Nottinghamshire County Council

SPRING SUMMER 2020
MENU WEEK 1
Flintham Primary School

WEEK COMMENCING
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

Vegetarian meals can be made available upon request.

FIRST COURSE

MONDAY
Margherita pizza & new potatoes
Milk Gluten

TUESDAY
Venison burger in a wholemeal bun & carrot fries
Soya Milk Egg Gluten Sesame Sulphur Dioxide

WEDNESDAY
Chicken & broccoli bake with crusty bread
Mustard Milk Gluten Sesame

THURSDAY
Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy
Milk Egg Gluten Sulphur Dioxide

FRIDAY
Fish nuggets & Katsu curry with rice
Soya Fish Gluten

SECOND COURSE

MONDAY
Strawberry mousse & fruit
Milk

TUESDAY
Fruit yoghurt & apple wedge
Milk

WEDNESDAY
Spiced carrot cake & custard
Milk Egg Gluten Sulphur Dioxide

THURSDAY
Seasonal fruit crumble & custard
Milk Gluten

FRIDAY
Fruit salad

Served daily: Best of both bread, Gluten and Soya. Seasonal vegetables available daily. Coleslaw, egg when served.
**Flintham Primary School**

**SPRING SUMMER 2020**

**MENU WEEK 2**

WEEK COMMENCING
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

**Vegetarian meals can be made available upon request**

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**FIRST COURSE**

**MONDAY**
Vegan sausage roll, gravy & jacket wedges
Soya Gluten

**TUESDAY**
Spaghetti bolognese & garlic bread
Milk Fish Gluten

**WEDNESDAY**
BBQ pork wrap & new potatoes
Gluten

**THURSDAY**
Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy
Milk Egg Gluten Sulphur Dioxide

**FRIDAY**
Fish goujons tomato ketchup & oven chips
Fish Gluten

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**SECOND COURSE**

**MONDAY**
Fruit yoghurt & apple wedge
Milk

**TUESDAY**
Honey cake
Milk Egg Gluten

**WEDNESDAY**
Fruit salad

**THURSDAY**
Peach melba
Milk

**FRIDAY**
Strawberry mousse & shortbread
Milk Gluten

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**SERVED DAILY**
Best of both bread Gluten and Sage Seasonal vegetables available daily Coleslaw egg when served
**Flintham Primary School**

**SPRING     SUMMER 2020**

**MENU WEEK 3**

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

**FIRST COURSE**

**MONDAY**
- Quorn dippers & rice
  - Milk, Egg, Gluten

**TUESDAY**
- Toad in the hole & mashed potatoes
  - Milk, Egg, Gluten, Sulphur Dioxide

**WEDNESDAY**
- Chicken tikka wrap & savoury rice
  - Celery, Milk, Gluten

**THURSDAY**
- Roast chicken, stuffing & gravy with mashed & roast potatoes
  - Gluten

**FRIDAY**
- Salmon & sweet potato fishcake & jacket wedges
  - Mustard, Soy, Milk, Egg, Fish, Gluten

**SECOND COURSE**

**MONDAY**
- Raspberry ripple ice cream roll
  - Soya Milk, Egg, Gluten

**TUESDAY**
- Crispy jam tart & custard
  - Milk, Gluten, Sulphur Dioxide

**WEDNESDAY**
- Fruit yoghurt & apple wedge
  - Milk

**THURSDAY**
- Chocolate brownie
  - Gluten

**FRIDAY**
- Raspberry muffin
  - Egg, Gluten

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**Served Daily**
- Best of both bread
- Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw
- Coleslaw
- Coleslaw

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Vegetarian meals can be made available upon request.