### MENU WEEK 1

#### SPRING  SUMMER 2020

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td>Margherita pizza &amp; new potatoes</td>
<td>Venison burger in a wholemeal bun &amp; carrot fries</td>
<td>Chicken &amp; broccoli bake with crusty bread</td>
<td>Roast chicken, stuffing &amp; gravy with mashed &amp; roast potatoes</td>
<td>Fish nuggets &amp; Katsu curry with rice</td>
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<tr>
<td>Milk Gluten</td>
<td>Soya Egg Gluten Sesame Sulphur Dioxide</td>
<td>Mustard Milk Gluten Sesame</td>
<td>Gluten</td>
<td>Soya Fish Gluten</td>
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<tr>
<td>Squash &amp; sweet potato macaroni cheese &amp; garlic bread</td>
<td>Meatfree burger in a bun &amp; carrot fries</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Vegetarian sausage, Yorkshire pudding, gravy &amp; mashed potatoes</td>
<td>Cheesy tomato pasta &amp; garlic bread</td>
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<tr>
<td>Mustard Milk Gluten</td>
<td>Soya Milk Egg Gluten Sesame</td>
<td>Milk Fish</td>
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<tr>
<td><strong>DESSERT</strong></td>
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<tr>
<td>Cornflake tart &amp; custard</td>
<td>Chocolate &amp; orange cookie &amp; milkshake</td>
<td>Strawberry Eton mess</td>
<td>Marble sponge &amp; custard</td>
<td>Oatmeal &amp; yoghurt muffin</td>
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<tr>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
<td>Milk Egg</td>
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**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served Vegetarian meals available upon request.

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**TASTE of NATURE**

Lady Bay Primary School 0115 938 4450
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<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>All day breakfast &amp; diced potatoes</td>
<td>Roast gammon &amp; pineapple with mashed &amp; roast potatoes</td>
<td>Fishcake burger &amp; oven chips</td>
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<tr>
<td>Soya Gluten</td>
<td>Milk Fish Gluten</td>
<td>Milk Egg</td>
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<tr>
<td>Cheesy bean pie</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Pasta Neapolitan &amp; garlic bread</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
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<td>Milk</td>
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<tr>
<td>Fruit yoghurt &amp; apple wedge</td>
<td>Raspberry pavlova</td>
<td>Butterscotch tart</td>
<td>Scone with jam &amp; cream</td>
<td>Fruit flapjack &amp; milkshake</td>
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<tr>
<td>Quorn dippers &amp; tabbouleh</td>
<td>Mediterranean chicken pasta &amp; garlic bread</td>
<td>Chicken tikka wrap &amp; savoury rice</td>
<td>Roast chicken, stuffing &amp; gravy with mashed &amp; roast potatoes</td>
<td>MSC Breaded fish &amp; mashed potato</td>
</tr>
<tr>
<td>Milk Egg Gluten</td>
<td>Milk Gluten</td>
<td>Celery Milk Gluten</td>
<td>Gluten</td>
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<tr>
<td>Lentil bolognese &amp; garlic bread</td>
<td>Tomato &amp; basil pasta &amp; garlic bread</td>
<td>Vegetable curry, rice &amp; naan bread</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
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<tr>
<td>Raspberry ripple ice cream roll</td>
<td>Crispy jam tart &amp; custard</td>
<td>Fruit in jelly &amp; shortbread finger</td>
<td>Chocolate brownie</td>
<td>Raspberry muffin</td>
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