### AVAILABLE DAILY:
- Best of both bread
- Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw
- Egg when served
- Vegetarian meals available upon request

### MENU WEEK 1

**WEEK COMMENCING**
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smokey three bean chilli &amp;</td>
<td>Venison burger in a wholemeal bun &amp; carrot</td>
<td>Chicken &amp; broccoli bake with crusty bread</td>
<td>Nottingahmshire sausage, Yorkshire pudding,</td>
<td>Fish finger wrap &amp; diced</td>
</tr>
<tr>
<td>wholegrain rice</td>
<td>fries Sesame Milk Gluten Sulphur Dioxide</td>
<td></td>
<td>mashed potatoes &amp; gravy Milk Egg Gluten Sulphur</td>
<td>potatoes Fish Gluten</td>
</tr>
<tr>
<td>Celery</td>
<td></td>
<td></td>
<td>Dioxide</td>
<td></td>
</tr>
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<td></td>
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</tr>
<tr>
<td>Squash &amp; sweet potato</td>
<td>Pasta Neopolitan &amp; garlic bread</td>
<td>Quorn &amp; broccoli bake with crusty bread</td>
<td>Quorn sausage, Yorkshire pudding, gravy &amp;</td>
<td>Jacket potatoes with cheese,</td>
</tr>
<tr>
<td>macaroni cheese</td>
<td></td>
<td></td>
<td>mashed potatoes Milk Egg</td>
<td>beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>&amp; garlic bread</td>
<td></td>
<td></td>
<td></td>
<td>Milk Egg Fish</td>
</tr>
<tr>
<td>Mustard Milk Gluten</td>
<td></td>
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<tr>
<td>DESSERT</td>
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<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
</tr>
<tr>
<td>Strawberry mousse</td>
<td>Chocolate &amp; orange cookie &amp; milkshake</td>
<td>Strawberry Eton mess</td>
<td>Marble sponge &amp; custard Milk Egg</td>
<td>St Clement sponge &amp; custard</td>
</tr>
<tr>
<td>&amp; fruit</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Milk</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

**SPRING ≠ SUMMER 2020**
WEEK COMMENCING
24 Feb, 16 Mar, 6 April, 27 April, 18 May, 8 June, 29 June, 20 July

- Squash & sweet potato macaroni cheese & garlic bread
- Pasta Neopolitan & garlic bread
- Quorn & broccoli bake with crusty bread
- Quorn sausage, Yorkshire pudding, gravy & mashed potatoes
- Jacket potatoes with cheese, beans or tuna & mixed salad

- Smokey three bean chilli
- Venison burger in a wholemeal bun & carrot fries
- Chicken & broccoli bake with crusty bread
- Nottingahmshire sausage, Yorkshire pudding, mashed potatoes & gravy
- Fish finger wrap & diced potatoes

**AVAILABLE DAILY:**
- Best of both bread
- Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw
- Egg when served
- Vegetarian meals available upon request
## SPRING  SUMMER 2020
### MENU  WEEK 2

**WEEK COMMENCING**

2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

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<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>All day breakfast &amp; diced potatoes</td>
<td>Nottinghamshire sausage, Yorkshire pudding, mashed potatoes &amp; gravy</td>
<td>Fish goujons tomato ketchup &amp; oven chips</td>
</tr>
<tr>
<td>Soya Gluten</td>
<td>Milk Fish Gluten</td>
<td>Milk Egg</td>
<td>Milk Egg Gluten Sulphur Dioxide</td>
<td>Fish Gluten</td>
</tr>
<tr>
<td>OR</td>
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<td>OR</td>
<td>OR</td>
<td>OR</td>
</tr>
<tr>
<td>Cheesy bean pie</td>
<td>Quorn spaghetti bolognese &amp; garlic bread</td>
<td>Pasta Neopolitan &amp; garlic bread</td>
<td>Quorn sausage, Yorkshire pudding, gravy &amp; mashed potatoes</td>
<td>Vegetable nuggets &amp; mashed potatoes</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk Egg Gluten</td>
<td>Milk Gluten Sulphur Dioxide</td>
<td>Milk Egg Gluten</td>
<td>Gluten</td>
</tr>
<tr>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
<td>DESSERT</td>
</tr>
<tr>
<td>Cherry ripple rice pudding</td>
<td>Honey cake</td>
<td>Butterscotch tart</td>
<td>Peach melba</td>
<td>Fruit flapjack &amp; milkshake</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk Egg Gluten</td>
<td>Milk Gluten</td>
<td>Milk</td>
<td>Milk Gluten</td>
</tr>
</tbody>
</table>

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**AVAILABLE DAILY:** Best of both bread  Gluten and Soya  Seasonal vegetables  available daily  Coleslaw  Egg when served.  Vegetarian meals available upon request
# Spring Summer 2020

**Menu Week 3**

**Week Commencing**
9 Mar, 30 Mar, 20 April,
11 May, 1 June, 22 June,
13 July

**Monday**
- Quorn dippers & tabbouleh
- Lentil bolognese & garlic bread

**Or**
- Vegetable lasagne & garlic bread
- Yorkshire pudding with vegetarian sausage & gravy

**Dessert**
- Raspberry ripple ice cream roll
- Lemon sponge pudding & custard

**Tuesday**
- Toad in the hole & mashed potatoes
- Vegetable lasagne & garlic bread

**Or**
- Quorn roast, stuffing, gravy, mashed & roast potatoes
- Mashed & roast potatoes

**Dessert**
- Fruit in jelly & shortbread finger
- Chocolate brownie

**Wednesday**
- Beef lasagne & garlic bread
- Roast chicken, stuffing & gravy with mashed & roast potatoes

**Or**
- Yorksire pudding with vegetarian sausage & gravy
- Vegetable lasagne & garlic bread

**Dessert**
- Raspberry mufﬁn
- Fruit in jelly & shortbread finger

**Thursday**
- Roast chicken, stuffing & gravy with mashed & roast potatoes
- Vegetable & cheese bake with jacket wedges

**Or**
- Lentil bolognese & garlic bread
- Yorkshire pudding with vegetarian sausage & gravy

**Dessert**
- Chocolate brownie
- Fruit in jelly & shortbread finger

**Friday**
- MSC Breaded ﬁsh & mashed potato
- Vegetable & cheese bake with jacket wedges

**Or**
- Vegetable lasagne & garlic bread
- Vegetable & cheese bake with jacket wedges

**Dessert**
- Raspberry muffin
- Fruit in jelly & shortbread finger

**Available Daily:**
- Best of both bread, gluten and soya
- Seasonal vegetables available daily
- Coleslaw egg when served
- Vegetarian meals available upon request

**Nottinghamshire County Council**

**Ash Lea School**

**D&P 5391 UPRN**