### Spring Summer 2020 Menu Week 1

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

**Available Daily:** Best of both bread and Soya. Seasonal vegetables available daily. Coleslaw and egg when served. Vegetarian meals available upon request.

#### Monday
- **Main Course:**
  - Margherita pizza & new potatoes
    - Milk, Gluten
- **Alternatively:**
  - Squash & sweet potato macaroni cheese & garlic bread
    - Mustard, Milk, Gluten

#### Tuesday
- **Main Course:**
  - Venison burger in a wholemeal bun & carrot fries
    - Soya, Milk, Egg, Gluten, Sesame, Sulphur Dioxide
- **Alternatively:**
  - Quorn burger in a bun & carrot fries
    - Soya, Milk, Egg, Gluten, Sesame

#### Wednesday
- **Main Course:**
  - Chicken & broccoli bake with crusty bread
    - Mustard, Milk, Gluten, Sesame
- **Alternatively:**
  - Jacket potatoes with cheese, beans or tuna & mixed salad
    - Milk, Egg, Fish

#### Thursday
- **Main Course:**
  - Notinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy
    - Milk, Egg, Gluten, Sulphur Dioxide
- **Alternatively:**
  - Quorn sausage, Yorkshire pudding, gravy & mashed potatoes
    - Milk, Egg, Gluten

#### Friday
- **Main Course:**
  - Fish nuggets & Katsu curry with rice
    - Soya, Fish, Gluten
- **Alternatively:**
  - Jacket potatoes with cheese, beans or tuna & mixed salad
    - Milk, Egg, Fish

#### Dessert
- **Monday:** Strawberry mousse & fruit
  - Milk
- **Tuesday:** Chocolate & orange cookie & milkshake
  - Milk, Gluten
- **Wednesday:** Spiced carrot cake & custard
  - Milk, Egg, Gluten, Sulphur Dioxide
- **Thursday:** Marble sponge & custard
  - Milk, Egg, Gluten
- **Friday:** Oatmeal & yoghurt muffin
  - Milk, Egg, Gluten
**Monday**

- Vegan sausage roll, gravy & jacket wedges
  - Soya Gluten

OR

- Tomato & basil pasta & garlic bread
  - Milk Gluten

DESSERT

- Cherry ripple rice pudding
  - Milk

**Tuesday**

- Chicken & coconut curry & wholegrain rice
  - Mustard Milk

OR

- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya Milk Fish Gluten Sesame

DESSERT

- Honey cake
  - Milk Egg Gluten

**Wednesday**

- Pasta Neapolitan & garlic bread
  - Milk Gluten Sulphur Dioxide

OR

- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Egg Fish

DESSERT

- Fruit topped yoghurt & jelly layer
  - Milk

**Thursday**

- Roast gammon & pineapple with mashed & roast potatoes

OR

- Quorn roast, stuffing, gravy, mashed & roast potatoes
  - Milk Egg Gluten

DESSERT

- Fruit salad
  - Milk

**Friday**

- Fish goujons tomato ketchup & oven chips
  - Fish Gluten

OR

- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk Egg Fish

DESSERT

- Fruit flapjack & milkshake
  - Milk Gluten

---

**Available daily:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg when served. Vegetarian meals available upon request.
### Spring Summer 2020

**Week Commencing**
- 9 Mar, 30 Mar, 20 April,
- 11 May, 1 June, 22 June,
- 13 July

### Monday
- **Quorn dippers & tabbouleh**
  - Milk, Egg, Gluten

### Tuesday
- **Toad in the hole & mashed potatoes**
  - Milk, Egg, Gluten, Sulphur Dioxide

### Wednesday
- **Chicken tikka wrap & savoury rice**
  - Celery, Milk, Gluten

### Thursday
- **Roast chicken, stuffing & gravy with mashed & roast potatoes**
  - Gluten

### Friday
- **MSC Breaded fish & mashed potato**
  - Fish, Gluten

### OR
- **Tomato & basil pasta & garlic bread**
  - Milk, Gluten

### OR
- **Yorkshire pudding with vegetarian sausage & gravy**
  - Soya, Milk, Egg, Gluten, Sulphur Dioxide

### OR
- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Milk, Egg, Gluten

### OR
- **Quorn roast, stuffing, gravy, mashed & roast potatoes**
  - Milk, Egg, Gluten

### OR
- **Jacket potatoes with cheese, beans or tuna & mixed salad**
  - Milk, Egg, Fish

### Dessert
- **Raspberry ripple ice cream roll**
  - Soya, Milk, Egg, Gluten

### Dessert
- **Lemon sponge pudding & custard**
  - Milk, Egg, Gluten, Sulphur Dioxide

### Dessert
- **Fruit in jelly & shortbread finger**
  - Gluten

### Dessert
- **Chocolate brownie**
  - Gluten

### Dessert
- **Cheese, crackers & apple wedge**
  - Milk, Gluten

**Available Daily:** Best of both bread, Gluten and Soya Seasonal vegetables available daily, Coleslaw, egg served. Vegetarian meals available upon request.