### WEEK COMMENCING 24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

**Nottinghamshire County Council**

**Nottinghamshire Junior Academy**

**SPRING SUMMER 2020 MENU WEEK 1**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td>Margherita pizza &amp; new potatoes</td>
<td>Venison burger in a wholemeal bun &amp; carrot fries</td>
<td>Tuna &amp; sweetcorn pasta &amp; garlic bread</td>
<td>Nottinghamshire sausage, Yorkshire pudding, mashed potatoes &amp; gravy</td>
<td>Fish finger wrap &amp; diced potatoes</td>
</tr>
<tr>
<td>Milk Gluten</td>
<td>Soya Milk Gluten Egg Gluten Sesame Sulphur Dioxide</td>
<td>Milk Fish Gluten</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Fish Gluten</td>
</tr>
<tr>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Pasta Neapolitan &amp; garlic bread</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Quorn sausage, Yorkshire pudding, gravy &amp; mashed potatoes</td>
<td>Quorn sausage, Yorkshire pudding, gravy &amp; mashed potatoes &amp; gravy</td>
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<tr>
<td>Soya Milk Egg Fish Gluten Sesame</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Fish</td>
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<tr>
<td>Strawberry mousse &amp; fruit</td>
<td>Chocolate &amp; orange cookie &amp; milkshake</td>
<td>Spiced carrot cake &amp; custard</td>
<td>Seasonal fruit crumble &amp; custard</td>
<td>Oatmeal &amp; yoghurt muffin</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk Gluten</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
<td>Milk Egg Gluten</td>
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**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg when served. Vegetarian meals available upon request.
## SPRING SUMMER 2020
### WEEK 2

**WEEK COMMENCING**
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>All day breakfast &amp; diced potatoes</td>
<td>Roast gammon &amp; pineapple with mashed &amp; roast potatoes</td>
<td>Fish goujons tomato ketchup &amp; oven chips</td>
</tr>
<tr>
<td>Soya Gluten</td>
<td>Milk Fish Gluten</td>
<td>Milk Egg</td>
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<td>Fish Gluten</td>
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<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Pasta Neopolitan &amp; garlic bread</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
</tr>
<tr>
<td>Milk Egg Fish</td>
<td>Soya Milk Egg Fish Gluten Sesame</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Egg Fish</td>
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<td>DESSERT</td>
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<tr>
<td>Fruit salad</td>
<td>Honey cake</td>
<td>Butterscotch tart</td>
<td>Scone with jam &amp; cream</td>
<td>Fruit flapjack &amp; milkshake</td>
</tr>
<tr>
<td>Milk Egg Gluten</td>
<td>Milk Gluten</td>
<td>Milk Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Gluten</td>
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### AVAILABLE DAILY:
- Best of both bread and Soya
- Seasonal vegetables available daily
- Coleslaw when served
- Vegetarian meals available upon request

Carlton Junior School  0115 989 9940
## Spring Summer 2020
### Menu Week 3

**Week Commencing**
9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

### Monday
- Quorn dippers & tabbouleh
  - Milk, Egg, Gluten
- Tomato & basil pasta & garlic bread
  - Milk, Gluten

### Tuesday
- Toad in the hole & mashed potatoes
  - Milk, Egg, Gluten, Sulphur Dioxide
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg

### Wednesday
- Beef lasagne & garlic bread
  - Mustard, Milk, Fish, Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk, Egg

### Thursday
- Roast pork, stuffing & gravy, mashed & roast potatoes
  - Gluten
- Quorn roast, stuffing, gravy, mashed & roast potatoes
  - Milk, Egg, Gluten

### Friday
- MSC Breaded fish & mashed potato
  - Fish, Gluten
- Vegetable & cheese bake with jacket wedges
  - Mustard, Milk, Gluten

### Dessert
- Apple pie & custard
  - Milk, Gluten
- Lemon sponge pudding & custard
  - Milk, Egg, Gluten, Sulphur Dioxide
- Fruit yoghurt & apple wedge
  - Milk
- Chocolate brownie
  - Gluten
- Raspberry muffin
  - Egg, Gluten

### Available Daily
- Best of both bread, Gluten and Soup, Seasonal vegetables available daily, Coleslaw egg served. Vegetarian meals available upon request.