<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Margherita pizza &amp; jacket wedges</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Summer chicken casserole &amp; mashed potatoes</td>
<td>Roast chicken, stuffing &amp; gravy with mashed &amp; roast potatoes</td>
<td>Fish finger wrap &amp; diced potatoes</td>
</tr>
<tr>
<td>Milk Gluten</td>
<td>Milk Egg Fish</td>
<td>Celery Gluten</td>
<td>Gluten</td>
<td>Fish Gluten</td>
</tr>
</tbody>
</table>

**OR**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Milk Egg Fish</td>
<td>Milk Egg Fish</td>
<td>Milk Egg Fish</td>
<td>Milk Egg Fish</td>
<td>Milk Egg Fish</td>
</tr>
</tbody>
</table>

**DESSERT**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cornflake tart &amp; custard</td>
<td>Chocolate &amp; orange cookie &amp; milkshake</td>
<td>Strawberry Eton mess</td>
<td>Cheese, crackers &amp; apple wedge</td>
<td>St Clement sponge &amp; custard</td>
</tr>
<tr>
<td>Milk Gluten Sulphur dioxide</td>
<td>Milk Gluten</td>
<td>Milk Egg</td>
<td>Milk Gluten</td>
<td>Milk EggGluten</td>
</tr>
</tbody>
</table>

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg served. Vegetarian meals available upon request.
### Spring Summer 2020

**Menu Week 2**

**WEEK COMMENCING**

2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

**Available Daily:** Best of both bread, gluten and soya, seasonal vegetables available daily. Coleslaw when served. Vegetarian meals available upon request.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; roast potatoes&lt;br&gt;<strong>Soya Gluten</strong></td>
<td>Spaghetti bolognese &amp; garlic bread&lt;br&gt;<strong>Milk Fish Gluten</strong></td>
<td>Nottinghamshire sausage, Yorkshire pudding, mashed potatoes &amp; gravy&lt;br&gt;<strong>Milk Egg Gluten Sulphur Dioxide</strong></td>
<td>Roast gammon &amp; pineapple, mashed &amp; roast potatoes</td>
<td>Fishcake burger &amp; oven chips&lt;br&gt;Mustard&lt;br&gt;Soya Milk Egg Fish&lt;br&gt;Gluten Sesame</td>
</tr>
<tr>
<td><strong>OR</strong></td>
<td><strong>OR</strong></td>
<td><strong>OR</strong></td>
<td><strong>OR</strong></td>
<td><strong>OR</strong></td>
</tr>
<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad&lt;br&gt;<strong>Milk Fish</strong></td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad&lt;br&gt;<strong>Soya Milk Egg Fish Gluten Sesame</strong></td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad&lt;br&gt;<strong>Milk Fish</strong></td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad&lt;br&gt;<strong>Soya Milk Egg Fish Gluten Sesame</strong></td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad&lt;br&gt;<strong>Milk Fish</strong></td>
</tr>
<tr>
<td><strong>DESSERT</strong></td>
<td><strong>DESSERT</strong></td>
<td><strong>DESSERT</strong></td>
<td><strong>DESSERT</strong></td>
<td><strong>DESSERT</strong></td>
</tr>
<tr>
<td>Fruit salad</td>
<td>Raspberry pavlova</td>
<td>Butterscotch tart</td>
<td>Scone with jam &amp; cream</td>
<td>Strawberry mousse &amp; shortbread</td>
</tr>
</tbody>
</table>

**Forest Glade Primary School**

**1271**
# SPRING SUMMER 2020
## MENU WEEK 3
### WEEK COMMENCING
- 9 Mar, 30 Mar, 20 April,
- 11 May, 1 June, 22 June,
- 13 July

## AVAILABLE DAILY
- Best of both bread
- Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw
- Egg when served
- Vegetarian meals available upon request

### MONDAY
- **Quorn dippers & Noisette potatoes**
  - Milk, Egg, Gluten
- **Filled roll with cheese, ham, egg or tuna mayo & mixed salad**
  - Soy, Milk, Egg, Fish, Gluten, Sesame

### TUESDAY
- **Toad in the hole & mashed potatoes**
  - Milk, Egg, Gluten Sulphur Dioxide
- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Soy, Milk, Egg, Fish, Gluten, Sesame

### WEDNESDAY
- **Beef lasagne & garlic bread**
  - Mustard, Milk, Fish, Gluten
- **Filled roll with cheese, ham, egg or tuna mayo & mixed salad**
  - Soy, Milk, Egg, Fish, Gluten, Sesame

### THURSDAY
- **Roast pork, stuffing & gravy, mashed & roast potatoes**
  - Gluten
- **Filled roll with cheese, ham, egg or tuna mayo & mixed salad**
  - Soy, Milk, Egg, Fish, Gluten, Sesame

### FRIDAY
- **MSC Breaded fish & oven chips**
  - Fish, Gluten
- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Soy, Milk, Egg, Fish, Gluten, Sesame

### DESSERT
- **Raspberry ripple ice cream roll**
  - Soy, Milk, Egg, Gluten
- **Crispy jam tart & custard**
  - Milk, Gluten Sulphur Dioxide
- **Cheese, crackers & apple wedge**
  - Milk, Gluten
- **Chocolate brownie**
  - Gluten
- **Raspberry muffin**
  - Egg, Gluten

---

*Forest Glade Primary School*