Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK 1

WEEK COMMENCING

24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

FOOD FOR LIFE SERVED HERE Soil Association

Intake Farm Primary School & Nursery

TASTE of NATURE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita pizza & new potatoes Milk Gluten	Venison burger in a wholemeal bun & carrot fries Soya Milk Egg Gluten Sesame Sulphur Dioxide	Cheese & bacon pinwheel & salad Milk Gluten	Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy Milk Egg Gluten Sulphur Dioxide	Fish finger wrap & diced potatoes Fish Gluten
OR	**OR**	**MAINS**	**OR**	**OR**
Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish	Quorn burger in a bun & carrot fries Soya Milk Egg Gluten Sesame	Tuna & sweetcorn pasta & garlic bread Milk Fish Gluten	Quorn sausage, Yorkshire pudding, gravy & mashed potatoes Milk Egg Gluten	Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish
DESSERT	**DESSERT**	**OR**	**DESSERT**	**DESSERT**
Strawberry mousse & fruit Milk	Chocolate & orange cookie & milkshake Milk Gluten	Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish	Fruit yoghurt & apple wedge Milk	Oatmeal & yoghurt muffin Milk Egg Gluten

AVAILABLE DAILY: **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served. **Vegetarian meals available upon request**

Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK 2

WEEK COMMENCING

2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

FOOD FOR LIFE SERVED HERE Soil Association

Intake Farm Primary School & Nursery

TASTE of NATURE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Mozzarella bruschetta & salad Milk Gluten	Spaghetti bolognese & garlic bread Milk Fish Gluten	All day breakfast & diced potatoes Milk Egg	Roast gammon & pineapple with mashed & roast potatoes	Fish goujons tomato ketchup & oven chips Fish Gluten
MAINS	**OR**	**OR**	**OR**	**OR**
Vegan sausage roll, gravy & jacket wedges Soya Gluten	Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish	Vegetarian all day breakfast & diced potatoes Soya Milk Egg Gluten Sulphur Dioxide	Quorn roast, stuffing, gravy, mashed & roast potatoes Milk Egg Gluten	Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish
OR	**DESSERT**	**DESSERT**	**DESSERT**	**DESSERT**
Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish	Honey cake Milk Egg Gluten	Butterscotch tart Milk Gluten	Fruit yoghurt & apple wedge Milk	Fruit flapjack & milkshake Milk Gluten

AVAILABLE DAILY: **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served. **Vegetarian meals available upon request**

Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK 3

WEEK COMMENCING

9 Mar, 30 Mar, 20 April,
11 May, 1 June, 22 June,
13 July

FOOD FOR LIFE SERVED HERE Soil Association

Intake Farm Primary School & Nursery

TASTE of NATURE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish	Mediterranean chicken pasta & crusty bread Milk Gluten	Chicken tikka wrap & savoury rice Celery Milk Gluten	Roast pork, stuffing & gravy, mashed & roast potatoes Gluten	Creamy vegetable dip & crudities or breadsticks Egg Gluten Sesame Sulphur Dioxide
OR	**OR**	**OR**	**OR**	**MAINS**
OUR MENUS ARE DESIGNED TO MAKE THE BEST USE OF **SEASONAL INGREDIENTS**				
	Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish	Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish	Quorn roast, stuffing, gravy, mashed & roast potatoes Milk Egg Gluten	MSC Breaded fish & jacket wedges Fish Gluten
DESSERT	**DESSERT**	**DESSERT**	**DESSERT**	**OR**
Raspberry ripple ice cream roll Soya Milk Egg Gluten	Fruit salad	Fruit in jelly & shortbread finger Gluten	Fruit yoghurt & apple wedge Milk	Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish

AVAILABLE DAILY: **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served. **Vegetarian meals available upon request**