### First Course

- **Monday**
  - Margherita pizza & new potatoes
    - Milk Gluten

- **Tuesday**
  - Venison burger in a wholemeal bun & jacket wedges
    - Soya Milk Egg Gluten Sesame Sulphur Dioxide
  - *Today’s Vegetarian Option*
    - Quorn burger in a bun & jacket wedges
    - Soya Milk Egg Gluten Sesame

- **Wednesday**
  - Chicken & broccoli bake with crusty bread
    - Mustard Milk Gluten Sesame
  - *Today’s Vegetarian Option*
    - Quorn & broccoli bake with crusty bread
    - Mustard Milk Egg Gluten Sesame

- **Thursday**
  - Roast chicken, stuffing & gravy with mashed & roast potatoes
    - Gluten
  - *Today’s Vegetarian Option*
    - Quorn roast, stuffing, gravy, mashed & roast potatoes
    - Milk Egg Gluten

- **Friday**
  - Fish finger wrap & diced potatoes
    - Fish Gluten

### Second Course

- **Monday**
  - Cornflaked tart & custard
    - Milk Gluten Sulphur Dioxide

- **Tuesday**
  - Chocolate & orange cookie & milkshake
    - Milk Gluten

- **Wednesday**
  - Strawberry Eton mess
    - Milk Egg

- **Thursday**
  - Marble sponge & custard
    - Milk Egg Gluten

- **Friday**
  - Fruit yoghurt & apple wedge
    - Milk

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**Served Daily**
- Best of both bread (Gluten and Soya)
- Seasonal vegetables available daily
- Coleslaw when served

Vegetarian meals can be made available upon request.
## SPRING  SUMMER 2020

### MENU WEEK 2

**WEEK COMMENCING**
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

### FIRST COURSE

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| Vegan sausage roll, gravy & jacket wedges  
Soya, Gluten | Spaghetti bolognese & garlic bread  
Milk, Fish, Gluten  
**TODAY’S VEGETARIAN OPTION**  
Quorn spaghetti bolognese & garlic bread  
Milk, Egg, Gluten | BBQ pork wrap & new potatoes  
Gluten  
**TODAY’S VEGETARIAN OPTION**  
BBQ Quorn wrap & new potatoes  
Milk, Egg, Gluten | Notthinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy  
Milk, Egg, Gluten  
**TODAY’S VEGETARIAN OPTION**  
Quorn sausage, Yorkshire pudding, gravy & mashed potatoes  
Milk, Egg, Gluten | Fish goujons tomato ketchup & oven chips  
Fish, Gluten |

### SECOND COURSE

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| Cherry ripple rice pudding  
Milk | Honey cake  
Milk, Egg, Gluten | Butterscotch tart  
Soya, Milk, Gluten | Peach melba  
Milk | Strawberry mousse & shortbread  
Milk, Gluten |

### SERVED DAILY
- Best of both bread  
- Gluten and Sage  
- Seasonal vegetables available daily  
- Coleslaw  
- Egg when served

Vegetarian meals can be made available upon request.
## Menu Week 3

**Week Commencing** 9 Mar, 30 Mar, 20 April, 11 May, 1 June, 22 June, 13 July

### First Course

<table>
<thead>
<tr>
<th>Day</th>
<th>Menu Item</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Toad in the hole &amp; mashed potatoes</td>
<td>Milk, Egg, Gluten, Sulphur Dioxide</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Mexican chicken crepe</td>
<td>Ceanry, Milk, Egg, Gluten</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Roast pork, stuffing &amp; gravy, mashed &amp; roast potatoes</td>
<td>Gluten</td>
</tr>
<tr>
<td>Thursday</td>
<td>MSC Breaded fish &amp; diced potatoes</td>
<td>Fish, Gluten</td>
</tr>
</tbody>
</table>

**Today’s Vegetarian Option**

<table>
<thead>
<tr>
<th>Day</th>
<th>Menu Item</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Quorn dippers &amp; tabbouleh</td>
<td>Milk, Egg, Gluten</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Yorkshire pudding with vegetable sausage &amp; gravy</td>
<td>Soya, Milk, Egg, Gluten, Sulphur Dioxide</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Mexican chicken crepe</td>
<td>Ceanry, Milk, Egg, Gluten</td>
</tr>
<tr>
<td>Thursday</td>
<td>Roast pork, stuffing, gravy, mashed &amp; roast potatoes</td>
<td>Gluten</td>
</tr>
</tbody>
</table>

### Second Course

- Raspberry ripple ice cream roll
- Soya Milk Egg Gluten
- Cheese, crackers & apple wedge
- Milk Gluten
- Fruit in jelly & shortbread finger
- Gluten
- Chocolate brownie
- Gluten
- Raspberry muffin
- Egg Gluten

**Served Daily**
- Best of both bread
- Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw
- Egg when served

Vegetarian meals can be made available upon request.