



AUTUMN WINTER 2019/20

## MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,  
18 Nov, 9 Dec, 13 Jan, 3 Feb



### FIRST COURSE

### SECOND COURSE

MONDAY

Jacket potatoes with  
cheese, beans or tuna  
& mixed salad  
**Milk Egg Fish**



Cornflake tart  
& custard

**Milk Gluten Sulphur Dioxide**



TUESDAY

Beef & vegetable pie  
with mashed potatoes  
**Milk Fish Gluten**



Fruit yoghurt  
& apple wedge

**Milk**



WEDNESDAY

BBQ Chicken pizza  
& potato wedges  
**Milk Gluten**



Magic chocolate pudding  
& chocolate sauce

**Milk Egg Gluten**



THURSDAY

Nottinghamshire sausage,  
Yorkshire pudding, gravy  
& mashed potatoes  
**Milk Egg Gluten Sulphur Dioxide**



Cheese, crackers  
& apple wedge

**Milk Gluten**



FRIDAY

MSC Fish fingers  
& diced potatoes  
**Fish Gluten**



Oatmeal & yoghurt muffin

**Milk Egg Gluten**



SERVED DAILY

**Best of both bread** **Gluten and Soya** **Seasonal vegetables** available daily **Coleslaw** **Egg** when served  
**Vegetarian meals can be made available upon request**



AUTUMN WINTER 2019/20

## MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,  
16 Dec, 20 Jan, 10 Feb



### FIRST COURSE

### SECOND COURSE

MONDAY

Jacket potatoes with  
cheese, beans or tuna  
& mixed salad  
*Milk Egg Fish*



Marble sponge  
& custard

*Milk Egg Gluten*



TUESDAY

Nottinghamshire sausage,  
Yorkshire pudding,  
gravy & mashed potatoes  
*Milk Egg Gluten Sulphur Dioxide*



Fruit flapjack

*Gluten*



WEDNESDAY

Spaghetti bolognese  
& garlic slice

*Soya Milk Fish Gluten*



Cheese, crackers  
& apple wedge

*Milk Gluten*



THURSDAY

Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes  
*Milk Egg Gluten*



Fruits of the forest muffin

*Egg Gluten*



FRIDAY

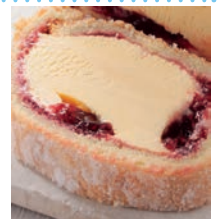
Fish goujons  
& potato wedges

*Fish Gluten*



Raspberry ripple  
ice cream roll

*Soya Milk Egg Gluten*



SERVED DAILY

**Best of both bread** *Gluten and Soya* **Seasonal vegetables** available daily **Coleslaw** *Egg* when served  
**Vegetarian meals can be made available upon request**





AUTUMN WINTER 2019/20

## MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,  
2 Dec, 6 Jan, 27 Jan



### FIRST COURSE

### SECOND COURSE

MONDAY

Jacket potatoes with  
cheese, beans or tuna  
& mixed salad  
*Milk Egg Fish*



Carrot & pineapple traybake  
& cream  
*Milk Egg Gluten*

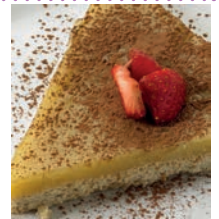


TUESDAY

Venison burger  
in a wholemeal bun  
& carrot fries  
*Soya Egg Gluten Sulphur Dioxide*



Butterscotch tart  
*Milk Gluten*



WEDNESDAY

All day breakfast wrap  
& diced potatoes  
*Celery Milk Egg Gluten Sulphur Dioxide*



Chocolate ice cream roll  
& chocolate sauce  
*Soya Milk Egg Gluten*



THURSDAY

Roast turkey,  
stuffing & gravy with  
mashed & roast potatoes  
*Gluten*



Honey & oatmeal cookie  
with milkshake  
*Milk Gluten*



FRIDAY

MSC Breaded fish  
& chips  
*Fish Gluten*



Fruit topped yoghurt  
& jelly layer  
*Milk*



SERVED DAILY

**Best of both bread** *Gluten and Soya* **Seasonal vegetables** available daily **Coleslaw** *Egg* when served  
**Vegetarian meals can be made available upon request**