



AUTUMN - WINTER 2019/20

MENU WEEK 1

WEEK COMMENCING

2 Sept, 23 Sept, 14 Oct,
18 Nov, 9 Dec, 13 Jan, 3 Feb



West Bridgford Infant School



Where Bright Ideas Shine



FIRST COURSE

SECOND COURSE

MONDAY

Vegetarian sausage roll, gravy & roast potatoes

Soya Gluten



Cheese, crackers & apple wedge

Milk Gluten



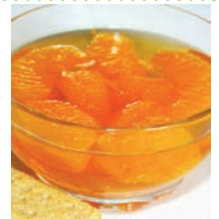
TUESDAY

Savoury beef with mashed potatoes & Yorkshire pudding
Celery Milk Egg Fish Gluten



Fruit in jelly & shortbread biscuit

Gluten



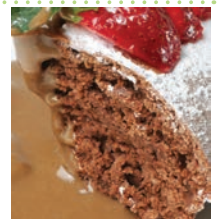
WEDNESDAY

Tomato & basil pasta with garlic slice
Soya Milk Gluten



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten



THURSDAY

Nottinghamshire sausage, Yorkshire pudding, gravy & mashed potatoes
Milk Egg Gluten Sulphur Dioxide



Pancake with frozen yoghurt & hot cherries

Milk Egg Gluten



FRIDAY

Quorn Sausage, gravy & mashed potatoes
Milk Egg Gluten



Oatmeal & yoghurt muffin

Milk Egg Gluten



SERVED DAILY

Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request



AUTUMN - WINTER 2019/20

MENU WEEK 2

WEEK COMMENCING

9 Sept, 30 Sept, 4 Nov, 25 Nov,
16 Dec, 20 Jan, 10 Feb



West Bridgford Infant School



Where Bright Ideas Shine



FIRST COURSE

SECOND COURSE

MONDAY

Quorn dippers
& savoury rice

Milk Egg Gluten



Marble sponge
& custard

Milk Egg Gluten



TUESDAY

Nottinghamshire sausage,
Yorkshire pudding, gravy
& mashed potatoes

Milk Egg Gluten Sulphur Dioxide



Crispy jam tart
& custard

Milk Gluten Sulphur Dioxide



Mediterranean tagliatelle
& garlic slice

Soya Milk Gluten



Spiced apple cake
& custard

Milk Egg Gluten



WEDNESDAY

Jacket potatoes with cheese, beans
or tuna & mixed salad

Milk Fish Egg



Butterscotch mousse
& shortbread finger

Milk Gluten



Cheesy tomato pasta
& garlic slice

Soya Milk Gluten



Pear & chocolate sponge
& chocolate sauce

Milk Egg Gluten



THURSDAY

Fish goujons
& potato wedges

Fish Gluten

Quorn sausage twist
& jacket wedges

Milk Egg Gluten

FRIDAY

SERVED DAILY

Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request



AUTUMN - WINTER 2019/20

MENU WEEK 3

WEEK COMMENCING

16 Sept, 7 Oct, 11 Nov,
2 Dec, 6 Jan, 27 Jan

West Bridgford Infant School



Where Bright Ideas Shine



FIRST COURSE

SECOND COURSE

MONDAY

Pasta Neopolitan
& garlic slice

Soya Milk Gluten Sulphur Dioxide



Winter fruit salad
& Vanilla sauce.

Milk



TUESDAY

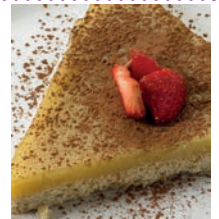
Beef lasagne
& garlic slice

Mustard Soya Milk Fish Gluten



Butterscotch tart

Milk Gluten



Tomato & basil pasta
with garlic slice

Soya Milk Gluten

Jacket potatoes with
cheese, beans or tuna
& mixed salad

Milk Egg Fish



Chocolate ice cream roll
& chocolate sauce

Soya Milk Egg Gluten



WEDNESDAY

Roast turkey,
stuffing & gravy with
mashed & roast potatoes

Gluten



Icky sticky pudding
& custard

Milk Egg Gluten



THURSDAY

Quorn roast, stuffing & gravy
with mashed & roast potatoes

Milk Egg Gluten



Apple & cinnamon muffin

Egg Gluten



FRIDAY

Vegetable & cheese bake
& diced potatoes

Mustard Milk Gluten

SERVED DAILY

Best of both bread Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served
Vegetarian meals can be made available upon request