Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK I

WEEK COMMENCING
24 Feb, 16 Mar, 6 April,
27 April, 18 May, 8 June,
29 June, 20 July

FIRST COURSE

MARGHERITA PIZZA & NEW POTATOES
Milk Gluten

VENISON BURGER IN A WHOLEMEAL BUN & CARROT FRIES
Soya Milk Egg Gluten Sesame Sulphur Dioxide
TODAY’S VEGETARIAN OPTION
Meatfree burger in a bun & carrot fries
Soya Milk Egg Gluten Sesame

TUNA & SWEETCORN PASTA & GARLIC BREAD
Milk Fish Gluten
TODAY’S VEGETARIAN OPTION
Quorn & broccoli bake with crusty bread
Mustard Milk Egg Gluten Sesame

NOTTINGHAMSHIRE SAUSAGE, YORKSHIRE PUDDING, MASHED POTATOES & GRAVY
Milk Egg Gluten Sulphur Dioxide
TODAY’S VEGETARIAN OPTION
Quorn sausage, Yorkshire pudding, gravy & mashed potatoes
Milk Egg Gluten

FISH FINGER WRAP & DICED POTATOES
Fish Gluten

SECOND COURSE

CORNFLAKE TART & CUSTARD
Milk Gluten Sulphur Dioxide

FRUIT YOGHURT & APPLE WEDGE
Milk

SPICED CARROT CAKE & CUSTARD
Milk Egg Gluten Sulphur Dioxide

SEASONAL FRUIT CRumble & CUSTARD
Milk Gluten

OATMEAL & YOGHURT MUFFIN
Milk Egg Gluten

SERVED DAILY
Best of both bread (Gluten and Soya) Seasonal vegetables available daily Coleslaw Egg when served

Vegetarian meals can be made available upon request
## SPRING SUMMER 2020

### MENU WEEK 2

**WEEK COMMENCING**

<table>
<thead>
<tr>
<th>Date</th>
<th>Meals</th>
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</thead>
<tbody>
<tr>
<td>2 Mar, 23 Mar, 13 April</td>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
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<tr>
<td></td>
<td>Soya Gluten</td>
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<tr>
<td>4 May, 25 May, 15 June</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
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<td>Milk Fish Gluten</td>
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<tr>
<td>6 July, 27 July</td>
<td>All day breakfast &amp; diced potatoes</td>
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<td></td>
<td>Milk Egg</td>
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<td></td>
<td>TODAY’S VEGETARIAN OPTION</td>
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<tr>
<td></td>
<td>Vegetarian all day breakfast &amp; diced potatoes</td>
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<tr>
<td></td>
<td>Soya Milk Egg Gluten Sulphur Dioxide</td>
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<tr>
<td></td>
<td>TODAY’S VEGETARIAN OPTION</td>
</tr>
<tr>
<td></td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
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<td></td>
<td>Milk Egg Gluten</td>
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<td></td>
<td>TODAY’S VEGETARIAN OPTION</td>
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<tr>
<td></td>
<td>Quorn spaghetti bolognese</td>
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<td>&amp; garlic bread</td>
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<td>Milk Egg Gluten</td>
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<td>TODAY’S VEGETARIAN OPTION</td>
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<td></td>
<td>Roast gammon &amp; pineapple with mashed &amp; roast potatoes</td>
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<td>Milk Egg Gluten</td>
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<tr>
<td></td>
<td>TODAY’S VEGETARIAN OPTION</td>
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<tr>
<td></td>
<td>Fish goujons tomato ketchup &amp; oven chips</td>
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<td></td>
<td>Fish Gluten</td>
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<td></td>
<td>TODAY’S VEGETARIAN OPTION</td>
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<tr>
<td></td>
<td>Vegetable nuggets &amp; mashed potatoes</td>
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<td></td>
<td>Gluten</td>
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</tbody>
</table>

