Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK 1

WEEK COMMENCING

24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

FOOD FOR LIFE SERVED HERE
Soil Association

Belong, Aim High, Succeed
Forest Town Primary School

TASTE of NATURE

	FIRST COURSE		SECOND COURSE	
MONDAY	Margherita pizza & new potatoes Milk Gluten		Cornflake tart & custard Milk Gluten Sulphur Dioxide	
TUESDAY	Venison burger in a wholemeal bun & carrot fries Soya Milk Egg Gluten Sesame Sulphur Dioxide		Chocolate & orange cookie & milkshake Milk Gluten	
WEDNESDAY	Tuna & sweetcorn pasta & garlic bread Milk Fish Gluten		Spiced carrot cake & custard Milk Egg Gluten Sulphur Dioxide	
THURSDAY	Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy Milk Egg Gluten Sulphur Dioxide		Marble sponge & custard Milk Egg Gluten	
FRIDAY	Fish finger wrap & diced potatoes Fish Gluten		Oatmeal & yoghurt muffin Milk Egg Gluten	

SERVED DAILY **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served

Vegetarian meals can be made available upon request

Forest Town Primary and Nursery School D&P 5391 UPRN 001098

Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK 2

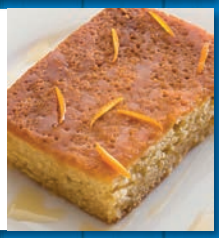
WEEK COMMENCING

2 Mar, 23 Mar, 13 April,
4 May, 25 May, 15 June,
6 July, 27 July

FOOD FOR LIFE SERVED HERE
Soil Association

Belong, Aim High, Succeed
Forest Town Primary School

TASTE of NATURE

	FIRST COURSE		SECOND COURSE	
MONDAY	Vegan sausage roll, gravy & jacket wedges Soya Gluten		Fruit yoghurt & apple wedge Milk	
TUESDAY	Spaghetti bolognese & garlic bread Milk Fish Gluten		Honey cake Milk Egg Gluten	
WEDNESDAY	Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish		Butterscotch tart Milk Gluten	
THURSDAY	Roast gammon & pineapple with mashed & roast potatoes		Scone with jam & cream Milk Gluten Sulphur Dioxide	
FRIDAY	Fish goujons tomato ketchup & oven chips Fish Gluten		Fruit flapjack & milkshake Milk Gluten	

SERVED DAILY **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served

Vegetarian meals can be made available upon request

Forest Town Primary and Nursery School D&P 5391 UPRN 001098

Nottinghamshire County Council

SPRING SUMMER 2020

MENU WEEK 3

WEEK COMMENCING

9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

Food For Life Served Here Soil Association

Belong, Aim High, Succeed

Forest Town Primary School

Taste of Nature

	First Course		Second Course	
MONDAY	Jacket potatoes with cheese, beans or tuna & mixed salad Milk Egg Fish		Raspberry ripple ice cream roll Soya Milk Egg Gluten	
TUESDAY	Toad in the hole & mashed potatoes Milk Egg Gluten Sulphur Dioxide		Lemon sponge pudding & custard Milk Egg Gluten Sulphur Dioxide	
WEDNESDAY	Beef lasagne & garlic bread Mustard Milk Fish Gluten		Raspberry swirl sponge & custard Milk Egg Gluten	
THURSDAY	Roast chicken, stuffing & gravy with mashed & roast potatoes Gluten		Chocolate brownie Gluten	
FRIDAY	MSC Breaded fish & mashed potato Fish Gluten		Raspberry muffin Egg Gluten	

SERVED DAILY **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served

Vegetarian meals can be made available upon request

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