**Eskdale Junior School**

**Spring Summer 2020 Menu Week 1**

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

### FIRST COURSE

**MONDAY**
- Margherita pizza & new potatoes
  - **Milk Gluten**

**TUESDAY**
- Venison burger in a wholemeal bun & carrot fries
  - **Soya Milk Egg Gluten Sesame Sulphur Dioxide**

**WEDNESDAY**
- Summer chicken casserole & mashed potatoes
  - **Celery Gluten**

**THURSDAY**
- Roast chicken, stuffing & gravy with mashed & roast potatoes
  - **Gluten**

**FRIDAY**
- Fish finger wrap & diced potatoes
  - **Fish Gluten**

### SECOND COURSE

**MONDAY**
- Cornflake tart & custard
  - **Milk Gluten Sulphur Dioxide**

**TUESDAY**
- Chocolate & orange cookie & milkshake
  - **Milk Gluten**

**WEDNESDAY**
- Spiced carrot cake & custard
  - **Milk Egg Gluten Sulphur Dioxide**

**THURSDAY**
- Fruit salad

**FRIDAY**
- Oatmeal & yoghurt muffin
  - **Milk Egg Gluten**

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**Served Daily**
- Best of both bread *Gluten and Soya* Seasonal vegetables available daily Coleslaw *Egg when served*

Vegetarian meals can be made available upon request.
## SPRING  SUMMER 2020
### MENU WEEK 2

**WEEK COMMENCING**
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

**FIRST COURSE**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>SECOND COURSE</th>
</tr>
</thead>
</table>
| Tomato & basil pasta & garlic bread  
Milk Gluten | Fruit salad |
| Spaghetti bolognese & garlic bread  
Milk Fish Gluten | Honey cake  
Milk Egg Gluten |
| All day breakfast & diced potatoes  
Milk Egg | Fruit yoghurt & apple wedge  
Milk |
| Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy  
Milk Egg Gluten Sulphur Dioxide | Peach melba  
Milk |
| Fish goujons tomato ketchup & oven chips  
Fish Gluten | Fruit flapjack & milkshake  
Milk Gluten |

**SERVED DAILY** Best of both bread Gluten and Sage Seasonal vegetables available daily Coleslaw egg when served

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**SPRING ≠ SUMMER 2020**
**WEEK COMMENCING**
**2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July**
**SPRING SUMMER 2020**

**MENU WEEK 3**

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

<table>
<thead>
<tr>
<th>FIRST COURSE</th>
<th>SECOND COURSE</th>
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<tbody>
<tr>
<td><strong>MONDAY</strong></td>
<td></td>
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<tr>
<td>Quorn dippers &amp; tabbouleh</td>
<td>Apple pie &amp; custard</td>
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<tr>
<td>Milk Egg Gluten</td>
<td>Milk Gluten</td>
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<tr>
<td><strong>TUESDAY</strong></td>
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<tr>
<td>Toad in the hole &amp; mashed potatoes</td>
<td>Fruit salad</td>
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<tr>
<td>Milk Egg Gluten Sulphur Dioxide</td>
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<tr>
<td><strong>WEDNESDAY</strong></td>
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<tr>
<td>Beef curry, rice &amp; naan bread</td>
<td>Fruit in jelly &amp; shortbread finger</td>
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<tr>
<td>Mustard Celery Milk Gluten</td>
<td>Gluten</td>
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<tr>
<td><strong>THURSDAY</strong></td>
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</tr>
<tr>
<td>Roast pork, stuffing &amp; gravy, mashed &amp; roast potatoes</td>
<td>Chocolate brownie</td>
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<tr>
<td>Gluten</td>
<td>Gluten</td>
</tr>
<tr>
<td><strong>FRIDAY</strong></td>
<td></td>
</tr>
<tr>
<td>MSC Breaded fish &amp; mashed potato</td>
<td>Raspberry muffin</td>
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<tr>
<td>Fish Gluten</td>
<td>Egg Gluten</td>
</tr>
</tbody>
</table>

**SERVED DAILY** Best of both bread, Gluten and Sage, Seasonal vegetables available daily. Coleslaw, egg when served.

Vegetarian meals can be made available upon request.