### Menu Spring Summer 2020

**Week 1**

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

**Available Daily:** Best of both bread, Gluten and Soya, Seasonal vegetables, available daily Coleslaw, egg when served. Vegetarian meals available upon request.

#### Monday
- Margherita pizza & new potatoes
  - Milk, Gluten

#### Tuesday
- Venison burger in a wholemeal bun & carrot fries
  - Soya, Milk, Egg, Gluten, Sesame, Sulphur Dioxide
- Chicken & broccoli bake with crusty bread
  - Mustard, Milk, Gluten, Sesame

#### Wednesday
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Soya, Milk, Egg, Fish
- Chicken & broccoli bake with crusty bread
  - Mustard, Milk, Gluten, Sesame

#### Thursday
- Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy
  - Milk, Egg, Gluten, Sulphur Dioxide
- Soya, Milk, Egg, Fish, Gluten, Sesame

#### Friday
- Fish finger wrap & diced potatoes
  - Fish, Gluten

#### Dessert
- Strawberry mousse & fruit
  - Milk
- Chocolate & orange cookie & milkshake
  - Milk, Gluten
- Cheese, crackers & apple wedge
  - Milk, Gluten
- Marble sponge & custard
  - Milk, Egg, Gluten
- Oatmeal & yoghurt muffin
  - Milk, Egg, Gluten
## Menu Week 2

### Week Commencing
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

### Available Daily:
- Best of both bread
- Gluten and Soya
- Seasonal vegetables
- Coleslaw
- Egg when served

### Vegetarian meals available upon request

### Spring ≠ Summer 2020

### Monday
- Tomato & basil pasta & garlic bread
  - Milk
- Spaghetti bolognese & garlic bread
  - Milk, Fish
- Porkies in gravy & new potatoes
  - Soya
- Roast gammon & pineapple with mashed & roast potatoes
  - Fish

### Tuesday
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish
- Jacket potatoes with cheese, ham, egg or tuna mayo & mixed salad
  - Soya, Milk, Egg, Fish, Gluten, Sesame
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya, Milk, Egg, Fish, Gluten, Sesame
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya, Milk, Egg, Fish, Gluten, Sesame

### Wednesday
- Cherry ripple rice pudding
  - Milk
- Honey cake
  - Milk, Egg
- Fruit topped yoghurt & jelly layer
  - Milk
- Scone with jam & cream
  - Milk, Gluten, Sulphur Dioxide

### Thursday
- Porkies in gravy & new potatoes
  - Soya
- Roast gammon & pineapple with mashed & roast potatoes
  - Fish
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish
- Fish goujons tomato ketchup & oven chips
  - Fish

### Friday
- Tomato & basil pasta & garlic bread
  - Milk
- Spaghetti bolognese & garlic bread
  - Milk, Fish
- Porkies in gravy & new potatoes
  - Soya
- Roast gammon & pineapple with mashed & roast potatoes
  - Fish

###交替选项
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Soya, Milk, Egg, Fish, Gluten, Sesame
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya, Milk, Egg, Fish, Gluten, Sesame
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya, Milk, Egg, Fish, Gluten, Sesame

### Dessert
- Cherry ripple rice pudding
  - Milk
- Honey cake
  - Milk, Egg
- Fruit topped yoghurt & jelly layer
  - Milk
- Scone with jam & cream
  - Milk, Gluten, Sulphur Dioxide
- Fruit flapjack & milkshake
  - Milk, Gluten

### Ingredients
- Milk
- Gluten
- Soya
- Fish
- Egg
- Sesame
- Sulphur Dioxide
**SPRING  SUMMER 2020**

**MENU WEEK 3**

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| Jacket potatoes with cheese, beans or tuna & mixed salad  
Milk Egg Fish | Filled roll with cheese, ham, egg or tuna mayo & mixed salad  
Soya Milk Egg Fish Gluten Sesame | Jacket potatoes with cheese, beans or tuna & mixed salad  
Milk Egg Fish | Roast chicken, stuffing & gravy with mashed & roast potatoes  
Gluten | MSC Breaded fish & mashed potato  
Fish Gluten |
| Quorn dippers & tabbouleh  
Milk Egg Gluten | Toad in the hole & mashed potatoes  
Milk Egg Gluten Sulphur Dioxide | Beef curry, rice & naan bread  
Mustard Celery Milk Gluten | Butterscotch mousse & banana  
Milk | Raspberry muffin  
Egg Gluten |
| **DESSERT** | **DESSERT** | **DESSERT** | **DESSERT** | **DESSERT** |
| Raspberry ripple ice cream roll  
Soya Milk Egg Gluten | Fruit yoghurt & apple wedge  
Milk | Pancake with frozen yoghurt & orange  
Milk Egg Gluten | Butterscotch mousse  
Milk | **DESSERT** |

**AVAILABLE DAILY:** Best of both bread Gluten and Soya  
Seasonal vegetables available daily Coleslaw Egg When served. Vegetarian meals available upon request