**FIRST COURSE**

<table>
<thead>
<tr>
<th>Day</th>
<th>Vegetables</th>
<th>Bread</th>
<th>Coleslaw</th>
<th>Egg</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
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<tr>
<td>TUESDAY</td>
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<tr>
<td>WEDNESDAY</td>
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<tr>
<td>THURSDAY</td>
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<tr>
<td>FRIDAY</td>
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</tbody>
</table>

**SECOND COURSE**

<table>
<thead>
<tr>
<th>Day</th>
<th>Fruit &amp; Yogurt</th>
<th>Cake &amp; Desserts</th>
<th>Breakfast</th>
<th>Egg</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td>Fruit yoghurt &amp; apple wedge</td>
<td></td>
<td>Milk</td>
<td></td>
</tr>
<tr>
<td>TUESDAY</td>
<td>Honey cake</td>
<td></td>
<td>Milk Egg Gluten</td>
<td></td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td>Butterscotch tart</td>
<td></td>
<td>Milk Gluten</td>
<td></td>
</tr>
<tr>
<td>THURSDAY</td>
<td>Scone with jam &amp; cream</td>
<td></td>
<td>Milk Gluten Sulphur Dioxide</td>
<td></td>
</tr>
<tr>
<td>FRIDAY</td>
<td>Fruit flapjack &amp; milkshake</td>
<td></td>
<td>Milk Gluten</td>
<td></td>
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</tbody>
</table>

**SERVED DAILY**

- Best of both bread (Gluten and Soya)
- Seasonal vegetables available daily
- Coleslaw when served
- Vegetarian meals can be made available upon request
**Nottinghamshire County Council**

**SPRING  SUMMER 2020**

**MENU WEEK 3**

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

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### FIRST COURSE

<table>
<thead>
<tr>
<th>MONDAY</th>
<th></th>
<th>SECOND COURSE</th>
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<tbody>
<tr>
<td>Quorn dippers &amp; tabbouleh</td>
<td>Milk Egg Gluten</td>
<td>Raspberry ripple ice cream roll</td>
<td>Soya Milk Egg Gluten</td>
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</table>

<table>
<thead>
<tr>
<th>TUESDAY</th>
<th></th>
<th>TODAY’S VEGETARIAN OPTION</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Mediterranean chicken pasta &amp; garlic bread</td>
<td>Milk Gluten</td>
<td>Crispy jam tart &amp; custard</td>
<td>Milk Gluten Sulphur Dioxide</td>
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</tbody>
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<table>
<thead>
<tr>
<th>TODAY’S VEGETARIAN OPTION</th>
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</thead>
<tbody>
<tr>
<td>Mediterranean tagliatelle &amp; crusty bread</td>
<td>Gluten Sesame</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>WEDNESDAY</th>
<th></th>
<th>TODAY’S VEGETARIAN OPTION</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken tikka wrap &amp; savoury rice</td>
<td>Celery Milk Gluten</td>
<td>Fruit yoghurt &amp; apple wedge</td>
<td>Milk</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TODAY’S VEGETARIAN OPTION</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegetable curry, rice &amp; naan bread</td>
<td>Mustard Celery Milk Gluten</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>THURSDAY</th>
<th></th>
<th>TODAY’S VEGETARIAN OPTION</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Roast chicken, stuffing &amp; gravy with mashed &amp; roast potatoes</td>
<td>Gluten</td>
<td>Chocolate brownie</td>
<td>Gluten</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TODAY’S VEGETARIAN OPTION</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>Milk Egg Gluten</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FRIDAY</th>
<th></th>
<th>TODAY’S VEGETARIAN OPTION</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>MSC Breaded fish &amp; mashed potato</td>
<td>Fish Gluten</td>
<td>Raspberry muffin</td>
<td>Egg Gluten</td>
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</table>

<table>
<thead>
<tr>
<th>TODAY’S VEGETARIAN OPTION</th>
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</thead>
<tbody>
<tr>
<td>Vegetable &amp; cheese bake with jacket wedges</td>
<td>Mustard Milk Gluten</td>
</tr>
</tbody>
</table>

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**SERVED DAILY** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

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Vegetarian meals can be made available upon request