAY
- **Quorn dippers & tabbouleh**
  - Milk, Egg, Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish

### TUESDAY
- **Mediterranean chicken pasta & crusty bread**
  - Milk
- Vegetable curry, rice & naan bread
  - Milk, Egg, Gluten

### WEDNESDAY
- **Mexican chicken crepe**
  - Celery, Milk, Egg, Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish

### THURSDAY
- **Roast pork, stuffing & gravy, mashed & roast potatoes**
  - Gluten
- Quorn roast, stuffing, gravy, mashed & roast potatoes
  - Milk, Egg, Gluten

### FRIDAY
- **MSC Breaded fish & mashed potato**
  - Fish, Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish

### OR

- **Tomato & basil pasta & garlic bread**
  - Milk Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish

### DESSERT
- **Raspberry ripple ice cream roll**
  - Soup, Milk, Egg, Gluten
- Fruit yoghurt & apple wedge
  - Milk

### DESSERT
- **Crispy jam tart & custard**
  - Milk Gluten Subbur Diode
- Fruit yoghurt & apple wedge
  - Milk

### DESSERT
- **Raspberry swirll sponge & custard**
  - Milk, Egg Gluten
- Fruit yoghurt & apple wedge
  - Milk

### DESSERT
- **Chocolate brownie**
  - Gluten
- Fruit yoghurt & apple wedge
  - Milk

### DESSERT
- **Raspberry muffin**
  - Egg Gluten