



AUTUMN WINTER 2019/20

## MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,  
18 Nov, 9 Dec, 13 Jan, 3 Feb



Worksp Prioxy  
C of E Primary



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Vegetarian sausage roll,  
gravy & roast potatoes

Soya Gluten



Beef Tacos  
& potato wedges

Fish



Chicken casserole,  
mashed potatoes  
& Yorkshire pudding

Celery Milk Egg Gluten Sulphur Dioxide



Nottinghamshire sausage,  
Yorkshire pudding, gravy  
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



MSC Fish fingers  
& diced potatoes

Fish Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

DESSERT



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide

DESSERT



Coconut sponge  
& custard

Milk Egg Gluten Sulphur Dioxide

DESSERT



Strawberry mousse  
& fruit

Milk

DESSERT



Chocolate rice pudding

Milk

DESSERT



Oatmeal & yoghurt muffin

Milk Egg Gluten

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

## MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,  
16 Dec, 20 Jan, 10 Feb



Workshop Priory  
C of E Primary



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



Quorn dippers  
& savoury rice

Milk Egg Gluten



Nottinghamshire sausage,  
Yorkshire pudding, gravy  
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Spaghetti bolognese  
& garlic slice

Soya Milk Fish Gluten



Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes

Milk Egg Gluten



Fish goujons  
& potato wedges

Fish Gluten

**OR**



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

**OR**



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

**OR**



Jacket potatoes with  
cheese, beans or tuna  
mixed salad

Milk Egg Fish

**OR**



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

**OR**



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

**DESSERT**



Marble sponge  
& custard

Milk Egg Gluten

**DESSERT**



Fruit flapjack

Gluten

**DESSERT**



Spiced apple cake  
& custard

Milk Egg Gluten

**DESSERT**



Butterscotch mousse  
& shortbread finger

Milk Gluten

**DESSERT**



Raspberry ripple  
ice cream roll

Soya Milk Egg Gluten

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request



AUTUMN WINTER 2019/20

## MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,  
2 Dec, 6 Jan, 27 Jan



Workshop Priory  
C of E Primary



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Margherita pizza  
& jacket wedges

Milk Gluten



Beef lasagne  
& garlic slice

Mustard Soya Milk Fish Gluten



Porkies in gravy,  
Yorkshire pudding  
& mashed potatoes

Soya Milk Egg Gluten



Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes

Milk Egg Gluten



MSC Breaded fish  
& chips

Fish Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

OR



Filled roll with cheese,  
ham, egg or tuna  
& mixed salad

Soya Milk Egg Fish Gluten

OR



Jacket potatoes with  
cheese, beans or tuna  
& mixed salad

Milk Egg Fish

DESSERT



Magic chocolate pudding  
& chocolate sauce

Milk Egg Gluten

DESSERT



Butterscotch tart

Milk Gluten

DESSERT



Chocolate ice cream roll  
& chocolate sauce

Soya Milk Egg Gluten

DESSERT



Butterscotch mousse  
& shortbread finger

Milk Gluten

DESSERT



Fruit topped yoghurt  
& jelly layer

Milk

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served. Vegetarian meals available upon request