### Menu Week 1

**Week Commencing**

- 24 Feb, 16 Mar, 6 April,
- 27 April, 18 May, 8 June,
- 29 June, 20 July

#### Monday

- **Main**: Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish
- **Dessert**: Strawberry mousse & fruit
  - Milk

#### Tuesday

- **Main**: Venison burger in a wholemeal bun & carrot fries
  - Soya, Milk, Egg, Gluten, Sesame, Sulphur Dioxide
- **Dessert**: Chocolate & orange cookie & milkshake
  - Milk, Gluten

#### Wednesday

- **Main**: Cheese & bacon pinwheel & salad
  - Milk, Gluten
- **Dessert**: Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Gluten

#### Thursday

- **Main**: Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy
  - Milk, Egg, Gluten, Sulphur Dioxide
- **Dessert**: Fruit yoghurt & apple wedge
  - Milk

#### Friday

- **Main**: Fish finger wrap & diced potatoes
  - Fish, Gluten
- **Dessert**: Oatmeal & yoghurt muffin
  - Milk, Gluten

#### Available Daily

- Best of both bread and Soya
- Seasonal vegetables available daily
- Coleslaw egg when served
- Vegetarian meals available upon request

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**Intake Farm Primary & Nursery School**

**SPRING ≠ SUMMER 2020**

**WEEK COMMENCING**

24 Feb, 16 Mar, 6 April,
27 April, 18 May, 8 June,
29 June, 20 July
<table>
<thead>
<tr>
<th><strong>MONDAY</strong></th>
<th><strong>TUESDAY</strong></th>
<th><strong>WEDNESDAY</strong></th>
<th><strong>THURSDAY</strong></th>
<th><strong>FRIDAY</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Tomato &amp; Mozzarella bruschetta &amp; salad</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>All day breakfast &amp; diced potatoes</td>
<td>Roast gammon &amp; pineapple with mashed &amp; roast potatoes</td>
<td>Fish goujons tomato ketchup &amp; oven chips</td>
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<tr>
<td>Milk Gluten</td>
<td>Milk Fish Gluten</td>
<td>Milk Egg</td>
<td>Fish Gluten</td>
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<td>MAINS</td>
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<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Vegetarian all day breakfast &amp; diced potatoes</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Soya Gluten</td>
<td>Milk Egg Fish</td>
<td>Soya Milk Egg Gluten Sulphur Dioxide</td>
<td>Milk Egg Gluten</td>
<td>Milk Egg Fish</td>
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<td>OR</td>
<td>DESSERT</td>
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<td>DESSERT</td>
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<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Honey cake</td>
<td>Butterscotch tart</td>
<td>Fruit yoghurt &amp; apple wedge</td>
<td>Fruit flapjack &amp; milkshake</td>
</tr>
<tr>
<td>Milk Egg Fish</td>
<td>Milk Egg Gluten</td>
<td>Milk Gluten</td>
<td>Milk</td>
<td>Milk Gluten</td>
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</tbody>
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**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg when served. Vegetarian meals available upon request.
**SPRING SUMMER 2020**

**MENU WEEK 3**

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

**OUR MENUS ARE DESIGNED TO MAKE THE BEST USE OF SEASONAL INGREDIENTS**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Mediterranean chicken pasta &amp; crusty bread</td>
<td>Chicken tikka wrap &amp; savoury rice</td>
<td>Roast pork, stuffing &amp; gravy, mashed &amp; roast potatoes</td>
<td>Creamy vegetable dip &amp; crudities or breadsticks</td>
</tr>
<tr>
<td>Milk Egg Fish</td>
<td>Milk Gluten</td>
<td>Celery Milk Gluten</td>
<td>Gluten</td>
<td>Egg Gluten Sesame Sulphur Dioxide</td>
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</tr>
<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>MSC Breaded fish &amp; jacket wedges</td>
<td><strong>MAIN</strong></td>
</tr>
<tr>
<td>Milk Egg Fish</td>
<td>Milk Egg Fish</td>
<td>Milk Egg Gluten</td>
<td>Fish Gluten</td>
<td></td>
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<tr>
<td><strong>DESSERT</strong></td>
<td><strong>DESSERT</strong></td>
<td><strong>DESSERT</strong></td>
<td><strong>DESSERT</strong></td>
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<tr>
<td>Raspberry ripple ice cream roll</td>
<td>Fruit salad</td>
<td>Fruit in jelly &amp; shortbread finger</td>
<td>Fruit yoghurt &amp; apple wedge</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Soya Milk Egg Gluten</td>
<td></td>
<td>Gluten</td>
<td>Milk</td>
<td></td>
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</tbody>
</table>

**AVAILABLE DAILY**: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg When served Vegetarian meals available upon request