### Week 1

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

**SPRING ≠ SUMMER 2020**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Margherita pizza &amp; new potatoes</td>
<td>MSC Breaded fish &amp; chips</td>
<td>Chicken &amp; broccoli bake with crusty bread</td>
<td>Roast chicken, stuffing &amp; gravy with mashed &amp; roast potatoes</td>
<td>Fish finger wrap &amp; jacket wedges</td>
</tr>
<tr>
<td>Milk Gluten</td>
<td>Fish Gluten</td>
<td>Mustard Milk Gluten Sesame</td>
<td>Gluten</td>
<td>Fish Gluten</td>
</tr>
<tr>
<td>OR</td>
<td>OR</td>
<td>OR</td>
<td>OR</td>
<td>OR</td>
</tr>
<tr>
<td>Squash &amp; sweet potato macaroni cheese &amp; garlic bread</td>
<td>Pasta Neopolitan &amp; garlic bread</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Mustard Milk Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Egg Fish</td>
<td>Milk Egg Gluten</td>
<td>Milk Egg Fish</td>
</tr>
<tr>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
</tr>
<tr>
<td>Cornflake tart &amp; custard</td>
<td>Chocolate &amp; orange cookie &amp; milkshake</td>
<td>Spiced carrot cake &amp; custard</td>
<td>Seasonal fruit crumble &amp; custard</td>
<td>Oatmeal &amp; yoghurt muffin</td>
</tr>
<tr>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
<td>Milk Egg Gluten</td>
</tr>
</tbody>
</table>

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request.

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Ernehale Junior School
### Week 2

**WEEK COMMENCING**

2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>MSC Breaded fish &amp; chips</td>
<td>Chicken &amp; coconut curry &amp; wholegrain rice</td>
<td>Roast gammon &amp; pineapple with mashed &amp; roast potatoes</td>
<td>Fish goujons tomato ketchup &amp; oven chips</td>
</tr>
<tr>
<td>Soy Gluten</td>
<td>Fish Gluten</td>
<td>Mustard Milk</td>
<td></td>
<td>Fish Gluten</td>
</tr>
<tr>
<td><strong>OR</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tomato &amp; basil pasta &amp; garlic bread</td>
<td>Pasta Neopolitan &amp; garlic bread</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Quorn roast, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Milk Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Egg Fish</td>
<td>Milk Egg Gluten</td>
<td>Milk Egg Fish</td>
</tr>
<tr>
<td><strong>DESSERT</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pineapple cake &amp; cream</td>
<td>Honey cake</td>
<td>Butterscotch tart</td>
<td>Peach melba</td>
<td>Fruit flapjack &amp; milkshake</td>
</tr>
<tr>
<td>Milk Egg Gluten</td>
<td>Milk Egg Gluten</td>
<td>Milk Gluten</td>
<td>Milk</td>
<td>Milk Gluten</td>
</tr>
</tbody>
</table>

**AVAILABLE DAILY:** Best of both bread Gluten and Soy, Seasonal vegetables available daily, Coleslaw when served, Vegetarian meals available upon request.
**SPRING SUMMER 2020**

**MENU WEEK 3**

**WEEK COMMENCING**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

**MONDAY**
- Quorn dippers & tabbouleh
  - Milk, Egg, Gluten

**TUESDAY**
- MSC Fish fingers & oven chips
  - Fish, Gluten
- Mediterranean Quorn pasta & crusty bread
  - Milk, Egg, Gluten, Sesame

**WEDNESDAY**
- Chicken tikka wrap & savoury rice
  - Celery, Milk, Gluten
- Roast chicken, stuffing & gravy with mashed & roast potatoes
  - Gluten

**THURSDAY**
- Roast chicken, stuffing & gravy with mashed & roast potatoes
  - Gluten
- MSC Breaded fish & jacket wedges
  - Fish, Gluten

**FRIDAY**
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg, Fish

**DESSERT**
- Raspberry ripple ice cream roll
  - Soya, Milk, Egg, Gluten
- Crispy jam tart & custard
  - Milk, Gluten, Sulphur dioxide
- Raspberry swirl sponge & custard
  - Milk, Egg, Gluten
- Chocolate brownie
  - Gluten
- Raspberry muffin
  - Egg, Gluten

**AVAILABLE DAILY:** Best of both bread, Gluten and Soya, Seasonal vegetables, available daily Coleslaw, egg when served. Vegetarian meals available upon request.